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10 KM E PROVA DAS CRIANÇAS
TERMINAL DE CARGA | AEROPORTO DE LISBOA

19 DE OUTUBRO 2014

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1	1146	José Gaspar	00:16:17	00:32:19	00:32:19	1		V35	1
2	1489	Luis Batista	00:16:47	00:33:27	00:33:27	2	Clube de Atletismo Odimarq	V35	2
3	1490	Luis Rações	00:16:56	00:34:17	00:34:17	3	Clube de Atletismo Odimarq	V35	3
4	1720	Rodrigo Ladeira	00:17:13	00:34:59	00:34:58	4		Junior	1
5	1697	Pedro Ribeiro	00:17:28	00:35:16	00:35:15	5	CUA Benaventense	Senior	1
6	295	Manuel Tavares	00:17:48	00:35:49	00:35:49	6	grup.desp.chelas	V55	1
7	1814	Jose Ferreira	00:17:53	00:36:05	00:36:04	7	NúcleOeiras/Sportzone	Senior	2
8	1211	Paulo Alves	00:18:14	00:36:13	00:36:12	8	GDCTIN Casa da Moeda	V35	4
9	1599	Aires Pratas	00:18:13	00:36:15	00:36:14	9	Clube de Atletismo Odimarq	V55	2
10	972	Nuno Silva	00:18:15	00:36:30	00:36:29	10	Clube Atletismo Amigos de Belém	Senior	3
11	891	Domingos Carneiro	00:18:15	00:36:41	00:36:40	11		V40	1
12	1461	José Dias	00:18:19	00:36:46	00:36:45	12	Clube Atlético das Patameiras	V40	2
13	1543	Pedro Diogo	00:18:15	00:36:47	00:36:47	13		Senior	4
14	1542	Carlos Saias	00:17:46	00:36:48	00:36:47	14		V40	3
15	1137	Ana Ferreira	00:18:25	00:37:02	00:37:01	15	Grupo Desportivo do Estreito	Senior	1
16	1746	Paulo Santos	00:18:18	00:37:05	00:37:05	16	CCD PM CASCAIS	V40	4
17	1780	Edmir Correia	00:18:28	00:37:24	00:37:20	17		Senior	5
18	329	Élio Barreira	00:18:43	00:37:40	00:37:40	18		V35	5
19	1313	António Simões	00:18:34	00:37:40	00:37:40	19	G.D.C Banco de Portugal	V40	5
20	671	Luis Gomes	00:18:42	00:37:42	00:37:40	20		V45	1



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
21	1877	Francisco Patrocinio	00:18:26	00:37:46	00:37:45	21		Junior	2
22	1431	André Gaga	00:19:01	00:37:53	00:37:50	22		Senior	6
23	88	Pedro Amigo	00:19:33	00:38:13	00:38:09	23	Team Bellissimus Caffé	Senior	7
24	277	Vanderley Silva	00:19:00	00:38:16	00:38:16	26	grup.desp.chelas	Senior	8
25	1372	José Barrinha	00:18:56	00:38:18	00:38:17	27	Vila Fria/JG Seguros	V40	6
26	1572	Sérgio Claro	00:19:14	00:38:19	00:38:19	28	Garmin Olimpico de Oerias	Senior	9
27	201	Fabio Durão	00:19:20	00:38:20	00:38:11	24		Senior	10
28	1214	Ricardo Neves	00:19:03	00:38:20	00:38:19	29	GDCTIN Casa da Moeda	V35	6
29	1310	Luís Rio	00:18:53	00:38:24	00:38:24	30	G.D.C Banco de Portugal	V40	7
30	672	Ruben Varela	00:19:38	00:38:27	00:38:15	25		Senior	11
31	1701	Jose Borges	00:18:56	00:38:29	00:38:29	31		V50	1
32	32	Vasco Tavares	00:19:22	00:39:23	00:39:22	32	Correr Lisboa	V35	7
33	977	Janicio Reis	00:19:33	00:39:27	00:39:26	33	Casa do Benfica de Algueirão Mem Martins	V35	8
34	1323	Samuel Galveia	00:19:50	00:39:31	00:39:28	34	C.A.D.T Portucel Setubal	Senior	12
35	275	Antonio Pinheiro	00:19:57	00:39:32	00:39:32	36	grup.desp.chelas	V40	8
36	1901	Sérgio Trindade	00:19:25	00:39:33	00:39:29	35	Associação Moradores Atibá	V35	9
37	559	Paulo Rodrigues	00:19:42	00:39:44	00:39:44	38		V35	10
38	1681	Carlos Lopes	00:19:50	00:39:46	00:39:42	37		V40	9
39	816	Nuno Pita	00:19:51	00:39:49	00:39:46	40	CCDTMETROLX	V35	11
40	292	Gabriel Gonçalves	00:19:57	00:40:00	00:40:00	41	grup.desp.chelas	V55	3



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
41	1571	Ricardo Santos	00:20:20	00:40:05	00:39:46	39	Garmin Olimpico de Oerias	Senior	13
42	1271	Luis Cardoso	00:19:54	00:40:16	00:40:14	42		Senior	14
43	1675	Mónica Moreiras	00:20:09	00:40:17	00:40:16	44		V35	1
44	1562	Pedro Gonçalves	00:20:12	00:40:18	00:40:15	43		Senior	15
45	1187	Fernando Rodrigues	00:20:09	00:40:19	00:40:19	45	Amigos Vale Silencio	V45	2
46	1215	Rui Correia	00:19:51	00:40:24	00:40:19	46	GDCTIN Casa da Moeda	V35	12
47	1437	Pedro Vieira	00:20:18	00:40:28	00:40:26	47		V35	13
48	212	Martinho Amaro	00:19:37	00:40:31	00:40:31	50	Correr Lisboa	V35	14
49	1813	Lucilia Soares	00:20:09	00:40:31	00:40:31	51	SPORTLISBOABENFICA	V50	1
50	1316	Fernando Martins	00:20:28	00:40:40	00:40:27	49	G.D.C Banco de Portugal	V40	10
51	786	Luis Valente	00:20:09	00:40:43	00:40:42	55		V40	11
52	1462	José Geada	00:20:32	00:40:43	00:40:43	56	Clube Atlético das Patameiras	V40	12
53	1038	Paulo Mata	00:20:26	00:40:44	00:40:41	53		V50	2
54	1429	Luís Castro	00:20:26	00:40:46	00:40:42	54		Senior	16
55	1390	Cláudio Canavilhas	00:20:33	00:40:46	00:40:43	57		Senior	17
56	1295	Marco Lourenço	00:20:33	00:40:47	00:40:35	52		V35	15
57	1326	Hélio Azougado	00:20:10	00:40:48	00:40:45	58	C.A.D.T Portucel Setubal	Senior	18
58	1721	Luis Ladeira	00:20:29	00:40:50	00:40:49	60		V40	13
59	1136	Luis Santos	00:19:49	00:40:50	00:40:50	61	LUSO-ATLÂNTICA, SA	Senior	19
60	706	António Louro	00:20:12	00:40:51	00:40:50	62	Grupo Desportivo Santander Totta	V40	14



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
61	1609	Paulo Gomes	00:20:23	00:40:53	00:40:26	48		V35	16
62	209	Armando Rafael	00:20:23	00:40:56	00:40:54	63		V40	15
63	865	Gabriel Antonio	00:20:51	00:40:57	00:40:49	59	u.r.d.arranhò	V50	3
64	962	Antonio Araujo	00:20:34	00:41:01	00:41:01	65		V60	1
65	939	Carlos Pedro	00:20:23	00:41:04	00:41:03	68	Clube TAP Portugal	V40	16
66	959	Constantino Araújo	00:20:34	00:41:04	00:41:03	69		V45	3
67	530	Jose Esteves	00:20:50	00:41:05	00:40:57	64		V45	4
68	472	Marco Veloso	00:20:18	00:41:06	00:41:06	71	LINDA-A-PASTORA SPORTING CLUBE	Senior	20
69	1573	Sheila Marques	00:20:22	00:41:06	00:41:06	72	Garmin Olimpico de Oerias	Senior	2
70	414	António Nunes	00:20:25	00:41:07	00:41:03	67	CASA DO PESSOAL DA RTP	V40	17
71	1032	Joaquim Oliveira	00:20:26	00:41:11	00:41:10	73	Clube EDP - Lisboa	V45	5
72	1694	João Martins	00:21:01	00:41:13	00:41:10	74	Clube Ferroviário de Portugal	V50	4
73	278	Pedro Marques	00:21:22	00:41:18	00:41:10	75	grup.desp.chelas	V35	17
74	501	Fernando Andrade	00:20:50	00:41:25	00:41:10	76	OS PERIGOSOS	V35	18
75	71	João Coutinho	00:20:25	00:41:29	00:41:27	77	Correr Lisboa	V50	5
76	549	Carlos Caetano	00:21:29	00:41:36	00:41:02	66		V40	18
77	1779	João Galiano	00:20:10	00:41:37	00:41:35	79		V35	19
78	1327	Olimpio Santos	00:20:47	00:41:42	00:41:38	80	C.A.D.T Portucel Setubal	V45	6
79	779	Pedro Barata	00:20:45	00:41:44	00:41:41	81		Senior	21
80	1300	Luís Xavier	00:20:29	00:41:46	00:41:34	78		Senior	22



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81	1820	Pedro Reis	00:20:48	00:41:47	00:41:47	84		V40	19
82	709	Bruno Girão	00:20:45	00:41:49	00:41:44	82	Grupo Desportivo Santander Totta	V35	20
83	771	Jorge Marrão	00:20:43	00:41:49	00:41:46	83		V35	21
84	1493	António Carneiro	00:20:46	00:41:59	00:41:59	87	CLUBE OGMA	V45	7
85	259	Pedro Marques	00:20:56	00:41:59	00:41:50	85		V45	8
86	955	Nuno Gonçalves	00:20:45	00:42:00	00:41:53	86		Senior	23
87	1502	Nelson Pereira	00:21:55	00:42:02	00:41:03	70		V35	22
88	135	António Fernandes	00:21:15	00:42:07	00:42:04	90	Clube do Stress	V50	6
89	385	Antonio Braga	00:21:18	00:42:16	00:42:16	93	CLUBE MILLENNIUM BCP	V55	4
90	971	António Pereira	00:21:22	00:42:17	00:42:13	91		V60	2
91	708	Augusto Lopes	00:20:49	00:42:17	00:42:17	94	Grupo Desportivo Santander Totta	V60	3
92	681	José Baptista	00:20:49	00:42:18	00:42:17	95	Grupo Desportivo Santander Totta	Senior	24
93	1236	Fernando Tavares	00:21:30	00:42:19	00:42:01	88	Marriott	V40	20
94	1484	Jorge Duque	00:20:43	00:42:20	00:42:18	96		V45	9
95	1514	Humberto Luis	00:20:40	00:42:24	00:42:24	99		V40	21
96	1806	Paulo Lopes	00:21:04	00:42:25	00:42:24	100	Grupo Recreativo e Desportivo da Ribeira Lage	V40	22
97	1348	João Costa	00:21:39	00:42:31	00:42:03	89		Senior	25
98	1320	João Silva	00:21:31	00:42:33	00:42:28	102	C.A.D.T Portucel Setubal	V35	23
99	288	Raul Rodrigues	00:21:00	00:42:35	00:42:32	105	grup.desp.chelas	V55	5
100	171	Patrick Reis	00:21:32	00:42:35	00:42:14	92		Senior	26



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
101	1680	José Pena	00:21:45	00:42:36	00:42:31	104		V45	10
102	1406	Alcides Varela	00:20:58	00:42:39	00:42:38	106	Casa do Benfica de Algueirão Mem Martins	V45	11
103	714	Fábio Passos	00:21:30	00:42:39	00:42:20	97	Grupo Desportivo Santander Totta	Senior	27
104	412	Maria Frias	00:21:12	00:42:40	00:42:40	109	Amigos Atletismo Mafra	V45	1
105	678	Jorge Nabais	00:21:18	00:42:43	00:42:43	112		Senior	28
106	991	Katarina Larsson	00:20:58	00:42:45	00:42:44	114		Senior	3
107	1014	Francisco Calçada	00:21:42	00:42:45	00:42:25	101	CCD "O ALVITEJO"	V50	7
108	1318	João Arenga	00:21:31	00:42:46	00:42:41	110	C.A.D.T Portucel Setubal	V60	4
109	1106	Josue Francisco	00:21:31	00:42:48	00:42:38	107	S.R do Camarnal	V40	23
110	112	Fábio Teixeira	00:21:29	00:42:51	00:42:38	108		Senior	29
111	879	Hélio Marques	00:21:27	00:42:51	00:42:50	117		V40	24
112	1010	David Azenha	00:21:34	00:42:52	00:42:51	119		Senior	30
113	811	Carlos Dias	00:21:37	00:42:53	00:42:43	111	CCDTMETROLX	V50	8
114	1772	Carlos Custodio	00:21:08	00:42:53	00:42:52	120		V40	25
115	42	Eduardo Rodrigues	00:21:22	00:42:58	00:42:50	118	grup.desp.chelas	V50	9
116	1161	Tiago Fernandes	00:21:44	00:42:58	00:42:30	103		Senior	31
117	291	Jose Serra	00:21:26	00:43:01	00:42:59	125	grup.desp.chelas	V50	10
118	416	Carlos Rosado	00:21:48	00:43:01	00:42:48	116	CLUBE RUGBY JUROMENHA	V45	12
119	587	Byron Rodrigues	00:21:16	00:43:03	00:42:56	123		V35	24
120	546	João Fonseca	00:20:53	00:43:04	00:42:58	124	iLovepv	V45	13



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
121	491	José Badalo	00:21:48	00:43:07	00:42:54	121	ADCSABALDIO	V45	14
122	963	Tiago Gaspar	00:21:09	00:43:08	00:43:01	127		Senior	32
123	542	André Sabino	00:21:39	00:43:10	00:42:43	113	Equipa Dos Lentos	Senior	33
124	1132	Eduardo Silva	00:22:15	00:43:12	00:43:11	133		V50	11
125	1570	Paulo Santos	00:21:17	00:43:13	00:43:11	134	Garmin Olimpico de Oerias	V45	15
126	548	João Rodrigues	00:21:11	00:43:14	00:43:11	132	NúcleOeiras/Sportzone	V40	26
127	1654	Ricardo Costa	00:21:19	00:43:14	00:43:14	136		V35	25
128	986	Bernardino Soares	00:21:36	00:43:15	00:43:15	137		V40	27
129	1111	Nuno Silva	00:21:48	00:43:18	00:43:17	138		V35	26
130	1312	Adelino Semedo	00:21:40	00:43:20	00:43:19	139	G.D.C Banco de Portugal	V60	5
131	1382	João Paixão	00:22:13	00:43:26	00:43:00	126	NAPA	V40	28
132	1616	Rui Bolota	00:21:47	00:43:26	00:43:10	131		V40	29
133	585	Joaquim Santos	00:21:30	00:43:29	00:43:13	135		V55	6
134	1610	Miguel Cardoso	00:21:45	00:43:30	00:43:03	128		V35	27
135	1207	Luis Matos	00:22:33	00:43:30	00:42:46	115	GDCTIN Casa da Moeda	V45	16
136	734	Ricardo Pedroso	00:23:23	00:43:32	00:42:55	122	NO LIMITS	Senior	34
137	1777	Julio Gamito	00:21:49	00:43:32	00:43:29	143		V50	12
138	1043	Joel Gomes	00:22:08	00:43:36	00:43:28	142	u.r.d.arranhò	V35	28
139	1774	Francisco Dias	00:21:40	00:43:39	00:43:38	150		V35	29
140	687	Lino Marco	00:21:46	00:43:42	00:43:39	151	Grupo Desportivo Santander Totta	V35	30



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
141	1188	Leonel Neves	00:21:45	00:43:42	00:43:35	146	Amigos Vale Silencio	V60	6
142	1787	Helder Borges	00:22:34	00:43:43	00:43:08	130		V35	31
143	1116	Albino Neiva	00:21:30	00:43:44	00:43:44	156	Casa do Benfica de Algueirão Mem Martins	V65	1
144	954	Mário Lourenço	00:21:34	00:43:45	00:43:43	154		V45	17
145	333	Marco Pinto	00:22:05	00:43:46	00:43:21	140		Senior	35
146	1028	Manuel Fernandes	00:22:37	00:43:47	00:43:37	149	Asas nos Pés	V35	32
147	809	António Pereira	00:22:30	00:43:48	00:43:31	144	CCDTMETROLX	V50	13
148	808	António Gonçalves	00:22:19	00:43:48	00:43:31	145	CCDTMETROLX	V45	18
149	410	António Merujo	00:22:01	00:43:49	00:43:40	152		V55	7
150	111	Hugo Rocha	00:21:48	00:43:50	00:43:42	153		V35	33
151	528	João Marques	00:22:27	00:43:51	00:43:51	159	Grupo Recreativo e Desportivo da Ribeira Lage	V45	19
152	1315	André Leite	00:22:10	00:43:54	00:43:45	158	G.D.C Banco de Portugal	Senior	36
153	1307	João Batista	00:22:10	00:43:55	00:43:45	157	G.D.C Banco de Portugal	V55	8
154	409	Pedro Ribeiro	00:21:44	00:43:56	00:43:44	155		Senior	37
155	1383	António Rico	00:22:16	00:44:03	00:43:37	147	NAPA	V40	30
156	521	João Mendes	00:22:01	00:44:03	00:43:53	161	NúcleOeiras/Sportzone	V40	31
157	1380	Luis Mendes	00:22:15	00:44:03	00:43:37	148	NAPA	V40	32
158	747	Daniel Simões	00:21:41	00:44:12	00:44:10	171	4x4	Senior	38
159	526	Armindo Gariso	00:22:11	00:44:14	00:44:01	167		V40	33
160	1443	Mário Barbosa	00:22:12	00:44:15	00:43:58	164		V35	34



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
161	495	Helder Valadas	00:22:26	00:44:15	00:44:00	166	OS PERIGOSOS	Senior	39
162	99	João Rebelo	00:22:32	00:44:16	00:44:10	172		V45	20
163	1219	Marco.Antonio Souza	00:21:51	00:44:16	00:44:09	170		V45	21
164	1422	Augusto Brito	00:22:08	00:44:19	00:44:16	174	Flamingos Atletismo	V55	9
165	160	João Gaspar	00:21:55	00:44:21	00:43:57	163	Kaninos	Senior	40
166	581	Luís Silvestre	00:22:26	00:44:22	00:44:18	179		V35	35
167	1101	Bruno Pedro	00:23:09	00:44:24	00:43:06	129	MEGASIS	V35	36
168	1545	Hugo Serralha	00:22:30	00:44:24	00:44:21	180		V40	34
169	267	Nélson Lopes	00:22:17	00:44:27	00:44:01	168		V35	37
170	1210	Nuno Sousa	00:22:46	00:44:28	00:44:22	181	GDCTIN Casa da Moeda	V40	35
171	1531	João Vieira	00:21:47	00:44:29	00:44:18	177		Senior	41
172	1438	Helder Tomas	00:22:07	00:44:29	00:43:58	165		V40	36
173	1200	Luis Vieira	00:21:47	00:44:29	00:44:18	178	brandoa corre	V40	37
174	280	Paulo Cardoso	00:21:38	00:44:34	00:44:34	188	grup.desp.chelas	V50	14
175	346	Pedro Sa	00:22:20	00:44:35	00:44:02	169	CLUBE MILLENNIUM BCP	V40	38
176	725	Rui Machinho	00:22:34	00:44:36	00:44:17	175	Grupo Desportivo Santander Totta	V35	38
177	1289	João Marques	00:22:53	00:44:37	00:44:27	184		Senior	42
178	1902	Luis Henriques	00:21:51	00:44:38	00:44:37	190		V50	15
179	502	Joao Gomes	00:22:29	00:44:39	00:44:31	187	Amigos Atletismo Mafra	V40	39
180	340	Bruno Lopes	00:22:27	00:44:43	00:44:39	192		Senior	43



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
181	1378	Pedro Raposo	00:23:17	00:44:44	00:44:17	176		Senior	44
182	150	Nuno Cardoso	00:21:53	00:44:44	00:44:23	182		V35	39
183	1527	Vitor Pereira	00:24:10	00:44:47	00:43:56	162		Senior	45
184	960	José Reis	00:22:35	00:44:48	00:44:47	196		V60	7
185	1645	Nuno Alcobia	00:23:49	00:44:48	00:43:52	160		V35	40
186	293	Diogo Geronimo	00:22:44	00:44:51	00:44:34	189	grup.desp.chelas	Senior	46
187	482	Alexandre Dias	00:21:40	00:44:54	00:44:47	195		V45	22
188	839	Ricardo Madrinha	00:24:00	00:44:56	00:43:24	141	Clube TAP Portugal	Senior	47
189	660	Ivo Ferreira	00:22:26	00:44:58	00:44:54	198		V35	41
190	285	Carlos Rodrigues	00:22:32	00:45:00	00:44:45	194	grup.desp.chelas	V40	40
191	1471	José Dias	00:22:39	00:45:02	00:44:28	185		V50	16
192	51	Pedro Martins	00:22:33	00:45:03	00:44:42	193	Pedros	V35	42
193	1022	Fernando Paulino	00:22:45	00:45:03	00:44:29	186	Asas nos Pés	V35	43
194	1812	Helder Tavares	00:23:05	00:45:08	00:44:24	183		V35	44
195	1566	João Guedes	00:22:38	00:45:11	00:45:07	201	Garmin Olimpico de Oerias	V40	41
196	284	Joaquim Azevedo	00:23:00	00:45:11	00:45:10	203	grup.desp.chelas	V50	17
197	656	António Martins	00:22:35	00:45:15	00:45:01	200		V45	23
198	600	Sara Marinho	00:22:04	00:45:16	00:45:14	206		Senior	4
199	1005	António Barbosa	00:22:04	00:45:16	00:45:13	205	Clube de Praças da Armada	V50	18
200	1900	Fernando Figueiredo	00:24:00	00:45:17	00:44:14	173	Associação Moradores Atibá	V40	42



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
201	215	Filipe Almeida	00:23:22	00:45:20	00:44:38	191	Surf Runners	Senior	48
202	929	Orlindo Figueiredo	00:22:08	00:45:21	00:45:20	208	SS CGD	V65	2
203	1311	José Monteiro	00:22:53	00:45:21	00:44:59	199	G.D.C Banco de Portugal	V55	10
204	1309	Joaquim Ferrão	00:22:49	00:45:22	00:45:16	207	G.D.C Banco de Portugal	V50	19
205	1524	Carlos Oliveira	00:22:32	00:45:26	00:45:09	202		V35	45
206	1109	Jorge Vaz	00:22:21	00:45:29	00:45:29	214		V40	43
207	281	Carlos Sa	00:22:23	00:45:32	00:45:30	216	grup.desp.chelas	V40	44
208	1298	Nuno Mendao	00:23:15	00:45:35	00:45:21	209		V40	45
209	100	Rui Belo	00:22:46	00:45:37	00:45:36	220		V35	46
210	1054	Artur Freire	00:22:56	00:45:37	00:45:24	211	CCD Crédito Agrícola Mútuo	Senior	49
211	976	Ioan Marius	00:22:14	00:45:39	00:45:37	221	Casa do Benfica de Algueirão Mem Martins	Senior	50
212	1724	Dinis Morais	00:22:48	00:45:41	00:45:33	218		V40	46
213	1121	Carlos Loures	00:22:50	00:45:41	00:45:38	222	LUSO-ATLÂNTICA, SA	Senior	51
214	515	Luis Alves	00:22:58	00:45:41	00:45:10	204		Senior	52
215	307	Bruno Amaro	00:23:24	00:45:46	00:44:50	197		V35	47
216	999	Norberto Diegues	00:22:55	00:45:47	00:45:29	213		V55	11
217	1004	José Marques	00:21:56	00:45:49	00:45:49	232	Clube de Praças da Armada	V45	24
218	1458	Ivo Pina	00:22:22	00:45:53	00:45:42	224		V40	47
219	28	António Casaca	00:23:41	00:45:55	00:45:43	225		V50	20
220	1276	Pedro Freitas	00:22:35	00:45:56	00:45:54	236		V45	25



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
221	592	Fabio Moço	00:22:27	00:45:57	00:45:54	235		Senior	53
222	862	Luis Ferreira	00:22:46	00:45:57	00:45:48	227	u.r.d.arranhò	V45	26
223	860	Filipe Branco	00:22:46	00:45:57	00:45:48	228	u.r.d.arranhò	V40	48
224	861	Edgar Francisco	00:22:46	00:45:58	00:45:49	230	u.r.d.arranhò	V45	27
225	683	José Monteiro	00:23:14	00:45:59	00:45:49	231	Grupo Desportivo Santander Totta	V65	3
226	242	João Couto	00:23:26	00:46:04	00:45:56	238		V35	48
227	1604	Rodrigo Valente	00:23:07	00:46:06	00:46:04	247		Senior	54
228	802	Rui Valério	00:23:07	00:46:06	00:46:05	250		Senior	55
229	707	António Cruz	00:23:24	00:46:06	00:45:59	241	Grupo Desportivo Santander Totta	V65	4
230	1321	Eusébio Camacho	00:22:54	00:46:07	00:46:04	249	C.A.D.T Portucel Setubal	V60	8
231	1045	Micaela Basaula	00:22:50	00:46:08	00:46:04	246		Junior	1
232	1890	Luis Pereira	00:24:08	00:46:08	00:45:25	212		V35	49
233	517	António Ferreira	00:23:14	00:46:08	00:45:53	233		Senior	56
234	254	Pedro Felício	00:23:56	00:46:08	00:45:30	215		V40	49
235	217	Nuno Afonso	00:23:49	00:46:10	00:45:56	237		Senior	57
236	1419	José Costa	00:22:50	00:46:11	00:46:06	254	Flamingos Atletismo	V45	28
237	1105	Ricardo Vicente	00:23:11	00:46:11	00:45:48	229	S.R do Camarnal	V35	50
238	1679	Walter Sampaio	00:23:50	00:46:13	00:45:23	210		V40	50
239	1235	Elmar Derkitsch	00:23:37	00:46:14	00:45:57	239	Marriott	V55	12
240	1439	Manuel Zorro	00:22:53	00:46:14	00:46:06	253	Amigos Atletismo Mafra	V50	21



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
241	637	Pedro Brandão	00:23:06	00:46:14	00:45:59	240		V40	51
242	406	Helena Martins	00:22:53	00:46:14	00:46:07	256	Amigos Atletismo Mafra	V50	2
243	608	Bruno Gouveia	00:23:04	00:46:16	00:46:03	245		Senior	58
244	1150	José Cardoso	00:23:11	00:46:17	00:46:16	265		V50	22
245	655	Ricardo Oliveira	00:23:03	00:46:18	00:45:35	219		Senior	59
246	1065	Rui Graça	00:22:56	00:46:19	00:46:03	244	CCD Crédito Agrícola Mútuo	V50	23
247	568	Nuno Pires	00:24:19	00:46:19	00:45:40	223		Senior	60
248	1495	Luís Soares	00:23:21	00:46:23	00:46:00	242	CLUBE OGMA	V45	29
249	729	Tiago Domingues	00:23:15	00:46:24	00:46:21	269	Grupo Desportivo Santander Totta	V35	51
250	1739	Ivan Ramos	00:23:09	00:46:24	00:46:18	266	CCD PM CASCAIS	Senior	61
251	1742	João Pereira	00:23:45	00:46:26	00:46:25	273	CCD PM CASCAIS	V50	24
252	1611	Ricardo Madrinha	00:23:26	00:46:27	00:46:03	243		Senior	62
253	1420	Faustino Pereirinha	00:23:00	00:46:27	00:46:27	278	Flamingos Atletismo	V50	25
254	216	Joaquim Marinho	00:23:18	00:46:30	00:46:25	275	Grupo Desportivo de Chelas	V55	13
255	269	André Guerreiro	00:23:06	00:46:31	00:46:19	267		Senior	63
256	115	Ricardo Cunha	00:24:21	00:46:32	00:45:53	234		Senior	64
257	1536	João Pereira	00:24:36	00:46:33	00:46:25	274		Senior	65
258	1258	Paulo Costa	00:23:44	00:46:33	00:46:12	261		V40	52
259	1314	Ana Carrilho	00:23:42	00:46:33	00:46:12	262	G.D.C Banco de Portugal	Senior	5
260	1317	Pedro Pires	00:24:20	00:46:36	00:46:14	264	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SA	V45	30



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
261	901	Bruno Oliveira	00:24:10	00:46:36	00:45:46	226		Senior	66
262	1883	Manuel Dias	00:23:24	00:46:36	00:46:11	260		V40	53
263	1591	João Veiga	00:23:47	00:46:36	00:45:33	217	Correr Lisboa	Senior	67
264	516	Fernando Costa	00:23:07	00:46:37	00:46:30	282		V35	52
265	1578	José Augusto	00:23:45	00:46:38	00:46:29	280	Falcões Selvagens	V50	26
266	582	Nuno Andrade	00:23:20	00:46:38	00:46:07	255		Senior	68
267	718	Carlos Pereira	00:23:51	00:46:40	00:46:30	281	Grupo Desportivo Santander Totta	V40	54
268	844	Manuel Nunes	00:24:20	00:46:41	00:46:04	248	Tartarugas	V45	31
269	500	Carlos Sousa	00:23:14	00:46:41	00:46:26	276	OS PERIGOSOS	V55	14
270	845	Miguel Nunes	00:24:20	00:46:42	00:46:05	251	Tartarugas	V35	53
271	556	Bruno Amorim	00:24:35	00:46:44	00:46:06	252		Senior	69
272	741	João Santos	00:23:13	00:46:45	00:46:42	290		V40	55
273	162	Paulo Almeida	00:24:01	00:46:45	00:46:08	258		V50	27
274	1823	Vitor Valagão	00:22:53	00:46:47	00:46:39	289		Senior	70
275	1607	Carlos Pinto	00:23:40	00:46:47	00:46:24	272		V55	15
276	1414	Pedro Serra	00:23:38	00:46:47	00:46:07	257		Senior	71
277	1640	António Machado	00:23:39	00:46:48	00:46:28	279		V40	56
278	1273	Marco Tomás	00:22:51	00:46:48	00:46:34	287		V35	54
279	1811	Pedro Vicente	00:24:01	00:46:49	00:46:11	259		V35	55
280	537	Ricardo Pereira	00:24:31	00:46:50	00:46:19	268		V35	56



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
281	459	Nuno Apolo	00:22:55	00:46:50	00:46:45	296		V35	57
282	417	Paulo Pereira	00:24:11	00:46:51	00:46:23	271		V40	57
283	979	Rui Emídio	00:23:31	00:46:54	00:46:47	299	Casa do Benfica de Algueirão Mem Martins	V55	16
284	890	Jose Machado	00:23:09	00:46:54	00:46:49	303		V45	32
285	488	Sara Ramos	00:23:47	00:46:55	00:46:34	286	Amigos Atletismo Mafra	V35	2
286	1737	António Pucariço	00:24:38	00:46:55	00:46:27	277	CCD PM CASCAIS	V50	28
287	1385	Rodrigo Louro	00:23:32	00:46:55	00:46:13	263	GÁFETE RUNNERS	Senior	72
288	1114	Izabela Pires	00:23:37	00:46:56	00:46:48	301	Casa do Benfica de Algueirão Mem Martins	Senior	6
289	1496	Manuel Batista	00:23:58	00:46:57	00:46:30	283	CLUBE OGMA	V45	33
290	943	Helder Alves	00:23:47	00:46:57	00:46:47	298	Clube TAP Portugal	Senior	73
291	499	Marco Caseiro	00:23:41	00:46:59	00:46:43	292	OS PERIGOSOS	V35	58
292	486	Pedro Henriques	00:23:42	00:47:01	00:46:56	309		V35	59
293	1857	José Guia	00:23:42	00:47:02	00:46:45	295		V65	5
294	1906	Bernardino Pereira	00:23:31	00:47:03	00:47:01	312		V75	1
295	726	Salvador Afonso	00:23:42	00:47:06	00:46:48	302	Grupo Desportivo Santander Totta	V60	9
296	1569	Paula Lemos	00:23:27	00:47:06	00:47:05	319	Garmin Olimpico de Oerias	V45	2
297	363	Joao Carvalho	00:23:44	00:47:07	00:46:57	310	CLUBE MILLENNIUM BCP	V50	29
298	1261	Rui Rodas	00:23:02	00:47:07	00:47:07	322		V40	58
299	1416	Nuno Alves	00:24:24	00:47:07	00:46:37	288		V35	60
300	476	André Pires	00:24:04	00:47:08	00:46:43	291	CCDEL Efacec Lisboa	Senior	74



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
301	163	Gonçalo Rosado	00:24:11	00:47:08	00:46:54	307		V35	61
302	1042	Liliana Baltazar	00:24:12	00:47:08	00:46:54	308	Correr Lisboa	Senior	7
303	475	Américo Santos	00:24:07	00:47:10	00:46:45	294	CCDEL Efacec Lisboa	V55	17
304	156	João Bogalheiro	00:22:58	00:47:11	00:47:04	315		V40	59
305	1735	Ana Brás	00:23:26	00:47:13	00:47:09	325	CCD PM CASCAIS	Senior	8
306	757	Pedro Ramos	00:23:14	00:47:15	00:47:08	324		V45	34
307	981	Marco Nóbrega	00:24:30	00:47:16	00:47:03	313	Casa do Benfica de Algueirão Mem Martins	V35	62
308	223	Fernando Vicente	00:22:29	00:47:18	00:47:17	331		V50	30
309	1879	José Gabriel	00:23:37	00:47:18	00:47:08	323		V55	18
310	454	Andrew Booth	00:24:49	00:47:19	00:46:23	270		Senior	75
311	1178	Paulo Flor	00:24:40	00:47:20	00:46:33	284		V35	63
312	439	Domingos Janela	00:23:23	00:47:22	00:47:19	332	O MUNDO DA CORRIDA	V65	6
313	1533	Pedro Isabel	00:23:39	00:47:23	00:47:07	320		V35	64
314	496	Bento Valente	00:23:24	00:47:23	00:47:20	333	OS PERIGOSOS	V45	35
315	1145	Jose Neto	00:23:24	00:47:23	00:47:21	335	TEAM NETO	V55	19
316	266	Nuno Lopes	00:23:39	00:47:24	00:46:58	311		V35	65
317	1059	Luis Zêzere	00:23:36	00:47:24	00:47:11	326	CCD Crédito Agrícola Mútuo	V35	66
318	657	Renato Ramalho	00:23:21	00:47:26	00:47:20	334		Senior	76
319	407	Rui Gomes	00:23:28	00:47:27	00:47:13	328	Correr Lisboa	Senior	77
320	377	Carlos Ramos	00:23:52	00:47:29	00:47:07	321	CLUBE MILLENNIUM BCP	V45	36



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
321	540	Rui Pires	00:24:30	00:47:33	00:47:05	317	Equipa Dos Lentos	V35	67
322	1364	Miguel Sousa	00:24:57	00:47:33	00:46:51	305	CLUBE COLABORADORES AXA	V35	68
323	141	Vitor Rodrigues	00:23:46	00:47:34	00:47:26	341		V45	37
324	1361	Carlos Venâncio	00:23:31	00:47:35	00:47:33	349	CLUBE COLABORADORES AXA	V50	31
325	320	Miguel Beja	00:24:16	00:47:37	00:47:25	340		Senior	78
326	204	Bruno Palma	00:23:29	00:47:37	00:47:35	352		Senior	79
327	326	Filipe Ribeiro	00:23:43	00:47:37	00:46:34	285		Senior	80
328	658	Paulo Ratilal	00:23:45	00:47:38	00:47:25	339		V40	60
329	1127	Marco Henriques	00:23:33	00:47:39	00:47:23	337	Guerreiros do Rio	Senior	81
330	1608	Inês Peixoto	00:24:06	00:47:39	00:47:27	342		V35	3
331	279	Americo Pimenta	00:23:57	00:47:39	00:47:24	338	grup.desp.chelas	V45	38
332	1163	Pedro Gabriel	00:24:34	00:47:42	00:46:50	304	C.A. Amigos Parque da Paz	V40	61
333	704	António Ferreira	00:24:35	00:47:42	00:46:51	306	Grupo Desportivo Santander Totta	V40	62
334	449	Pedro Proença	00:24:16	00:47:42	00:47:30	346		Senior	82
335	1191	Armando Parreira	00:24:21	00:47:43	00:47:33	350	Açoreana Clube Banif	V45	39
336	877	Tiago Rodrigues	00:23:58	00:47:44	00:47:39	355		Senior	83
337	1897	Marisa Antunes	00:23:23	00:47:44	00:47:34	351		Senior	9
338	1341	João Leitão	00:25:02	00:47:47	00:46:46	297	RunLovers	V40	63
339	1343	Luis Ferreira	00:25:01	00:47:47	00:46:47	300	RunLovers	V45	40
340	1699	João Landeiro	00:27:03	00:47:48	00:46:44	293		Senior	84



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
341	1015	Carla Calçada	00:24:22	00:47:49	00:47:31	347	CCD "O ALVITEJO"	V40	1
342	925	João Marques	00:24:00	00:47:49	00:47:37	354	SS CGD	V35	69
343	1204	João Freire	00:24:39	00:47:50	00:47:05	318	GDCTIN Casa da Moeda	V45	41
344	523	Rui Antunes	00:23:55	00:47:51	00:47:44	360		V35	70
345	84	Rui Rodrigues	00:24:26	00:47:52	00:47:48	364		V45	42
346	1557	Jorge Varatojo	00:22:54	00:47:52	00:47:29	343		V45	43
347	477	Manuel Fidalgo	00:24:28	00:47:55	00:47:31	348	CCDEL Efacec Lisboa	V60	10
348	826	João Crisóstomo	00:24:31	00:47:56	00:47:44	359		V50	32
349	379	Sergio Goncalves	00:24:10	00:47:57	00:47:49	367	CLUBE MILLENNIUM BCP	V40	64
350	26	Paulo Gonçalves	00:23:58	00:47:59	00:47:45	363		V40	65
351	282	Jorge Marques	00:23:57	00:48:00	00:47:56	372	grup.desp.chelas	V40	66
352	821	Nuno Bogalheiro	00:23:48	00:48:02	00:47:54	371		V40	67
353	1094	Paulo Enes	00:25:20	00:48:04	00:47:03	314		V50	33
354	1275	João Rodrigues	00:24:01	00:48:04	00:47:45	362		Senior	85
355	533	Gonçalo Garcia	00:23:45	00:48:04	00:48:01	374		Senior	86
356	1441	Filipe Ferreira	00:25:00	00:48:06	00:47:30	345		V35	71
357	1193	Nelson Mota	00:25:28	00:48:09	00:47:48	365	Açoreana Clube Banif	V40	68
358	1547	Nuno Marques	00:24:37	00:48:10	00:47:50	368		V35	72
359	634	Nuno Dias	00:23:38	00:48:11	00:48:09	381		V35	73
360	438	Pedro Serrano	00:25:30	00:48:11	00:47:04	316		V35	74



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
361	255	Marco Vaz	00:24:44	00:48:15	00:47:45	361	Falcões Selvagens	Senior	87
362	1593	Sergio Nunes	00:24:29	00:48:16	00:47:42	357		V35	75
363	892	Filipe Nunes	00:24:21	00:48:17	00:47:44	358		Senior	88
364	616	António Varela	00:23:46	00:48:18	00:48:15	387		V45	44
365	1344	Miguel Quintanilha	00:25:01	00:48:18	00:47:15	330	RunLovers	V35	76
366	256	Marco Cachinho	00:24:46	00:48:18	00:47:13	327	Kaninos	Senior	89
367	1629	César Miranda	00:24:04	00:48:18	00:48:05	377		V35	77
368	539	Miguel Costa	00:24:50	00:48:19	00:47:51	370	Equipa Dos Lentos	V40	69
369	72	Cátia Nascimento	00:23:54	00:48:19	00:48:11	383	Correr Lisboa	Senior	10
370	1657	Jose Agapito	00:24:35	00:48:20	00:47:30	344		V45	45
371	508	Julio Ferreira	00:25:00	00:48:21	00:48:10	382	AMIGOS PARA SEMPRE	V60	11
372	41	Fernando Faria	00:24:01	00:48:21	00:48:11	384		Senior	90
373	1034	Vitor Moreira	00:24:38	00:48:21	00:48:12	386	Clube EDP - Lisboa	V60	12
374	1133	Nuno Félix	00:24:58	00:48:23	00:47:23	336		V40	70
375	1768	Domingos Silva	00:24:39	00:48:25	00:47:41	356		V35	78
376	1899	Joaquim Ferreira	00:25:04	00:48:26	00:47:56	373	Associação Moradores Atibá	V50	34
377	1108	Marco Valadão	00:24:20	00:48:27	00:48:07	378		Senior	91
378	695	Tiago Canhoto	00:24:20	00:48:28	00:48:21	390	Grupo Desportivo Santander Totta	V40	71
379	1692	Filipe Fonseca	00:23:40	00:48:28	00:47:50	369	ESMTC	Senior	92
380	1170	David Pinheiro	00:24:40	00:48:30	00:48:12	385	AFO	V35	79



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
381	249	Gentil Pereira	00:24:46	00:48:31	00:48:24	394	AMIGOS DA FLOR	V40	72
382	1351	Paulo Marques	00:24:44	00:48:31	00:48:02	376		V35	80
383	422	Patrick Afonso	00:23:29	00:48:31	00:48:18	388		Senior	93
384	1098	João Fernandes	00:25:16	00:48:33	00:47:14	329	MEGASIS	Senior	94
385	1063	Nuno Simões	00:23:36	00:48:36	00:48:24	393	CCD Crédito Agrícola Mútuo	V35	81
386	1180	José Sousa	00:23:51	00:48:36	00:48:36	410	Falcões Selvagens	V45	46
387	1421	Luis Pereira	00:24:00	00:48:39	00:48:37	411	Flamingos Atletismo	V60	13
388	1579	José Martins	00:23:45	00:48:39	00:48:33	404		V45	47
389	855	Ricardo Rosa	00:24:12	00:48:44	00:48:41	414		Senior	95
390	183	Gonçalo Lage	00:25:35	00:48:46	00:47:37	353	Fonseca Galhão	Senior	96
391	373	Heloisa Galha	00:24:28	00:48:46	00:48:26	396	CLUBE MILLENNIUM BCP	Senior	11
392	1478	Artur Martins	00:23:52	00:48:48	00:48:43	417		V45	48
393	547	Artur Vicente	00:24:02	00:48:48	00:48:45	418	NúcleOeiras/Sportzone	V35	82
394	365	Carla Lourenco	00:24:28	00:48:49	00:48:28	397	CLUBE MILLENNIUM BCP	V35	83
395	40	Artur Soares	00:25:02	00:48:49	00:48:36	409		V40	73
396	202	António Palmeira	00:24:58	00:48:49	00:48:24	395		V35	84
397	191	João Justo	00:24:58	00:48:50	00:48:23	392		V40	74
398	682	José Pereira	00:24:13	00:48:51	00:48:42	415	Grupo Desportivo Santander Totta	V45	49
399	104	Rui Gonçalves	00:24:48	00:48:52	00:48:09	380		V35	85
400	739	Arménio Pontes	00:24:48	00:48:52	00:48:09	379		V35	86



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
401	1666	Gabriel Figueiredo	00:25:24	00:48:52	00:48:33	403		Junior	3
402	1707	Bruno Ribeiro	00:25:06	00:48:53	00:47:48	366		Senior	97
403	1497	Nuno Santos	00:23:48	00:48:54	00:48:32	401	CLUBE OGMA	V40	75
404	1388	Nuno Gonçalves	00:24:23	00:48:55	00:48:48	420		V35	87
405	1274	António Castro	00:24:54	00:48:56	00:48:53	428		V70	1
406	1559	José Marchant	00:24:23	00:48:56	00:48:31	399		V35	88
407	953	Armindo Nicolau	00:24:06	00:48:57	00:48:52	426		V45	50
408	457	Paulo Campos	00:24:56	00:49:00	00:48:01	375		V40	76
409	1622	Orlando Martins	00:24:43	00:49:00	00:48:32	402		V55	20
410	1192	Francisco Pereira	00:25:11	00:49:02	00:48:55	429	Açoreana Clube Banif	V45	51
411	997	Carlos Silva	00:24:43	00:49:03	00:48:36	408		V45	52
412	1760	Francisco Gomes	00:25:17	00:49:05	00:48:36	407	Dream Team / Solar dos Presuntos	Senior	98
413	505	Carlos Melo	00:24:39	00:49:06	00:48:58	432	Correr Lisboa	V45	53
414	310	Joao Mota	00:23:58	00:49:06	00:49:02	438	grup.desp.chelas	V65	7
415	1558	Carlos Bandeira	00:24:54	00:49:07	00:48:39	412		Senior	99
416	1747	Pedro Ramos	00:24:25	00:49:08	00:49:02	439	CCD PM CASCAIS	Senior	100
417	1440	Nuno Antunes	00:24:40	00:49:11	00:48:29	398		V35	89
418	691	Janice Torres	00:25:01	00:49:12	00:49:00	434	Grupo Desportivo Santander Totta	V35	90
419	677	Ricardo Ribeiro	00:24:30	00:49:12	00:49:01	435		Senior	101
420	1849	Luís Ribeiro	00:23:40	00:49:13	00:48:51	422		Senior	102



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
421	661	Jose Gaspar	00:25:45	00:49:15	00:48:21	391		V40	77
422	1705	João Deus	00:24:30	00:49:16	00:48:53	427		Senior	103
423	1384	Paulo Mendonça	00:26:07	00:49:16	00:48:34	405	GÁFETE RUNNERS	Senior	104
424	1171	João Marques	00:24:28	00:49:18	00:49:07	444	AFO	V40	78
425	1594	Pedro Quina	00:24:57	00:49:19	00:48:51	423		V45	54
426	1354	José Amaral	00:25:31	00:49:20	00:48:51	424		V40	79
427	1060	Luisa Mourão	00:25:03	00:49:21	00:48:35	406	CCD Crédito Agrícola Mútuo	Senior	12
428	794	Paula Almeida	00:24:29	00:49:21	00:49:17	449		V45	3
429	1239	Vitor Monteiro	00:24:54	00:49:22	00:49:02	436	Marriott	V50	35
430	1347	Eduardo Moutinho	00:24:27	00:49:23	00:49:23	458	O MUNDO DA CORRIDA	V45	55
431	1342	Carlos Lopes	00:25:01	00:49:23	00:48:19	389	RunLovers	V50	36
432	1381	Célia Cecilo	00:24:47	00:49:25	00:48:58	431	NAPA	V40	2
433	510	Jorge Tavares	00:25:17	00:49:25	00:48:32	400	Sapatistas	V35	91
434	276	Filipe Rodrigues	00:24:45	00:49:26	00:49:02	437	grup.desp.chelas	Junior	4
435	248	Manuel Hortelão	00:25:10	00:49:29	00:49:23	460	AMIGOS DA FLOR	V40	80
436	1494	José Oliveira	00:24:19	00:49:30	00:49:09	445	CLUBE OGMA	V50	37
437	1633	José Lobato	00:24:33	00:49:31	00:49:23	459		V45	56
438	1795	João Fernandes	00:25:46	00:49:31	00:49:14	446		Senior	105
439	911	André Lourenço	00:25:35	00:49:32	00:49:03	440	COFACO AÇORES	Senior	106
440	43	Gil Sousa	00:25:42	00:49:32	00:48:40	413		V40	81



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
441	1255	Bruno Soares	00:24:44	00:49:40	00:49:38	475		Senior	107
442	1023	Maria Tomás	00:42:46	00:49:41	00:48:43	416	Asas nos Pés	V40	3
443	289	Victor Dias	00:24:29	00:49:41	00:49:25	463	grup.desp.chelas	V50	38
444	1403	Rui Afonso	00:25:14	00:49:43	00:49:42	479		V45	57
445	1637	Fernando Faleiro	00:25:46	00:49:44	00:48:50	421		V35	92
446	1624	Eduardo Romana	00:24:42	00:49:44	00:49:38	476		V45	58
447	1534	José Leitão	00:25:06	00:49:45	00:49:37	473		V45	59
448	358	Humberto Cabral	00:25:26	00:49:45	00:49:21	454	CLUBE MILLENNIUM BCP	V40	82
449	1044	Francisco Pinto	00:24:32	00:49:47	00:49:45	481		V55	21
450	1480	Pedro Vieira	00:24:17	00:49:47	00:49:47	488		V35	93
451	723	Rui Cunha	00:25:33	00:49:47	00:48:59	433	Grupo Desportivo Santander Totta	V45	60
452	873	Eduardo Pinto	00:25:44	00:49:50	00:48:48	419		Senior	108
453	512	Helder Santos	00:25:55	00:49:50	00:49:06	442		Senior	109
454	610	Duarte Afonso	00:25:49	00:49:51	00:49:20	452		Senior	110
455	941	Rui Soeiro	00:25:49	00:49:51	00:49:21	453	Clube TAP Portugal	Senior	111
456	538	Márcio Horta	00:25:38	00:49:51	00:49:23	457	Equipa Dos Lentos	Senior	112
457	1337	Valter Teixeira	00:25:23	00:49:51	00:49:40	478	ETIOPE E QUENIANOS	V45	61
458	49	Luis Conceição	00:25:00	00:49:52	00:49:25	464	Clube de Praças da Armada	V35	94
459	214	José Matos	00:25:00	00:49:52	00:49:26	465	Clube de Praças da Armada	V45	62
460	731	Tiago Pito	00:23:59	00:49:53	00:49:29	469	Grupo Desportivo Santander Totta	V35	95



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
461	1539	Conceição Cunha	00:42:46	00:49:53	00:48:57	430		V45	4
462	239	António Iria	00:24:53	00:49:55	00:49:47	485		V45	63
463	1434	Tiago Marques	00:24:56	00:49:56	00:49:54	497		Senior	113
464	61	Fernando Marques	00:24:54	00:49:56	00:49:55	498		V50	39
465	1878	Ricardo Arraias	00:25:45	00:49:57	00:49:29	468		V40	83
466	1173	Rui Henriques	00:24:46	00:49:58	00:49:46	483	AFO	Senior	114
467	1528	Dário Prates	00:25:31	00:50:01	00:49:18	451		V40	84
468	1257	Mario Cruz	00:24:36	00:50:02	00:49:57	503		V45	64
469	1281	Vasco Paulo	00:29:00	00:50:02	00:48:52	425		Senior	115
470	1561	Rui Conceição	00:23:56	00:50:02	00:49:46	484		Senior	116
471	599	Alexandre Ferreira	00:25:09	00:50:05	00:49:54	496		V40	85
472	928	Miguel Reis	00:25:18	00:50:05	00:49:22	456	SS CGD	V35	96
473	745	Joao Rego	00:26:06	00:50:06	00:49:53	495		Senior	117
474	872	Bruno Oliveira	00:26:14	00:50:06	00:49:14	447		Senior	118
475	70	José Massuça	00:23:12	00:50:06	00:49:36	472		V40	86
476	1673	Edgar Anastacio	00:24:30	00:50:07	00:50:04	519	Correr Lisboa	V50	40
477	497	José Henriques	00:25:15	00:50:07	00:50:03	516	OS PERIGOSOS	V55	22
478	498	José Belchior	00:25:15	00:50:08	00:50:02	514	OS PERIGOSOS	V60	14
479	1007	Alexandre Leiria	00:25:22	00:50:08	00:49:37	474		V40	87
480	1428	Roberto Agostinho	00:25:36	00:50:08	00:49:28	467		V40	88



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
481	1463	António Batista	00:25:21	00:50:09	00:49:55	500	CLUBE DESPORTIVO ESTRELA	V65	8
482	1371	Filipe Sá	00:25:46	00:50:10	00:49:22	455	Vila Fria/JG Seguros	V40	89
483	1206	José Liberato	00:25:25	00:50:10	00:49:47	486	GDCTIN Casa da Moeda	V35	97
484	1324	Silvino Marreiros	00:24:39	00:50:11	00:50:03	517	C.A.D.T Portucel Setubal	V45	65
485	213	Carlos Rangel	00:25:38	00:50:12	00:49:50	491		V60	15
486	1460	Sérgio Teles	00:25:50	00:50:13	00:49:27	466	A.D.C.Catuja	Senior	119
487	1025	Naisa Carneiro	00:42:46	00:50:14	00:49:17	448	Asas nos Pés	V45	5
488	1577	Hugo Gonçalves	00:26:26	00:50:14	00:49:06	443		V35	98
489	1486	Miguel Almeida	00:23:56	00:50:15	00:50:14	532		V35	99
490	1873	João Silva	00:25:03	00:50:15	00:49:48	490		V45	66
491	1711	Ana Pereira	00:25:03	00:50:15	00:49:48	489		Senior	13
492	905	Paulo Palminha	00:24:51	00:50:17	00:49:51	492		V40	90
493	1112	Alexandre Reis	00:24:54	00:50:17	00:50:03	518	Casa do Benfica de Algueirão Mem Martins	V50	41
494	836	Rui Barros	00:25:01	00:50:18	00:49:55	499		V45	67
495	1554	Pedro Pinto	00:26:15	00:50:19	00:49:32	470	GDC Banco de Portugal	Senior	120
496	755	Pedro Morgado	00:25:20	00:50:19	00:49:58	506		Senior	121
497	366	Joao Sa	00:25:50	00:50:19	00:49:46	482	CLUBE MILLENNIUM BCP	V65	9
498	1649	Nuno Serrão	00:25:57	00:50:21	00:49:35	471		Senior	122
499	1722	Carlos Xavier	00:23:17	00:50:21	00:50:17	537		V55	23
500	1874	David Simão	00:24:55	00:50:21	00:50:09	525		V40	91



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
501	1650	Humberto Borges	00:24:55	00:50:21	00:49:58	505		V45	68
502	304	Jorge Oliveira	00:26:27	00:50:22	00:49:24	461		V50	42
503	1336	Carlos Oliveira	00:25:25	00:50:22	00:50:11	528	ETIOPE E QUENIANOS	V60	16
504	351	Luis Costa	00:25:26	00:50:23	00:50:01	513	CLUBE MILLENNIUM BCP	V45	69
505	1670	Nuno Couto	00:26:00	00:50:23	00:49:24	462		V35	100
506	1186	António Fernandes	00:25:07	00:50:26	00:50:15	535	Amigos Vale Silencio	V55	24
507	182	Tomás Gonçalves	00:25:35	00:50:26	00:49:18	450	Fonseca Galhão	Senior	123
508	300	Carlos Tavares	00:23:28	00:50:28	00:50:12	530	grup.desp.chelas	Senior	124
509	450	Antonio Ribeiro	00:26:08	00:50:30	00:49:04	441		V45	70
510	1240	Rui Gaspar	00:25:23	00:50:30	00:50:10	527	Marriott	V55	25
511	967	Alexandre Oliveira	00:25:11	00:50:30	00:50:17	536		V35	101
512	1704	Pedro Matos	00:25:05	00:50:31	00:50:29	547		V45	71
513	110	Jacinto Batista	00:24:15	00:50:32	00:50:31	548		V50	43
514	251	Filipe Santos	00:26:10	00:50:34	00:49:47	487		V40	92
515	1021	Sónia Freire	00:25:24	00:50:34	00:50:24	540	Asas nos Pés	Senior	14
516	145	Joaquim Palmeiro	00:25:10	00:50:35	00:50:05	520		V40	93
517	174	Nuno Mendes	00:25:46	00:50:35	00:50:00	508		V40	94
518	1552	Ivo Nascimento	00:25:40	00:50:36	00:50:14	533		Senior	125
519	876	José Martins	00:24:59	00:50:38	00:50:05	521	Falcões Selvagens	V35	102
520	1242	Almerindo Silva	00:25:26	00:50:38	00:49:51	493	A.D.C.Catuja	V55	26



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
521	297	Hugo Costa	00:25:13	00:50:38	00:50:28	545	grup.desp.chelas	V35	103
522	247	João Ferreira	00:25:10	00:50:38	00:50:33	551	AMIGOS DA FLOR	V55	27
523	694	Mário Costa	00:25:44	00:50:39	00:49:56	501	Grupo Desportivo Santander Totta	V35	104
524	686	Lino Oliveira	00:25:14	00:50:40	00:50:38	559	Grupo Desportivo Santander Totta	V65	10
525	1017	Irimia Eduard	00:24:14	00:50:40	00:50:35	554	Rebola Caixotes	V40	95
526	218	Eduardo Pinto	00:26:20	00:50:41	00:49:56	502		Senior	126
527	1733	Alberto Abreu	00:24:20	00:50:41	00:50:35	555	CCD PM CASCAIS	V45	72
528	208	Carlos Craveira	00:24:59	00:50:41	00:50:21	538	AC TEAM	V40	96
529	1538	António Sarilho	00:25:06	00:50:41	00:50:33	552		V50	44
530	1077	Mariana Martins	00:26:09	00:50:42	00:50:29	546		Senior	15
531	302	Carlos Silva	00:25:13	00:50:42	00:50:39	561		V55	28
532	1409	José Couto	00:24:46	00:50:42	00:50:36	556	Casa do Benfica de Algueirão Mem Martins	V60	17
533	1056	Carlos Silva	00:26:46	00:50:43	00:49:39	477	CCD Crédito Agrícola Mútuo	V50	45
534	519	Pedro Santos	00:25:45	00:50:44	00:49:53	494		V40	97
535	1078	Antonio Duarte	00:26:08	00:50:46	00:50:32	549		V50	46
536	974	António Bogas	00:27:08	00:50:46	00:49:44	480	Casa do Benfica de Algueirão Mem Martins	V45	73
537	1072	Ricardo Santos	00:26:20	00:50:47	00:50:11	529		V40	98
538	1544	Domingos Gato	00:25:43	00:50:47	00:50:22	539		V40	99
539	15	Paulo Caldeira	00:26:33	00:50:48	00:49:57	504		V35	105
540	1479	Rui Vila	00:25:44	00:50:51	00:49:59	507		Senior	127



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
541	447	Tiago Pinto	00:25:47	00:50:52	00:50:37	558		V35	106
542	898	Carlos Mendes	00:25:09	00:50:53	00:50:50	571		V45	74
543	1069	Joaquim Dias	00:26:41	00:50:53	00:50:07	523		V40	100
544	1091	Filipe Marques	00:26:41	00:50:53	00:50:06	522		V35	107
545	455	Ricardo Geraldès	00:26:37	00:50:56	00:50:01	511		Senior	128
546	1011	Barbara Cardoso	00:22:51	00:50:56	00:50:52	575		Junior	2
547	1282	Rodrigo Opa	00:25:41	00:50:57	00:50:26	543		V35	108
548	1590	Fernando Fatela	00:25:58	00:50:59	00:50:33	553		V50	47
549	1036	José Canhoto	00:26:01	00:50:59	00:50:38	560		V65	11
550	1676	Nuno Maltez	00:25:22	00:51:00	00:50:53	576		V40	101
551	1325	Mario Crespo	00:26:24	00:51:00	00:50:00	509	C.A.D.T Portucel Setubal	Senior	129
552	1148	Helder Rodrigues	00:26:06	00:51:01	00:50:25	541		Senior	130
553	1614	Filipe Mayer	00:24:59	00:51:02	00:50:37	557		V35	109
554	1551	Joaquim Barroso	00:25:04	00:51:02	00:50:59	586		V40	102
555	398	Luis Monteiro	00:25:52	00:51:06	00:50:25	542	CLUBE MILLENNIUM BCP	V40	103
556	1684	Ricardo Marques	00:25:55	00:51:08	00:50:09	524	Dá-le!	Senior	131
557	1685	Diogo Marques	00:25:55	00:51:08	00:50:10	526	Dá-le!	Senior	132
558	1548	António Maciel	00:25:28	00:51:08	00:51:04	595		V40	104
559	1050	Antonio Melgao	00:25:44	00:51:09	00:50:57	582		Senior	133
560	483	Marco Rosário	00:25:57	00:51:11	00:50:50	572		Senior	134



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
561	719	João Rocha	00:25:19	00:51:12	00:51:10	604	Grupo Desportivo Santander Totta	V60	18
562	780	Pedro Ponte	00:25:22	00:51:12	00:51:05	596		V35	110
563	1786	António Ferreira	00:26:03	00:51:13	00:50:55	577		V60	19
564	1672	Luis Custódio	00:25:55	00:51:13	00:50:28	544		V45	75
565	889	Pedro Caetano	00:25:21	00:51:13	00:51:06	597		V45	76
566	968	Fernando Mendes	00:25:47	00:51:14	00:50:58	583		V40	105
567	1135	Carlos Patusco	00:26:00	00:51:14	00:50:51	573		Senior	135
568	1617	André Pascoal	00:26:02	00:51:15	00:50:41	562		Senior	136
569	1682	Nuno Fonseca	00:27:32	00:51:15	00:50:01	510		Senior	137
570	471	Ricardo Afonso	00:26:13	00:51:15	00:50:01	512		V40	106
571	1884	Paulo Gonçalves	00:25:53	00:51:16	00:50:42	565		V45	77
572	550	Antonio Ferreira	00:25:26	00:51:16	00:50:56	580		V55	29
573	1658	Luís Duarte	00:25:47	00:51:17	00:51:07	600		V45	78
574	1402	Jorge Santos	00:27:39	00:51:17	00:50:02	515		V35	111
575	992	Tiago Marques	00:25:24	00:51:17	00:50:48	570		Senior	138
576	411	Pedro Lopes	00:25:58	00:51:19	00:50:42	567		V35	112
577	1199	Joaquim Corrula	00:25:27	00:51:20	00:51:03	594	brandoa corre	V45	79
578	133	Gonçalo Rodrigues	00:26:26	00:51:21	00:50:42	566		V40	107
579	85	Aníbal Fernandes	00:25:58	00:51:22	00:50:15	534		V35	113
580	1513	Nuno Barata	00:24:55	00:51:22	00:51:21	613		V35	114



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
581	339	Carlos Miranda	00:25:50	00:51:23	00:51:17	610		V60	20
582	27	Miguel Bermonte	00:25:13	00:51:23	00:51:09	602		V35	115
583	1095	João Colaço	00:25:17	00:51:23	00:51:02	592		Senior	139
584	1370	Miguel Esteves	00:25:51	00:51:24	00:50:42	563	CLUBE COLABORADORES AXA	Senior	140
585	1896	Joaquim Correia	00:28:38	00:51:25	00:50:45	569		V40	108
586	1162	Marcos Faustino	00:25:52	00:51:26	00:51:23	619	C.A. Amigos Parque da Paz	V55	30
587	380	Fernando Ferreira	00:25:30	00:51:27	00:51:16	608	CLUBE MILLENNIUM BCP	V65	12
588	1306	Joaquim Borralho	00:25:30	00:51:27	00:51:17	609	G.D.C Banco de Portugal	V65	13
589	1120	Nuno Oliveira	00:25:22	00:51:28	00:51:25	623	LUSO-ATLÂNTICA, SA	V40	109
590	1374	Joana Garcia	00:26:18	00:51:30	00:50:58	584	Reguilitas	Senior	16
591	1623	Luis Amorim	00:26:11	00:51:31	00:51:01	589		V55	31
592	1738	Bruno Santos	00:26:03	00:51:31	00:51:01	590	CCD PM CASCAIS	Senior	141
593	1719	João Dias	00:26:00	00:51:31	00:50:43	568		Senior	142
594	359	Rafael Cabral	00:25:45	00:51:32	00:51:09	601	CLUBE MILLENNIUM BCP	Junior	5
595	840	José Coelho	00:25:41	00:51:32	00:51:06	598	Clube TAP Portugal	V45	80
596	1149	Telmo Casimiro	00:24:45	00:51:32	00:51:24	622		Senior	143
597	841	Carlos Silva	00:25:41	00:51:33	00:51:06	599	Clube TAP Portugal	V45	81
598	1248	Carlos Torrão	00:27:35	00:51:36	00:50:42	564		Senior	144
599	1415	Carlos Goncalves	00:27:03	00:51:36	00:51:30	632		V65	14
600	487	Egídio Portela	00:25:39	00:51:37	00:51:26	625	Amigos Atletismo Mafra	V55	32



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
601	1848	Jorge Leão	00:26:08	00:51:40	00:51:23	618		Senior	145
602	551	Silvio Paiva	00:25:58	00:51:43	00:51:32	633		V60	21
603	572	Joaquim Seco	00:26:19	00:51:43	00:51:02	593		V45	82
604	469	Fernando Almeida	00:25:41	00:51:44	00:51:22	617		Senior	146
605	139	Joao Pereira	00:25:58	00:51:45	00:51:24	621		Senior	147
606	625	Pedro Gaspar	00:24:57	00:51:46	00:50:56	579		V40	110
607	647	João Valente	00:25:23	00:51:46	00:50:55	578		V40	111
608	360	Arnaldo Pinteus	00:26:48	00:51:46	00:51:11	606	CLUBE MILLENNIUM BCP	V50	48
609	129	Carlos Ramos	00:26:16	00:51:47	00:51:38	642	Correr Lisboa	V40	112
610	851	João Pinheiro	00:25:50	00:51:48	00:51:18	612		V35	116
611	1621	Miguel Afonso	00:25:08	00:51:49	00:51:33	635		V35	117
612	782	Diogo Soares	00:25:37	00:51:50	00:51:37	640		Senior	148
613	1223	José Correia	00:26:27	00:51:53	00:51:29	630		V50	49
614	1856	João Reis	00:26:44	00:51:54	00:51:24	620		V50	50
615	961	Nuno Ferreira	00:26:45	00:51:54	00:51:11	605		Senior	149
616	652	Mário Romero	00:25:22	00:51:54	00:51:41	647		V35	118
617	226	João Santos	00:27:40	00:51:55	00:50:32	550		V40	113
618	123	Tiago Ferrão	00:27:12	00:51:57	00:50:57	581		V35	119
619	124	Hugo Mendes	00:27:27	00:51:59	00:50:59	587		V35	120
620	492	António Serra	00:25:52	00:51:59	00:51:33	636	ADCSABALDIO	V50	51



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
621	670	Miguel Marques	00:26:56	00:51:59	00:51:22	614		V50	52
622	1504	Rui Matos	00:26:32	00:51:59	00:51:01	588	BE2RUN	V35	121
623	1129	Cláudio Couchinho	00:25:07	00:52:00	00:51:43	650	Guerreiros do Rio	V35	122
624	1804	Alexandre Fernandes	00:27:28	00:52:00	00:50:58	585	Salvaterra Night Runners	V35	123
625	1386	Pedro Jesus	00:25:42	00:52:01	00:51:18	611	GÁFETE RUNNERS	Senior	150
626	503	Daniel Feiteirona	00:26:58	00:52:02	00:51:27	628		Senior	151
627	1499	Rui Pinto	00:26:14	00:52:02	00:51:40	644		V60	22
628	514	Vitor Venda	00:28:37	00:52:03	00:51:26	626		V40	114
629	185	João Duarte	00:27:03	00:52:05	00:51:59	675		V35	124
630	1696	André Silva	00:26:45	00:52:05	00:50:51	574	Quadragésima Primeira	Senior	152
631	952	Luís Macedo	00:25:28	00:52:05	00:51:57	674		V40	115
632	374	Artur Botao	00:25:14	00:52:06	00:52:06	682	CLUBE MILLENNIUM BCP	V40	116
633	900	Ricardo Madeira	00:29:09	00:52:07	00:51:01	591		V35	125
634	543	Carlos Gonçalves	00:25:08	00:52:08	00:51:41	646	Equipa Dos Lentos	V35	126
635	345	Avelino Henriques	00:26:06	00:52:09	00:51:56	672		V50	53
636	493	Armindo Queimado	00:26:35	00:52:10	00:51:54	668	ADCSABALDIO	V45	83
637	957	Paulo Galveia	00:26:38	00:52:10	00:51:50	661		V45	84
638	1020	Carlos Ipe	00:26:21	00:52:11	00:51:36	638	Asas nos Pés	V35	127
639	698	Pedro Inácio	00:26:56	00:52:11	00:51:39	643	Grupo Desportivo Santander Totta	V40	117
640	852	Paulo Inácio	00:27:37	00:52:15	00:51:16	607		Senior	153



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
641	970	Isaura Pereira	00:25:55	00:52:15	00:52:12	691		V55	1
642	1671	Paulo Santos	00:25:32	00:52:15	00:52:10	689		V40	118
643	1519	Nuno Rico	00:27:19	00:52:16	00:51:28	629		V40	119
644	50	Pedro Ferraz	00:25:02	00:52:17	00:51:56	673	Pedros	V35	128
645	64	Paulo Lopes	00:27:12	00:52:17	00:51:46	655		V45	85
646	1432	José Freitas	00:27:02	00:52:17	00:51:22	615	Águas Livres de Caneças	V35	129
647	159	António Pais	00:25:55	00:52:17	00:52:11	690		V65	15
648	1062	Miguel Vinagre	00:26:28	00:52:17	00:51:34	637	CCD Crédito Agrícola Mútuo	V35	130
649	1073	David Salgueiro	00:26:10	00:52:18	00:51:53	667		Senior	154
650	372	Nelson Guimaraes	00:26:22	00:52:18	00:52:15	695	CLUBE MILLENNIUM BCP	V65	16
651	937	Miguel Simões	00:26:58	00:52:19	00:51:44	651		V35	131
652	17	Diogo Arraias	00:27:30	00:52:19	00:51:26	624	Os Arraias	V60	23
653	24	Sandro Prates	00:27:02	00:52:19	00:51:22	616		V35	132
654	847	Bruno Nunes	00:26:53	00:52:20	00:51:42	649	Tartarugas	Senior	155
655	653	Angelo Ferreira	00:26:24	00:52:20	00:51:51	665		V45	86
656	1201	Luis Simões	00:26:47	00:52:22	00:51:45	652	brandoa corre	V35	133
657	1322	José Galveia	00:26:14	00:52:24	00:52:01	678	C.A.D.T Portucel Setubal	V60	24
658	1147	Rui Almeida	00:26:02	00:52:25	00:52:08	685		V35	134
659	1468	David Cardoso	00:26:02	00:52:25	00:52:08	684		V35	135
660	1907	Maria Costa	00:26:23	00:52:26	00:52:09	686		V50	3



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
661	1908	António Reis	00:26:23	00:52:26	00:52:09	687		V55	33
662	579	Luis Coutinho	00:26:21	00:52:27	00:51:55	671		V35	136
663	615	Nuno Condeço	00:27:26	00:52:27	00:51:47	656		Senior	156
664	1099	Daniel Vinagre	00:26:22	00:52:28	00:51:10	603	MEGASIS	V35	137
665	399	Henrique Dias	00:26:48	00:52:30	00:52:21	699		V55	34
666	1606	João Rosário	00:27:30	00:52:32	00:51:36	639		Senior	157
667	1710	Maria Castello-Branco	00:25:59	00:52:32	00:52:17	697		V50	4
668	1888	Rúben Silva	00:28:02	00:52:33	00:51:48	660		Senior	158
669	740	Marco Campaniço	00:26:34	00:52:34	00:52:13	693		Senior	159
670	688	Lúcio Silva	00:26:49	00:52:34	00:51:37	641	Grupo Desportivo Santander Totta	V45	87
671	1103	Sérgio Pedro	00:27:30	00:52:35	00:51:41	648		Senior	160
672	250	Pedro Matos	00:27:17	00:52:35	00:51:48	659		V50	54
673	1588	António Gonçalves	00:28:15	00:52:36	00:51:40	645		Junior	6
674	711	Carlos Henrique	00:27:51	00:52:38	00:51:47	657	Grupo Desportivo Santander Totta	V45	88
675	1601	Ana Martins	00:26:27	00:52:38	00:52:02	679	Falcões Selvagens	V45	6
676	893	Paulo Lopes	00:26:15	00:52:39	00:51:32	634		V35	138
677	1822	Jorge Nogueiro	00:26:47	00:52:39	00:51:51	663		V35	139
678	888	Fernando Carrilho	00:25:38	00:52:40	00:52:32	708		V55	35
679	1817	Paulo Cabaço	00:26:31	00:52:40	00:51:51	664		V45	89
680	1417	Valter Ferreira	00:26:57	00:52:42	00:52:24	702		Senior	161



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
681	1644	Carlos Antunes	00:25:54	00:52:43	00:52:12	692		Senior	162
682	1254	Manuel Potes	00:26:25	00:52:44	00:52:20	698		V40	120
683	12	Daniel Guerreiro	00:27:27	00:52:46	00:51:52	666		V35	140
684	1816	João Lopes	00:28:32	00:52:48	00:51:27	627		Senior	163
685	1456	Filipa Curralo	00:28:32	00:52:48	00:51:29	631		V35	4
686	1269	Nuno Charrua	00:26:29	00:52:49	00:52:43	718		V35	141
687	557	Mark Carey	00:27:24	00:52:49	00:51:45	654		V35	142
688	1356	Nuno Martins	00:27:14	00:52:49	00:52:24	701		V40	121
689	560	Pedro Barroso	00:26:49	00:52:50	00:51:55	670		Senior	164
690	641	Damião Rega	00:26:55	00:52:50	00:52:22	700		V50	55
691	1477	António Eleutério	00:27:00	00:52:51	00:51:45	653	Grupo Unidos e Progresso de Gralhas	Senior	165
692	200	Antonio Martinho	00:26:23	00:52:51	00:52:42	717		V60	25
693	1305	Manuel Martinho	00:26:07	00:52:51	00:52:39	715	AFO	V45	90
694	1328	Bruno Salvador	00:25:53	00:52:53	00:52:43	720	Grupo Desportivo Santander Totta	V35	143
695	240	Sérgio Dionísio	00:27:17	00:52:54	00:52:06	683		V40	122
696	626	Jose Correia	00:25:28	00:52:55	00:52:55	724		V55	36
697	1272	Jose Ferreira	00:27:54	00:52:58	00:51:55	669		V40	123
698	127	Alexandre Tam	00:26:18	00:52:59	00:52:58	727		V35	144
699	1891	Miguel Barroqueiro	00:25:08	00:53:00	00:52:32	709		Senior	166
700	746	Sérgio Sebastião	00:26:13	00:53:01	00:52:59	729	4x4	V35	145



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
701	1262	Mário Duarte	00:28:00	00:53:01	00:52:01	677		V40	124
702	1213	Ricardo Alves	00:27:08	00:53:02	00:52:17	696	GDCTIN Casa da Moeda	V35	146
703	1553	Jose Magro	00:27:25	00:53:03	00:52:00	676	NOVOS TRILHOS	V40	125
704	594	Luis Bilro	00:25:42	00:53:04	00:52:53	722		Senior	167
705	1714	Catarina Carvoeiras	00:25:59	00:53:07	00:53:03	733		V35	5
706	1404	José Escudero	00:26:48	00:53:07	00:52:55	723		Senior	168
707	936	Carlos Sousa	00:26:58	00:53:09	00:52:34	710		Senior	169
708	205	Carlos Dias	00:26:42	00:53:10	00:52:36	712	Hollywood Runners	V35	147
709	1260	João Nunes	00:30:01	00:53:11	00:51:51	662		Senior	170
710	1097	Nuno Oliveira	00:27:08	00:53:12	00:51:48	658	MEGASIS	V40	126
711	623	João Moreira	00:27:40	00:53:14	00:52:38	713		Senior	171
712	371	Joaquim Fulgencio	00:26:54	00:53:14	00:53:10	745	CLUBE MILLENNIUM BCP	V55	37
713	525	Nelson Kopke	00:25:48	00:53:15	00:53:01	731		V40	127
714	988	Fernando Rosete	00:26:34	00:53:17	00:52:39	714		V40	128
715	1447	Gonçalo Paulino	00:26:35	00:53:17	00:52:40	716		V35	148
716	1128	Luis Santos	00:26:36	00:53:17	00:52:58	726	Guerreiros do Rio	V35	149
717	1508	Daniel Raposo	00:27:31	00:53:18	00:52:03	681		Senior	172
718	31	Rui Girão	00:25:35	00:53:19	00:53:06	739		Senior	173
719	1516	Miguel Silva	00:27:31	00:53:19	00:52:03	680		Senior	174
720	1870	Luis Sousa	00:25:28	00:53:19	00:53:04	737	ACADEMIA DO LUMIAR	V40	129



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
721	815	Mário Gonçalves	00:28:00	00:53:19	00:52:15	694	CCDTMETROLX	V45	91
722	744	Miguel Passos	00:25:54	00:53:24	00:53:11	746		V40	130
723	864	Paulo Tomas	00:27:37	00:53:25	00:52:30	705	u.r.d.arranhò	V40	131
724	1641	Bruno Venancio	00:26:29	00:53:25	00:53:14	749		Senior	175
725	958	Eduardo Pinto	00:26:01	00:53:26	00:53:07	740		Senior	176
726	1517	Analice Silva	00:26:37	00:53:29	00:53:22	761	O MUNDO DA CORRIDA	V70	1
727	14	Joaquim Silva	00:27:04	00:53:29	00:53:12	747		V40	132
728	318	Luis Domingues	00:26:31	00:53:33	00:52:25	703		Senior	177
729	1826	João Martins	00:28:08	00:53:33	00:53:04	736		Senior	178
730	222	Antonio Baldo	00:29:25	00:53:34	00:52:10	688		Senior	179
731	305	Claudio Simoes	00:26:53	00:53:36	00:52:34	711		V35	150
732	458	Augusto Caria	00:26:15	00:53:37	00:53:30	769		V60	26
733	863	Henrique Ferreira	00:26:17	00:53:37	00:53:27	765	u.r.d.arranhò	V40	133
734	828	João Pereira	00:26:03	00:53:38	00:53:33	770	Os Pé Ligeiro...	V35	151
735	149	João Lourenço	00:26:38	00:53:38	00:53:09	742	Kaninos	Senior	180
736	158	António Costa	00:26:36	00:53:39	00:53:33	771		V50	56
737	1725	Carlos Bragança	00:28:08	00:53:39	00:52:29	704		Senior	181
738	1000	Carlos Soares	00:27:39	00:53:40	00:52:43	719		Senior	182
739	644	Jose Vermelhudo	00:26:52	00:53:40	00:53:15	750		V50	57
740	1576	Nuno Oliveira	00:27:17	00:53:43	00:53:04	735		V35	152

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
741	1090	João Duarte	00:26:19	00:53:43	00:53:34	773		V60	27
742	566	Luis Martins	00:26:36	00:53:46	00:52:59	728		V40	134
743	1335	Afonso Pino	00:26:50	00:53:48	00:53:37	775	ETIOPE E QUENIANOS	V35	153
744	545	Dulce Reis	00:26:16	00:53:49	00:53:41	782	Correr Lisboa	V45	7
745	1892	Júlio Reis	00:28:30	00:53:49	00:50:12	531		V40	135
746	1444	Marlene Henriques	00:26:50	00:53:49	00:53:40	780		Senior	17
747	1338	Nuno Marques	00:26:51	00:53:50	00:53:49	794	RunLovers	V45	92
748	595	Mafalda Martinho	00:27:33	00:53:50	00:53:08	741		Senior	18
749	1595	Sofia Fernandes	00:26:57	00:53:50	00:53:22	759		Senior	19
750	1418	Célia Santos	00:26:50	00:53:50	00:53:41	783		Senior	20
751	1535	José Gouveia	00:26:33	00:53:51	00:53:19	755		V45	93
752	1863	Hugo Jorge	00:27:06	00:53:52	00:53:00	730		V40	136
753	1400	Tiago Pinhel	00:28:50	00:53:52	00:52:31	707		Senior	183
754	1399	Ivo Diogo	00:28:50	00:53:52	00:52:31	706		Senior	184
755	869	Ricardo Nunes	00:25:44	00:53:54	00:53:43	787		Senior	185
756	1568	Paula Fernandes	00:28:25	00:53:55	00:53:01	732	Garmin Olimpico de Oerias	V45	8
757	922	Fernando Lima	00:28:24	00:53:55	00:53:03	734	SS CGD	V45	94
758	1152	Fernando Mendes	00:28:35	00:53:57	00:52:45	721		V50	58
759	1304	José Mariano	00:26:29	00:53:58	00:53:40	781		V45	95
760	1067	Paula Heitor	00:28:02	00:53:59	00:53:30	768	Kangurus de Santo António	V35	6



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
761	485	Miguel Carvalho	00:27:39	00:53:59	00:53:48	792		V35	154
762	964	Rui Sá	00:28:31	00:54:01	00:53:04	738		Senior	186
763	173	Ernesto Carvalho	00:27:24	00:54:04	00:53:39	776		V55	38
764	1047	Luis Vicente	00:27:37	00:54:05	00:53:36	774		V50	59
765	933	Rui Pereira	00:28:11	00:54:06	00:53:17	754	SS CGD	V40	137
766	604	José Gamito	00:27:08	00:54:07	00:53:56	801	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SA	V55	39
767	1243	Helder Gandarinho	00:27:49	00:54:07	00:53:19	756	APOGMA	V45	96
768	1565	Isabel Rodrigues	00:28:24	00:54:09	00:53:16	752	Garmin Olimpico de Oerias	V40	4
769	1598	Miguel Rodrigues	00:28:18	00:54:09	00:52:56	725		Senior	187
770	1903	Hugo Rebelo	00:28:05	00:54:09	00:53:16	751		V40	138
771	1475	Rui Pinto	00:28:48	00:54:11	00:53:40	779		Senior	188
772	904	Nelson Geda	00:27:09	00:54:11	00:53:22	760		V35	155
773	918	Hélder Machado	00:27:09	00:54:12	00:53:21	758		V35	156
774	820	Américo Carvalho	00:27:26	00:54:12	00:53:24	762		V40	139
775	1647	Hugo Casaca	00:27:54	00:54:13	00:53:27	766		V35	157
776	778	José Almeida	00:26:43	00:54:15	00:54:01	804		V45	97
777	859	Florival Andrade	00:26:51	00:54:16	00:53:59	803	nós e os outros	V65	17
778	607	Tiago Mota	00:27:06	00:54:17	00:54:02	805		V35	158
779	983	Albano Coutinho	00:27:44	00:54:19	00:53:10	744		V50	60
780	1427	Paulo Gouveia	00:29:18	00:54:22	00:53:14	748	Mariachis	V35	159



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
781	1430	Miguel Fontes	00:28:43	00:54:23	00:53:25	763		Senior	189
782	605	Miguel Castela	00:28:33	00:54:27	00:53:16	753	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SA	V40	140
783	1244	Paulo Pires	00:27:49	00:54:27	00:53:39	777	APOGMA	V45	98
784	1033	Rui Xavier	00:27:15	00:54:27	00:54:18	824	Clube EDP - Lisboa	V45	99
785	1487	João Moura	00:27:23	00:54:28	00:54:02	806		Senior	190
786	1151	César Ribeiro	00:28:35	00:54:30	00:53:19	757		V40	141
787	1652	Alexandre Almeida	00:28:34	00:54:30	00:53:09	743		V40	142
788	819	Rui Araujo	00:28:14	00:54:31	00:53:26	764	CCDTMETROLX	V55	40
789	16	Ana Monteiro	00:27:21	00:54:31	00:54:12	816		V40	5
790	1018	Nuno Roque	00:26:11	00:54:32	00:54:27	835	Rebola Caixotes	Senior	191
791	1331	Horacio Vieira	00:27:28	00:54:32	00:53:57	802	Pai e Filho	V60	28
792	753	António Morgado	00:26:20	00:54:33	00:54:17	822		V55	41
793	1234	Jorge Guerreiro	00:27:12	00:54:35	00:54:14	820	Marriott	V35	160
794	1119	Natalia Marcheva	00:27:28	00:54:37	00:54:19	826	Casa do Benfica de Algueirão Mem Martins	V45	9
795	1413	Tiago Lucas	00:29:00	00:54:37	00:53:27	767		Senior	192
796	993	Joaquim Agostinho	00:27:14	00:54:37	00:54:12	818		V45	100
797	241	Helder Cruz	00:27:31	00:54:38	00:53:49	795		V40	143
798	367	Antonio Almeida	00:27:30	00:54:38	00:54:04	809	CLUBE MILLENNIUM BCP	V45	101
799	1476	Luis Almeida	00:27:47	00:54:40	00:53:34	772	Grupo Unidos e Progresso de Gralhas	V40	144
800	680	Rui Guarda	00:27:32	00:54:40	00:53:42	785		V35	161



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
801	299	Abel Costa	00:27:43	00:54:40	00:54:12	815	grup.desp.chelas	V55	42
802	1172	Rui Lapa	00:26:12	00:54:41	00:54:27	834	AFO	V40	145
803	654	Paulo Moniz	00:28:28	00:54:43	00:53:51	798		V40	146
804	1703	Francisco Sardinha	00:27:10	00:54:43	00:54:34	846		V40	147
805	1894	César Viegas	00:27:22	00:54:45	00:54:22	830		V55	43
806	1860	Glória Garcia	00:28:37	00:54:45	00:54:03	808		V40	6
807	1110	César Luís	00:27:36	00:54:46	00:53:42	784		Senior	193
808	66	Filipe Sampaio	00:26:59	00:54:48	00:54:35	849		V40	148
809	1061	Miguel Mendanha	00:27:03	00:54:50	00:54:03	807	CCD Crédito Agrícola Mútuo	V35	162
810	1296	Anderson Sousa	00:27:51	00:54:50	00:53:55	800		Senior	194
811	878	Joaquim Pinto	00:29:17	00:54:50	00:53:47	789		V55	44
812	138	Cláudia Ferreira	00:28:44	00:54:50	00:53:40	778	Clube do Stress	V45	10
813	1209	Nuno Gonçalves	00:26:40	00:54:51	00:54:04	810	GDCTIN Casa da Moeda	V35	163
814	1117	Joaquim Cruz	00:29:17	00:54:51	00:53:50	797	Casa do Benfica de Algueirão Mem Martins	V55	45
815	1411	Jorge Jesus	00:27:31	00:54:51	00:54:31	842	Casa do Benfica de Algueirão Mem Martins	V60	29
816	846	André Nunes	00:27:23	00:54:51	00:54:12	817	Tartarugas	Senior	195
817	857	João Milheiro	00:27:48	00:54:55	00:54:28	837	nós e os outros	V55	46
818	818	Rafael Santos	00:29:27	00:54:55	00:53:50	796	CCDTMETROLX	V45	102
819	137	Carlos Abreu	00:29:48	00:54:56	00:53:46	788	Clube do Stress	V45	103
820	303	Luis Proença	00:27:51	00:54:56	00:54:08	812		V40	149



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
821	76	Joaquim Gamito	00:27:32	00:54:56	00:53:42	786		V50	61
822	1387	Sandra Vicente	00:27:26	00:54:57	00:54:57	884	Clube Atletismo Amigos de Belém	Senior	21
823	1620	João Correia	00:27:11	00:54:57	00:54:35	848		Senior	196
824	1627	Tiago Barroqueiro	00:27:12	00:54:57	00:54:34	847		Senior	197
825	705	António Castro	00:28:47	00:54:58	00:53:48	793	Grupo Desportivo Santander Totta	V45	104
826	460	Jorge Campos	00:28:15	00:55:01	00:54:04	811		V40	150
827	1688	Pedro Afonso	00:27:29	00:55:01	00:54:15	821		V40	151
828	1580	José Coelho	00:26:54	00:55:02	00:54:50	866		V45	105
829	1695	João Fernandes	00:28:19	00:55:02	00:53:47	791	Quadragésima Primeira	V35	164
830	468	Francisco Julião	00:27:50	00:55:02	00:54:28	838		V55	47
831	1245	Mario Ramos	00:28:16	00:55:02	00:54:13	819	APOGMA	V55	48
832	907	Margarida Santos	00:27:19	00:55:02	00:54:51	872		V35	7
833	1835	Arnaldo Amorim	00:29:35	00:55:03	00:53:52	799		V35	165
834	368	Pedro Pires	00:27:45	00:55:04	00:54:22	832	CLUBE MILLENNIUM BCP	V45	106
835	870	Carlos Noronha	00:30:09	00:55:06	00:54:26	833		Senior	198
836	1592	Manuel Garrinhas	00:27:41	00:55:07	00:54:20	828		V55	49
837	1196	José Santos	00:28:56	00:55:07	00:54:29	839	FSCDP da CBSS	V35	166
838	884	Miguel Ferrinho	00:29:31	00:55:07	00:54:09	814	Pés de Chumbo	V40	152
839	885	Pedro Pires	00:29:31	00:55:08	00:54:09	813	Pés de Chumbo	V40	153
840	1412	Manuel Couto	00:27:42	00:55:09	00:54:50	868	Casa do Benfica de Algueirão Mem Martins	Senior	199



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
841	1895	Céu Viegas	00:27:33	00:55:11	00:54:49	865		V50	5
842	1442	Manuel Anastácio	00:28:13	00:55:12	00:54:18	823		V45	107
843	157	Bruno Militão	00:27:24	00:55:12	00:54:51	875		Senior	200
844	323	Alexandre Domingos	00:28:11	00:55:12	00:53:47	790		V40	154
845	1165	Masayuki Kibe	00:28:44	00:55:13	00:54:22	831	OMOTENASHI	V35	167
846	1669	Fernando Martins	00:27:48	00:55:16	00:54:44	860		V45	108
847	161	Hugo Paulo	00:26:52	00:55:18	00:54:53	880		V35	168
848	1221	Pedro Ferreira	00:27:42	00:55:19	00:54:33	844		V35	169
849	1423	Januário Bona	00:26:31	00:55:20	00:55:20	904	Flamingos Atletismo	V65	18
850	298	Andreia Monteiro	00:28:28	00:55:20	00:54:48	864	grup.desp.chelas	V35	8
851	400	Jose Baixinho	00:28:51	00:55:21	00:54:44	861		V55	50
852	703	António Pereira	00:28:03	00:55:23	00:54:50	867	Grupo Desportivo Santander Totta	V45	109
853	712	Carlos Teixeira	00:28:04	00:55:23	00:54:51	876	Grupo Desportivo Santander Totta	V40	155
854	62	Mario Freire	00:28:19	00:55:23	00:55:01	888		V55	51
855	325	Gilberto Gonçalves	00:28:35	00:55:24	00:54:19	825	Clube Atletismo Amigos de Belém	V65	19
856	931	Pedro Santos	00:28:10	00:55:24	00:54:36	851	SS CGD	V35	170
857	1019	Gonçalo Marques	00:27:25	00:55:24	00:54:51	874	Asas nos Pés	Junior	7
858	1246	Luiz Rosa	00:28:36	00:55:24	00:54:21	829	Clube Atletismo Amigos de Belém	V60	30
859	807	Luís Filipe	00:27:30	00:55:25	00:54:40	856	Colinas Bike Tour	V35	171
860	1541	Nuno Marques	00:27:25	00:55:26	00:54:52	878		V40	156



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
861	1212	Paulo Sousa	00:28:10	00:55:26	00:54:41	858	GDCTIN Casa da Moeda	V40	157
862	1267	Filipe Prospero	00:30:09	00:55:27	00:54:19	827	Trolemom	Senior	201
863	1567	José Catita	00:28:44	00:55:27	00:54:37	853	Garmin Olimpico de Oerias	V55	52
864	227	João Carrinho	00:27:31	00:55:28	00:54:41	857		V45	110
865	810	Carlos Moreira	00:29:12	00:55:33	00:54:28	836	CCDTMETROLX	V60	31
866	554	Manuel Figueira	00:28:50	00:55:33	00:54:38	854	Clube Vodafone	Senior	202
867	553	André Carvalho	00:28:51	00:55:33	00:54:39	855	Clube Vodafone	Senior	203
868	283	Jose Venancio	00:27:52	00:55:34	00:55:16	896	grup.desp.chelas	V60	32
869	244	Joaquim Costa	00:29:07	00:55:35	00:54:41	859	Arco Iris	V60	33
870	1049	Pedro Carvalho	00:29:53	00:55:35	00:54:51	873		Senior	204
871	853	Alexandra Inácio	00:28:29	00:55:35	00:54:35	850		V40	7
872	916	Pedro Singéis	00:27:38	00:55:36	00:55:18	900		V40	158
873	1600	Rosa Viveiros	00:28:36	00:55:37	00:55:02	890	Falcões Selvagens	Senior	22
874	1660	Pedro Figueiredo	00:28:37	00:55:37	00:55:01	889		Senior	205
875	1851	Thierry Ligonniere	00:28:16	00:55:38	00:55:16	897		Senior	206
876	832	Vera Gregório	00:26:47	00:55:38	00:54:50	870		V45	11
877	1319	Manuel Cardim	00:28:44	00:55:38	00:54:50	869	C.A.D.T Portucel Setubal	V60	34
878	1674	Rodrigo Reis	00:28:21	00:55:39	00:54:32	843		V40	159
879	822	Carmelo Morello	00:28:50	00:55:42	00:54:34	845		V45	111
880	720	José Barata	00:28:13	00:55:44	00:55:26	911	Grupo Desportivo Santander Totta	V50	62



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10 KM E PROVA DAS CRIANÇAS
TERMINAL DE CARGA | AEROPORTO DE LISBOA

19 DE OUTUBRO 2014

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
881	748	Marisa Silva	00:27:40	00:55:44	00:55:43	925	4x4	V35	9
882	1392	Patricia Barceló	00:28:41	00:55:44	00:54:52	877		Senior	23
883	1435	Juan González	00:28:41	00:55:44	00:54:52	879		Senior	207
884	1549	Pedro Pereira	00:32:02	00:55:45	00:54:30	840		Senior	208
885	1115	Daniela Vinagre	00:29:41	00:55:45	00:54:47	863	Casa do Benfica de Algueirão Mem Martins	Junior	3
886	1408	Joaquim Costa	00:29:41	00:55:45	00:54:44	862	Casa do Benfica de Algueirão Mem Martins	V60	35
887	1068	Mário Pité	00:28:02	00:55:46	00:55:17	898	Kangurus de Santo António	V35	172
888	1397	Daniel Azinhaga	00:28:51	00:55:48	00:54:31	841		Senior	209
889	336	João Santos	00:28:52	00:55:52	00:55:09	893	BaiaSantos	Senior	210
890	467	Fatima Santos	00:27:32	00:55:52	00:55:49	933		Senior	24
891	1868	Jesse Barbosa	00:29:03	00:55:52	00:54:36	852		V35	173
892	1433	Nuno Freitas	00:30:13	00:55:52	00:54:56	883	Águas Livres de Caneças	V35	174
893	1249	Ricardo Ribeiro	00:28:19	00:55:53	00:54:54	881		Senior	211
894	914	Domingos Fernandes	00:26:52	00:55:57	00:55:50	936		V60	36
895	676	Duarte Furtado	00:28:47	00:55:57	00:55:31	914		Senior	212
896	1401	Paulo Lourenço	00:28:33	00:55:58	00:55:20	905		Senior	213
897	881	Paulo Duarte	00:28:40	00:55:59	00:54:56	882	GDCT Unicre	V45	112
898	1379	Rui Prates	00:28:06	00:56:00	00:54:59	886		Senior	214
899	1329	Fernando Marques	00:27:39	00:56:00	00:55:47	931	Grupo Desportivo Santander Totta	V55	53
900	736	Luis Garção	00:28:57	00:56:01	00:55:24	909	NO LIMITS	V45	113



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10 KM E PROVA DAS CRIANÇAS
TERMINAL DE CARGA | AEROPORTO DE LISBOA

19 DE OUTUBRO 2014

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
901	733	Amandio Busca	00:28:57	00:56:01	00:55:24	910	NO LIMITS	V45	114
902	1482	Sandra Vieira	00:27:44	00:56:03	00:55:42	924		V40	8
903	622	Rui Rocha	00:27:58	00:56:04	00:55:28	912		Senior	215
904	309	Luis Boletto	00:27:41	00:56:05	00:55:19	901	grup.desp.chelas	V35	175
905	1727	Raquel Arvelos	00:27:45	00:56:05	00:55:20	902		Senior	25
906	883	Fernando Luz	00:27:24	00:56:05	00:55:03	891	GDCT Unicre	V45	115
907	1792	João Carvalho	00:28:40	00:56:06	00:55:11	895	EUROATLANTIC AIRWAYS	Senior	216
908	1815	Bruno Safara	00:27:44	00:56:06	00:55:20	903		Senior	217
909	347	Eduardo Pinto	00:28:05	00:56:07	00:55:38	919	CLUBE MILLENNIUM BCP	V45	116
910	619	Ricardo Costa	00:28:35	00:56:07	00:55:06	892		V35	176
911	947	Vasco Alpalhão	00:23:04	00:56:08	00:56:07	952		V40	160
912	1425	Delfim Pratas	00:29:19	00:56:08	00:55:00	887	Mariachis	V45	117
913	103	Joao Cruz	00:28:41	00:56:11	00:54:50	871		V40	161
914	429	Pedro Paulo	00:28:43	00:56:12	00:55:33	916		V50	63
915	912	Fernando Lourenço	00:28:10	00:56:13	00:55:48	932	COFACO AÇORES	V60	37
916	1369	Victor Ramos	00:29:25	00:56:13	00:55:30	913	CLUBE COLABORADORES AXA	V40	162
917	224	Francisco Linhol	00:28:30	00:56:14	00:55:50	937		V60	38
918	140	Rosária Silva	00:28:55	00:56:16	00:56:01	946		Senior	26
919	1668	Nuno Leão	00:28:28	00:56:16	00:55:36	917		V35	177
920	186	Joao Sotomayor	00:28:17	00:56:17	00:55:36	918		V50	64



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
921	1008	Miguel Calado	00:27:43	00:56:18	00:56:09	953		V35	178
922	236	Carlos Luis	00:27:30	00:56:19	00:55:40	921		V40	163
923	1872	Pedro Marcelino	00:30:25	00:56:19	00:55:23	908		Senior	218
924	1452	Luís Duarte	00:29:14	00:56:19	00:55:40	922	ESMTC	Senior	219
925	1339	Cristina Caldeira	00:30:26	00:56:19	00:55:18	899	RunLovers	V45	12
926	1195	Sandra Constantino	00:28:57	00:56:19	00:55:41	923	FSCDP da CBSS	V40	9
927	1340	Helena Leitão	00:30:25	00:56:20	00:55:21	906	RunLovers	V40	10
928	1574	Teresa Sepúlveda	00:29:02	00:56:21	00:54:58	885	Garmin Olimpico de Oerias	Senior	27
929	1194	Hélder Constantino	00:28:56	00:56:21	00:55:44	928	FSCDP da CBSS	V40	164
930	1006	Rafael Roque	00:29:38	00:56:22	00:55:10	894		Senior	220
931	575	Pedro Serrasqueiro	00:27:11	00:56:22	00:55:50	935		Senior	221
932	1247	Alberto Ramires	00:27:46	00:56:25	00:56:03	947		V60	39
933	349	Luis Campos	00:28:35	00:56:26	00:55:43	926	CLUBE MILLENNIUM BCP	V45	118
934	1393	Gonçalo Rangel	00:27:33	00:56:28	00:55:21	907		Senior	222
935	544	Paulo Onofre	00:28:14	00:56:30	00:56:19	957	iLovepv	V40	165
936	1366	Pedro Botelho	00:28:45	00:56:32	00:55:52	940	CLUBE COLABORADORES AXA	V40	166
937	1263	Paulo Baptista	00:28:53	00:56:32	00:55:31	915		V45	119
938	552	Carla Garrett	00:29:10	00:56:33	00:56:03	948		Senior	28
939	1169	Mário Caetano	00:28:54	00:56:34	00:55:47	930	AFO	V35	179
940	1911	Elsa Luis	00:28:05	00:56:36	00:55:49	934		V40	11



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
941	1230	Daniela Salvador	00:29:10	00:56:41	00:55:45	929	Asas nos Pés	V40	12
942	348	Pedro Figueiredo	00:29:44	00:56:44	00:56:18	956	CLUBE MILLENNIUM BCP	V45	120
943	177	Carla Fernandes	00:27:34	00:56:46	00:56:37	971	Correr Lisboa	V35	10
944	555	João Pereira	00:27:56	00:56:48	00:56:30	967		V50	65
945	737	Jorge Antunes	00:29:04	00:56:53	00:56:32	969		V35	180
946	833	Sérgio Matos	00:27:59	00:56:55	00:55:44	927		Senior	223
947	1642	Patricia Encarnacao	00:30:10	00:56:55	00:55:39	920		V40	13
948	1613	Nuno Carrolo	00:26:45	00:56:56	00:56:21	959		V40	167
949	1520	Francisco Plínio	00:29:28	00:57:00	00:55:59	945		V55	54
950	376	Dulce Ramos	00:27:40	00:57:01	00:56:41	974	CLUBE MILLENNIUM BCP	V45	13
951	109	Eduardo Delgado	00:28:57	00:57:03	00:56:35	970		Senior	224
952	197	Mário Ferro	00:28:15	00:57:04	00:56:54	982		V60	40
953	1453	Vasco Oliveira	00:29:54	00:57:09	00:55:51	939		Senior	225
954	1450	Bruno Aragão	00:29:54	00:57:09	00:55:51	938		Senior	226
955	602	Paulo Marcelino	00:28:58	00:57:10	00:56:20	958	amplitletas	V45	121
956	903	Rodrigo Carvalho	00:29:22	00:57:10	00:56:30	968		V50	66
957	354	Joao Lourenco	00:28:59	00:57:11	00:55:59	944	CLUBE MILLENNIUM BCP	V45	122
958	603	Nuno Marcelino	00:28:58	00:57:11	00:56:22	960	amplitletas	V35	181
959	1612	Henrique Gomes	00:30:11	00:57:11	00:55:56	943		V35	182
960	504	Tomas Hipolito	00:30:09	00:57:12	00:55:54	942		Senior	227



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
961	1424	Maria Barreira	00:29:20	00:57:12	00:56:04	949	Mariachis	Senior	29
962	1426	Paulo Oliveira	00:29:19	00:57:14	00:56:05	951	Mariachis	V40	168
963	926	José Dimas	00:29:37	00:57:15	00:56:29	966	SS CGD	V45	123
964	1373	Rita Pinto	00:29:01	00:57:15	00:56:42	975	Reguilitas	Senior	30
965	965	Nuno Moura-Pinheiro	00:27:40	00:57:18	00:56:54	983		V40	169
966	570	Claudio Monteiro	00:29:43	00:57:20	00:56:14	955		V40	170
967	1587	António Gonçalves	00:28:28	00:57:22	00:56:25	963		V50	67
968	1124	Daniela Carvalho	00:27:43	00:57:22	00:57:08	988	Guerreiros do Rio	V35	11
969	1126	João Robalo	00:27:43	00:57:22	00:57:08	987	Guerreiros do Rio	V50	68
970	56	Filipe Junot	00:28:59	00:57:25	00:56:05	950		Senior	228
971	675	Artur Almeida	00:28:18	00:57:26	00:56:24	962		Senior	229
972	1363	José Valentim	00:29:26	00:57:26	00:56:45	977	CLUBE COLABORADORES AXA	V40	171
973	732	Vitor Teixeira	00:29:01	00:57:27	00:56:53	981	Grupo Desportivo Santander Totta	V50	69
974	46	João Botelho	00:29:34	00:57:29	00:56:23	961		V35	183
975	948	João Palmeiro	00:29:31	00:57:33	00:56:26	964		Junior	8
976	402	Ademar Pereira	00:28:43	00:57:37	00:57:02	986		V40	172
977	1046	David Sabino	00:28:51	00:57:40	00:56:57	985		Senior	230
978	806	Luís Gonçalves	00:29:11	00:57:40	00:56:56	984	Colinas Bike Tour	V35	184
979	243	Antonio Carvalho	00:29:22	00:57:41	00:57:40	1015	Arco Iris	V35	185
980	194	Andreia Tourais	00:29:06	00:57:44	00:56:49	979		Senior	31



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
981	1241	Antonio Alves	00:39:48	00:57:44	00:57:23	996	Marriott	V50	70
982	1238	Rui Almeida	00:39:49	00:57:44	00:57:23	997	Marriott	V40	173
983	1292	Ângelo Marcos	00:29:06	00:57:45	00:56:51	980		Senior	231
984	1626	Joaquim Correia	00:29:34	00:57:46	00:56:40	972		V40	174
985	831	Ricardo Almeida	00:28:14	00:57:47	00:57:43	1017	Os Pé Ligeiro...	V35	186
986	1871	Lara Simons	00:29:28	00:57:48	00:57:31	1009		Senior	32
987	1410	Maria Marques	00:29:06	00:57:48	00:57:12	990	Casa do Benfica de Algueirão Mem Martins	V50	6
988	1636	Pedro Coelho	00:28:14	00:57:48	00:57:29	1006		V35	187
989	378	Mario Romao	00:29:52	00:57:51	00:56:44	976	CLUBE MILLENNIUM BCP	V40	175
990	921	Fernando Alves	00:29:32	00:57:52	00:57:18	993	SS CGD	V50	71
991	142	Paulo Peixoto	00:29:13	00:57:54	00:57:24	1000	Kangurus de Santo António	V45	124
992	578	Bruno Jacob	00:28:49	00:57:55	00:57:33	1012		Senior	232
993	343	André Neves	00:29:20	00:57:57	00:57:38	1014		Senior	233
994	702	Ana Canhoto	00:28:59	00:57:57	00:57:28	1003	Grupo Desportivo Santander Totta	V40	14
995	1308	António Pereira	00:29:34	00:58:02	00:57:47	1021	G.D.C Banco de Portugal	V70	2
996	973	Pedro Barbosa	00:27:58	00:58:02	00:57:35	1013		Senior	234
997	207	Andreia Oliveira	00:28:20	00:58:03	00:57:44	1018	AC TEAM	Senior	33
998	18	Sandra Arraias	00:28:51	00:58:03	00:57:09	989	Os Arraias	Senior	34
999	648	Gonçalo João	00:29:49	00:58:03	00:57:28	1002		Senior	235
1000	264	João Duarte	00:30:01	00:58:06	00:57:28	1005		V40	176



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1001	1464	Virgilio Rodrigues	00:29:02	00:58:11	00:57:57	1030	CLUBE DESPORTIVO ESTRELA	V65	20
1002	342	Pedro Gonçalves	00:29:49	00:58:13	00:57:31	1008		Senior	236
1003	341	Cátia Silva	00:29:49	00:58:13	00:57:32	1010		Senior	35
1004	738	Pedro Silva	00:29:32	00:58:15	00:57:30	1007		V35	188
1005	829	João Cruz	00:28:15	00:58:19	00:58:15	1043	Os Pé Ligeiro...	V35	189
1006	1066	Sérgio Tavares	00:27:27	00:58:19	00:58:02	1032	CCD Crédito Agrícola Mútuo	Senior	237
1007	96	José Vale	00:28:32	00:58:20	00:58:18	1048		V50	72
1008	210	Rui Luis	00:28:28	00:58:20	00:58:20	1050		V55	55
1009	563	Nuno Gonçalves	00:28:55	00:58:22	00:58:06	1038		V60	41
1010	588	Paula Gonçalves	00:29:09	00:58:22	00:57:16	991		V35	12
1011	713	Dinis Sousa	00:30:56	00:58:24	00:57:24	999	Grupo Desportivo Santander Totta	V70	3
1012	685	Lídia Lopes	00:30:56	00:58:24	00:57:24	998	Grupo Desportivo Santander Totta	V50	7
1013	225	Alexandre Costa	00:28:43	00:58:24	00:58:17	1045		V50	73
1014	724	Rui Sarroeira	00:29:20	00:58:24	00:57:53	1028	Grupo Desportivo Santander Totta	V45	125
1015	1332	Pedro Vieira	00:28:21	00:58:25	00:57:50	1023	Pai e Filho	V35	190
1016	118	Susana Pedro	00:29:35	00:58:25	00:57:28	1004		Senior	36
1017	113	Mário Sanches	00:30:03	00:58:28	00:56:40	973		V35	191
1018	1349	Paulo Cruz	00:30:19	00:58:28	00:57:21	995		V50	74
1019	1546	António Fernandes	00:32:01	00:58:31	00:57:16	992		V50	75
1020	1718	Francisco Carvalho	00:32:13	00:58:34	00:57:41	1016		V35	192



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1021	651	Rita Silva	00:29:32	00:58:35	00:57:50	1022		V35	13
1022	679	Miguel Monteiro	00:28:28	00:58:36	00:58:06	1037		V40	177
1023	684	José Ribeiro	00:29:21	00:58:39	00:58:07	1039	Grupo Desportivo Santander Totta	V65	21
1024	668	Julio Almeida	00:29:23	00:58:41	00:57:20	994		V35	193
1025	308	Bruno Martins	00:28:42	00:58:41	00:58:11	1041	grup.desp.chelas	V35	194
1026	122	Pedro Morais	00:28:15	00:58:42	00:58:37	1066		V40	178
1027	1723	Edgar Serrano	00:30:24	00:58:44	00:57:55	1029		Senior	238
1028	260	João Domingues	00:30:10	00:58:47	00:57:28	1001		V40	179
1029	762	Pedro Figueiras	00:27:40	00:58:47	00:58:24	1056		Junior	9
1030	756	Deolinda Santos	00:29:55	00:58:48	00:57:52	1026		V40	15
1031	391	Alexandre Moita	00:30:39	00:58:48	00:58:05	1034	CLUBE MILLENNIUM BCP	V40	180
1032	643	Filipe Cunha	00:29:36	00:58:48	00:57:46	1020		Senior	239
1033	1634	Bruno Marçal	00:28:23	00:58:49	00:57:44	1019		Senior	240
1034	1455	Gonçalo Delca	00:29:55	00:58:49	00:57:53	1027		V40	181
1035	1605	Jorge Pinto	00:29:40	00:58:49	00:57:51	1024		V35	195
1036	1808	Tito Fernandes	00:29:08	00:58:50	00:58:04	1033		V35	196
1037	1498	Bruno Romão	00:29:39	00:58:50	00:58:19	1049		Senior	241
1038	1285	Maria Jacinto	00:30:51	00:58:53	00:58:20	1051		V45	14
1039	1350	Pedro Fernandes	00:27:58	00:58:53	00:58:18	1047		Senior	242
1040	78	Joaquim Feijoo	00:30:43	00:58:54	00:57:32	1011		V65	22



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1041	1451	Miguel Rações	00:28:28	00:58:55	00:58:37	1067		Senior	243
1042	1867	Antonio Gabriel	00:30:37	00:58:57	00:57:51	1025		V65	23
1043	511	Filipe Franco	00:29:56	00:59:03	00:58:41	1070		V40	182
1044	1189	Filipa Ponciano	00:30:08	00:59:05	00:58:32	1061	Hares with heavy brains	Senior	37
1045	1537	Guilherme	00:29:40	00:59:06	00:58:23	1055		V35	197
1046	95	Susana Ferreira	00:29:59	00:59:07	00:58:07	1040		Senior	38
1047	382	Tiago Santo	00:30:19	00:59:07	00:58:48	1075	CLUBE MILLENNIUM BCP	Senior	244
1048	381	Carlos Santo	00:30:19	00:59:07	00:58:48	1073	CLUBE MILLENNIUM BCP	V55	56
1049	392	Pedro Delgado	00:31:09	00:59:07	00:58:20	1052	CLUBE MILLENNIUM BCP	V45	126
1050	627	João Gaspar	00:29:58	00:59:08	00:58:14	1042		V50	76
1051	440	Mário Lameirão	00:29:51	00:59:12	00:58:50	1077	Casa do Benfica de Algueirão Mem Martins	V65	24
1052	899	Luísa Pintão	00:29:03	00:59:13	00:58:50	1078		V60	1
1053	576	Pedro Xavier	00:31:28	00:59:13	00:58:16	1044	Dupla Inútil	Senior	245
1054	577	Guido Santos	00:31:28	00:59:14	00:58:17	1046	Dupla Inútil	Senior	246
1055	315	Valter Lopes	00:30:37	00:59:15	00:58:01	1031		V35	198
1056	211	Maria Silva	00:29:23	00:59:16	00:58:59	1087		V45	15
1057	923	Francisco Clerigo	00:28:54	00:59:16	00:58:34	1065	SS CGD	V60	42
1058	102	Alcides Paulo	00:30:16	00:59:21	00:58:28	1060		V45	127
1059	917	Luis Castanheta	00:28:37	00:59:21	00:59:12	1096		Senior	247
1060	1481	Graça Santos	00:29:41	00:59:23	00:59:02	1091		V45	16



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1061	1394	Carlos Rola	00:31:04	00:59:23	00:58:05	1036		Senior	248
1062	481	Joel Lutas	00:31:04	00:59:23	00:58:05	1035		Senior	249
1063	286	Leopoldino Marceliono	00:29:41	00:59:24	00:59:18	1098	grup.desp.chelas	V75	2
1064	980	Ricardo Sousa	00:30:12	00:59:24	00:58:47	1072	Casa do Benfica de Algueirão Mem Martins	V40	183
1065	1205	José Abreu	00:30:13	00:59:24	00:58:51	1080	GDCTIN Casa da Moeda	V65	25
1066	1290	Daniel Novais	00:31:09	00:59:26	00:58:22	1053		Senior	250
1067	1294	João Santos	00:30:50	00:59:26	00:58:22	1054		Senior	251
1068	1446	Pedro Santos	00:29:21	00:59:27	00:58:52	1082		Senior	252
1069	1080	Paulo Oliveira	00:29:14	00:59:29	00:58:51	1081	ESMTC	V40	184
1070	1057	Catarina Gomes	00:29:43	00:59:29	00:58:51	1079	CCD Crédito Agrícola Mútuo	Junior	4
1071	221	Pedro D'oliveira	00:29:42	00:59:29	00:58:39	1069		V40	185
1072	1291	Carlos Salgueiro	00:29:20	00:59:33	00:59:01	1088		V45	128
1073	262	Luis Vieira	00:29:55	00:59:37	00:58:58	1086		V40	186
1074	1483	Americo Costa	00:30:15	00:59:37	00:58:33	1064		V55	57
1075	68	Paulo Tainha	00:29:23	00:59:38	00:59:34	1114		V50	77
1076	1625	Rita Joaquim	00:29:02	00:59:38	00:58:58	1085		Senior	39
1077	206	Jorge Lourenço	00:30:01	00:59:39	00:59:04	1092	Hollywood Runners	V35	199
1078	306	Joao Furtado	00:31:00	00:59:40	00:58:56	1084		V40	187
1079	198	Ricardo Barreiro	00:30:35	00:59:45	00:58:26	1057		V35	200
1080	424	Nuno Duarte	00:32:05	00:59:46	00:58:27	1058		V35	201



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1081	1237	Vitor Carvalho	00:29:53	00:59:47	00:59:28	1105	Marriott	V55	58
1082	1174	Ricardo Campos	00:29:15	00:59:47	00:59:28	1104	AFO	V35	202
1083	405	Alexandre Janicas	00:30:22	00:59:48	00:58:38	1068	Correr Lisboa	Senior	253
1084	642	Carmina Rega	00:29:39	00:59:50	00:59:22	1102		V50	8
1085	324	Ricardo Ribeiro	00:29:56	00:59:51	00:58:45	1071		V35	203
1086	20	Antonio Catalino	00:29:26	00:59:52	00:59:32	1112	trio	V45	129
1087	1139	Jose Silva	00:30:59	00:59:52	00:58:48	1074	casa do pessoal do IVA	V65	26
1088	19	Antonio Ribeiro	00:29:26	00:59:52	00:59:31	1107	trio	V50	78
1089	1160	Luis Salvador	00:30:49	00:59:53	00:59:44	1125		V60	43
1090	1064	Pedro Sérgio	00:29:23	00:59:54	00:59:10	1095	CCD Crédito Agrícola Mútuo	V45	130
1091	270	Alberto Cano	00:31:16	00:59:54	00:58:53	1083	Clube Atletismo Amigos de Belém	V60	44
1092	490	Regina Badalo	00:29:42	00:59:56	00:59:41	1122	ADCSABALDIO	V45	17
1093	956	Roberto Arede	00:30:56	00:59:56	00:58:33	1063		V35	204
1094	1836	Nuno Jesus	00:30:21	00:59:57	00:59:25	1103		V35	205
1095	930	Patricia Morais	00:31:07	00:59:57	00:59:21	1101	SS CGD	V35	14
1096	915	Lourenco	00:30:04	00:59:59	00:59:19	1099		V40	188
1097	29	Eduardo Gama	00:31:19	01:00:00	00:58:32	1062		Senior	254
1098	1031	Fernando Guerra	00:29:33	01:00:00	00:59:57	1132		V70	4
1099	1756	António Silvestre	00:28:49	01:00:01	00:59:46	1126	Tabaqueira II SA	V35	206
1100	1809	Joaquim Carreiro	00:28:27	01:00:01	00:59:33	1113		V45	131



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1101	697	Orlando Cunha	00:30:07	01:00:03	00:59:32	1109	Grupo Desportivo Santander Totta	V35	207
1102	128	Mukesh Carsane	00:29:58	01:00:04	00:58:27	1059		V35	208
1103	767	José Martins	00:29:25	01:00:06	00:59:38	1118		V60	45
1104	1898	Sérgio Ramalho	00:30:41	01:00:08	00:59:04	1093		Senior	255
1105	1293	Rui Fernandes	00:28:31	01:00:08	01:00:06	1137		V40	189
1106	913	Rogério Dias	00:29:37	01:00:09	00:59:40	1119	COFACO AÇORES	V40	190
1107	83	Mário Ferreira	00:34:07	01:00:11	00:58:49	1076		V50	79
1108	1716	Mário Pires	00:32:13	01:00:13	00:59:20	1100		V40	191
1109	1563	António Bila	00:31:46	01:00:17	00:59:38	1117	Garmin Olimpico de Oerias	V55	59
1110	89	João Figueiredo	00:31:42	01:00:17	00:59:29	1106		V55	60
1111	1793	Albertino Pinto	00:30:00	01:00:17	01:00:03	1134		V65	27
1112	1628	Marlene Oliveira	00:30:04	01:00:17	00:59:49	1128		V40	16
1113	401	Judite Baixinho	00:30:05	01:00:17	00:59:41	1123		Senior	40
1114	313	Bruno Araujo	00:30:35	01:00:18	00:59:37	1115	araujoteam	V35	209
1115	314	Cristina Araujo	00:30:36	01:00:18	00:59:37	1116	araujoteam	V35	15
1116	1662	Pedro Cavaco	00:31:40	01:00:18	00:59:02	1089	Corredios	Senior	256
1117	1070	Diana Florindo	00:29:55	01:00:18	00:59:47	1127		Senior	41
1118	1646	Milton Premgi	00:29:38	01:00:20	01:00:13	1144		Senior	257
1119	1653	Susana Silva	00:31:52	01:00:23	00:59:02	1090		Senior	42
1120	1603	Hugo Oliveira	00:33:02	01:00:24	00:59:09	1094		V40	192

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1121	1893	Rafael Pina	00:31:42	01:00:24	00:56:47	978		Senior	258
1122	856	Catarina Bastos	00:30:48	01:00:24	00:59:31	1108		Senior	43
1123	1866	José Pedro	00:28:29	01:00:25	01:00:24	1155		Senior	259
1124	849	Joaquim Capucho	00:29:16	01:00:25	01:00:21	1151		V60	46
1125	1776	Adelaide Palma	00:29:01	01:00:26	01:00:21	1150		V40	17
1126	45	Hugo Colaço	00:29:37	01:00:26	01:00:00	1133		V35	210
1127	1217	Dália Leite	00:30:19	01:00:26	01:00:20	1149	CRD ARRUDENSE	V50	9
1128	662	Carla Gaspar	00:30:48	01:00:27	00:59:32	1110		V35	16
1129	754	André Morgado	00:28:58	01:00:34	01:00:13	1143		Senior	260
1130	1717	João Gomes	00:32:13	01:00:34	00:59:41	1121		V40	193
1131	153	Rui Alves	00:31:31	01:00:35	01:00:04	1136	Kangurus de Santo António	V40	194
1132	1071	Luis Neves	00:30:30	01:00:35	00:59:51	1130		Senior	261
1133	1449	David Gomes	00:33:13	01:00:36	00:59:17	1097		Senior	262
1134	30	Eduardo Amorim	00:31:12	01:00:40	00:59:32	1111		V40	195
1135	583	Ricardo Figueiredo	00:30:04	01:00:41	01:00:29	1160		V40	196
1136	1734	Alberto Sousa	00:31:02	01:00:42	01:00:36	1165	CCD PM CASCAIS	V40	197
1137	418	Rui Santos	00:29:31	01:00:44	01:00:29	1161		V45	132
1138	772	Marco Carvalho	00:30:22	01:00:46	00:59:49	1129		V35	211
1139	1667	Maribel Silva	00:30:00	01:00:46	01:00:29	1162		V45	18
1140	984	Valerie Coutinho	00:30:15	01:00:48	00:59:40	1120		V50	10



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1141	35	José Magalhães	00:30:29	01:00:48	01:00:19	1146		Senior	263
1142	1144	Rui Pinheiro	00:31:11	01:00:49	01:00:12	1141		V40	198
1143	721	Rafael Pessoa	00:29:29	01:00:57	01:00:26	1156	Grupo Desportivo Santander Totta	V40	199
1144	478	António Santos	00:30:37	01:01:00	00:59:53	1131	CCDEL Efacec Lisboa	V50	80
1145	1259	Catarina Castro	00:30:52	01:01:01	00:59:42	1124		Senior	44
1146	350	Rosimeire Serafim	00:30:18	01:01:01	01:00:43	1171	CLUBE MILLENNIUM BCP	V45	19
1147	1256	Maria Lopes	00:30:56	01:01:04	01:00:28	1158		V35	17
1148	730	Tiago Veiga	00:29:58	01:01:05	01:00:22	1153	Grupo Desportivo Santander Totta	Senior	264
1149	710	Carina Veiga	00:29:59	01:01:05	01:00:22	1152	Grupo Desportivo Santander Totta	Senior	45
1150	1889	Rúben Santos	00:31:42	01:01:08	01:00:24	1154		V55	61
1151	479	Julio Faria	00:31:41	01:01:08	01:00:12	1142	CCDEL Efacec Lisboa	V45	133
1152	1862	Tito Nascimento	00:33:28	01:01:08	00:55:53	941		Senior	265
1153	932	Rui Oliveira	00:29:47	01:01:09	01:00:58	1185	SS CGD	V45	134
1154	1457	Jorge Lagarto	00:30:37	01:01:09	01:00:09	1139		Senior	266
1155	1405	João Cachinho	00:30:37	01:01:09	01:00:09	1140		Senior	267
1156	567	Ana Hipólito	00:29:42	01:01:10	01:00:55	1180		Senior	46
1157	451	Jorge Modesto	00:29:22	01:01:10	01:00:50	1175		V35	212
1158	1885	Ricardo Sousa	00:30:27	01:01:13	01:00:14	1145		Senior	268
1159	837	Luís Roma	00:31:15	01:01:13	01:00:06	1138		Senior	269
1160	91	Carla Simões	00:30:01	01:01:17	01:01:10	1192	Correr Lisboa	V45	20



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1161	854	José Ferreira	00:30:46	01:01:18	01:00:55	1178		V50	81
1162	722	Rui Martins	00:31:13	01:01:20	01:00:56	1182	Grupo Desportivo Santander Totta	V40	200
1163	1113	José Carlos	00:30:47	01:01:22	01:00:20	1147	Casa do Benfica de Algueirão Mem Martins	V65	28
1164	717	Helder Lopes	00:30:38	01:01:23	01:00:32	1163	Grupo Desportivo Santander Totta	V45	135
1165	195	Pedro Geada	00:31:21	01:01:23	01:00:37	1166		Senior	270
1166	331	Ricardo Ferreira	00:29:18	01:01:24	01:01:05	1190		Senior	271
1167	334	Cátia Couveiro	00:29:18	01:01:24	01:01:05	1189		Senior	47
1168	1619	Mario Magalhaes	00:29:31	01:01:25	01:00:58	1184		V35	213
1169	1788	Bruno Alves	00:33:28	01:01:26	00:56:11	954		Senior	272
1170	649	Jorge Machado	00:31:00	01:01:27	01:00:51	1177		V45	136
1171	646	Susana Simão	00:30:59	01:01:27	01:00:51	1176		Senior	48
1172	423	Mario Pires	00:29:39	01:01:27	01:01:17	1198		V55	62
1173	1741	João Paixão	00:31:43	01:01:29	01:00:48	1174	CCD PM CASCAIS	V60	47
1174	1745	Mário Santos	00:31:43	01:01:29	01:00:47	1172	CCD PM CASCAIS	V40	201
1175	453	Henrique Alves	00:31:26	01:01:29	01:00:38	1169		V50	82
1176	1749	Sara Henriques	00:31:43	01:01:29	01:00:47	1173	CCD PM CASCAIS	V40	18
1177	768	Conceição Peres	00:30:47	01:01:31	01:01:03	1187		V55	2
1178	1596	Diogo Madaleno	00:31:42	01:01:32	01:00:36	1164		V35	214
1179	1698	Carlos Cagica	00:30:00	01:01:33	01:01:12	1193		V45	137
1180	470	Rui Santos	00:31:10	01:01:34	01:00:27	1157		V40	202



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1181	1123	Susana Pinheiro	00:31:11	01:01:34	01:00:57	1183		Senior	49
1182	942	David Afonso	00:30:58	01:01:34	01:00:39	1170	Clube TAP Portugal	V45	138
1183	1302	Maulide Dias	00:32:53	01:01:35	01:00:04	1135		V40	203
1184	1168	Susana Mendes	00:30:19	01:01:35	01:01:25	1205	NúcleOeiras/Sportzone	V40	19
1185	1602	Rui Pereira	00:30:27	01:01:37	01:00:59	1186	Falcões Selvagens	V40	204
1186	1333	Pedro Guilherme	00:31:24	01:01:38	01:01:23	1203	Xaxas United	V40	205
1187	835	Cristina Póvoa	00:31:07	01:01:39	01:00:28	1159		Senior	50
1188	1334	Pedro Dias	00:31:24	01:01:39	01:01:24	1204	Xaxas United	V40	206
1189	172	Marta Quina	00:30:47	01:01:40	01:01:09	1191		V40	20
1190	261	Isabel Martinez	00:30:50	01:01:41	01:00:55	1179		V40	21
1191	1827	Marco Baptista	00:33:28	01:01:42	00:56:27	965		V35	215
1192	1190	Joana Lopes	00:30:45	01:01:47	01:01:13	1195	Hares with heavy brains	Senior	51
1193	1074	João Oliveira	00:29:59	01:01:48	01:01:40	1211		V45	139
1194	403	José Monteiro	00:29:54	01:01:53	01:01:34	1208		V55	63
1195	1828	David Rodriguez	00:32:08	01:01:54	01:00:20	1148		Senior	273
1196	246	Catarina Falcão	00:32:24	01:01:57	01:00:38	1167	Westphalenfalcão	Senior	52
1197	245	Mario Westphalen	00:32:25	01:01:57	01:00:38	1168	Westphalenfalcão	Senior	274
1198	951	António Lopes	00:30:49	01:01:58	01:01:05	1188		V35	216
1199	1510	Laetitia Martins	00:30:44	01:01:59	01:01:36	1209		Senior	53
1200	1048	José Branco	00:32:18	01:02:08	01:00:55	1181		V35	217



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1201	1790	Lídia Menezes	00:31:57	01:02:10	01:01:14	1197	EUROATLANTIC AIRWAYS	Senior	54
1202	1297	Nuno Marques	00:30:16	01:02:11	01:01:27	1206		V45	140
1203	474	Ricardo Sousa	00:31:41	01:02:15	01:01:20	1202	CCDEL Efacec Lisboa	V35	218
1204	1651	Fernando Torres	00:31:42	01:02:16	01:01:18	1199		V50	83
1205	763	João Figueiras	00:33:19	01:02:18	01:01:55	1222		V45	141
1206	1843	Luis Encarnação	00:30:53	01:02:19	01:01:54	1220	Clube ANA	V40	207
1207	1407	Fernando Ferreira	00:30:43	01:02:19	01:01:19	1201	Casa do Benfica de Algueirão Mem Martins	V75	3
1208	1910	Ricardo Moreira	00:31:58	01:02:25	01:01:13	1196		Senior	275
1209	1164	Atsuko Kibe	00:32:08	01:02:29	01:01:37	1210	OMOTENASHI	Senior	55
1210	1847	Sabrina Serra	00:33:27	01:02:30	01:01:18	1200		Senior	56
1211	1615	Diogo Carvalho	00:30:54	01:02:30	01:01:57	1223		Senior	276
1212	531	Joao Moreira	00:32:15	01:02:31	01:01:48	1214		V40	208
1213	444	Tiago Cabral	00:32:04	01:02:31	01:01:12	1194		V35	219
1214	230	Julia Conceição	00:31:48	01:02:32	01:01:31	1207	Happy Runners	V40	22
1215	591	João Reforço	00:32:38	01:02:33	01:01:52	1218		Senior	277
1216	1088	Célia Francisco	00:33:01	01:02:33	01:01:45	1212	Metralhas	V40	23
1217	950	Miguel Banha	00:30:54	01:02:36	01:01:51	1217		V40	209
1218	188	Fernando Mateus	00:32:30	01:02:39	01:01:50	1216		V40	210
1219	1167	Hiroo Iijima	00:31:04	01:02:41	01:01:48	1215	OMOTENASHI	Senior	278
1220	1198	Jose Dias	00:30:44	01:02:42	01:02:25	1239	brandoa corre	V50	84



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1221	1197	Jose Piedade	00:30:44	01:02:42	01:02:27	1243	brandoa corre	V50	85
1222	1001	Liliana Vieira	00:31:08	01:02:43	01:02:00	1224		Senior	57
1223	370	Fernando Lemos	00:39:05	01:02:45	01:02:37	1247	CLUBE MILLENNIUM BCP	V60	48
1224	1523	Generosa Faustino	00:45:20	01:02:48	01:02:31	1246		V55	3
1225	867	Pedro Graca	00:31:36	01:02:52	01:02:16	1228		V35	220
1226	1118	Patrícia Pedro	00:33:23	01:02:54	01:01:52	1219	Casa do Benfica de Algueirão Mem Martins	V45	21
1227	887	Elina Matonse	00:30:26	01:02:55	01:02:27	1241		Senior	58
1228	265	Ricardo Preguiça	00:30:06	01:02:55	01:02:29	1244		Senior	279
1229	689	Luis Silva	00:31:44	01:02:55	01:01:54	1221	Grupo Desportivo Santander Totta	V70	5
1230	910	Ricardo Figueira	00:30:47	01:02:56	01:02:27	1242	COFACO AÇORES	V35	221
1231	428	Sara Lopes	00:31:32	01:02:57	01:02:24	1237		Senior	59
1232	1299	Rui Araújo	00:31:34	01:02:57	01:02:24	1238		Senior	280
1233	187	José Barreiros	00:31:36	01:03:00	01:01:45	1213		V40	211
1234	1224	Susana Malheiro	00:31:00	01:03:01	01:02:26	1240		Senior	60
1235	1002	Fernando Duarte	00:31:48	01:03:02	01:02:15	1227	FAMDNCC	V40	212
1236	944	Mário Pinho	00:33:31	01:03:02	01:02:06	1225		Senior	281
1237	1083	Afonso Salreta	00:32:59	01:03:02	01:02:19	1229	ESMTC	Senior	282
1238	825	Abdul Raichande	00:25:56	01:03:03	01:02:54	1258		V45	142
1239	1583	Jose Andre	00:31:34	01:03:05	01:02:53	1255	APOGMA	V55	64
1240	52	Carlos Lavrador	00:30:46	01:03:06	01:02:54	1256	run4fun	V45	143



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1241	1686	Maria Almeida	00:30:56	01:03:06	01:02:20	1230		V35	18
1242	1582	João Quitalo	00:31:35	01:03:06	01:02:53	1254	APOGMA	V60	49
1243	448	Sofia Guilhoto	00:30:59	01:03:11	01:02:52	1253		V35	19
1244	53	Cristina Lavrador	00:30:52	01:03:14	01:03:02	1265	run4fun	V45	22
1245	985	Luís Raposo	00:32:29	01:03:18	01:02:20	1232		V40	213
1246	1003	Nelito Calixto	00:31:51	01:03:18	01:02:15	1226	FAMDNCC	Senior	283
1247	569	Márcio Lourenço	00:31:18	01:03:18	01:02:29	1245		V35	222
1248	98	Carlos Sepulveda	00:32:29	01:03:18	01:02:20	1231		V40	214
1249	1521	Elisa Ferreira	00:45:21	01:03:19	01:03:02	1266		V45	23
1250	1143	Ricardo Caldeira	00:31:09	01:03:25	01:02:23	1235	casa do pessoal do IVA	V35	223
1251	1794	Alvaro Eca	00:29:57	01:03:26	01:02:52	1252		Senior	284
1252	940	João Vasconcelos	00:30:58	01:03:28	01:03:00	1263	Clube TAP Portugal	V50	86
1253	1501	Antero Teixeira	00:30:46	01:03:30	01:03:07	1267		V35	224
1254	1227	Eduarda Paiva	00:33:55	01:03:32	01:02:21	1233	Clube do Stress	V50	11
1255	1226	Carlos Paiva	00:33:56	01:03:36	01:02:23	1236	Clube do Stress	V50	87
1256	136	António Paulino	00:33:56	01:03:36	01:02:22	1234	Clube do Stress	V60	50
1257	875	Elisabete Pinhel	00:31:51	01:03:48	01:03:14	1268		V40	24
1258	1035	Jorge Miranda	00:31:50	01:03:48	01:03:16	1269		V40	215
1259	54	Cesar Guerra	00:31:38	01:03:52	01:02:55	1261	CTJI	V45	144
1260	55	Maria Rodrigues	00:37:51	01:03:52	01:02:55	1262	CTJI	V55	4



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1261	1488	Diana Lopes	00:32:33	01:03:54	01:03:28	1276		Senior	61
1262	1027	Lourenço Azevedo	00:31:44	01:03:55	01:03:17	1271	Asas nos Pés	V35	225
1263	1395	Fernando Aragão	00:32:20	01:03:59	01:02:46	1249	Os Corredores	V50	88
1264	1202	António Nascimento	00:32:13	01:04:01	01:03:29	1277	GDCTIN Casa da Moeda	V70	6
1265	1266	Nuno Santos	00:31:45	01:04:02	01:02:55	1260	Trolemom	Senior	285
1266	228	Fátima Branco	00:32:07	01:04:03	01:03:01	1264	Happy Runners	V40	25
1267	1396	Sabine Aragão	00:32:34	01:04:04	01:02:50	1250	Os Corredores	V50	12
1268	1643	Pedro Silva	00:31:17	01:04:05	01:03:23	1272		V45	145
1269	170	Rui Henriques	00:32:23	01:04:05	01:02:54	1257		Senior	286
1270	1448	Diogo Leitão	00:32:18	01:04:08	01:02:51	1251		Senior	287
1271	574	Ricardo Martins	00:31:39	01:04:15	01:03:36	1280		V35	226
1272	506	Manuel Magalhães	00:32:32	01:04:16	01:03:28	1275	AMIGOS PARA SEMPRE	V70	7
1273	1530	Carlos Crespo	00:33:27	01:04:16	01:02:55	1259		V50	89
1274	536	Rosa Gameiro	00:31:31	01:04:19	01:03:54	1290		V40	26
1275	1142	Jose Reis	00:34:35	01:04:20	01:03:16	1270	casa do pessoal do IVA	V60	51
1276	1824	Vasco Valagão	00:31:00	01:04:21	01:04:11	1295		Senior	288
1277	1805	Patrícia Fernandes	00:32:34	01:04:26	01:03:23	1273	Salvaterra Night Runners	V35	20
1278	397	Carlos Tome	00:31:53	01:04:28	01:03:38	1282	CLUBE MILLENNIUM BCP	V60	52
1279	532	Luis Silva	00:34:05	01:04:31	01:03:26	1274		V35	227
1280	362	Rodolfo Lima	00:32:22	01:04:38	01:03:39	1283	CLUBE MILLENNIUM BCP	V45	146



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1281	669	Rafael Lopez	00:31:54	01:04:41	01:03:42	1285		V35	228
1282	1775	Julia Almeida	00:31:55	01:04:42	01:03:44	1288		V50	13
1283	1761	Alexandre Gomes	00:31:53	01:04:42	01:03:44	1287	Dream Team / Solar dos Presuntos	V45	147
1284	1763	Julieta Andrade	00:31:55	01:04:42	01:03:42	1286	Dream Team / Solar dos Presuntos	V35	21
1285	1769	Pedro Simões	00:34:25	01:04:42	01:04:04	1293		V35	229
1286	934	Rui Santos	00:32:45	01:04:47	01:03:37	1281	SS CGD	V45	148
1287	1389	Delia Afonso	00:31:43	01:04:48	01:03:40	1284		V45	24
1288	801	Margarida Correia	00:31:39	01:04:51	01:04:29	1307		Senior	62
1289	803	Sofia Gomes	00:26:40	01:04:52	01:03:33	1279		V35	22
1290	805	Ana Ramos	00:26:40	01:04:52	01:03:33	1278		V55	5
1291	1807	Maria Bento	00:30:20	01:04:54	01:04:53	1324	Grupo Recreativo e Desportivo da Ribeira Lage	V55	6
1292	693	Paula Figueiredo	00:30:49	01:04:55	01:04:38	1312	Grupo Desportivo Santander Totta	V55	65
1293	404	Mariana Silva	00:32:24	01:04:55	01:03:45	1289		Senior	63
1294	606	Cecília Nicolau	00:32:46	01:04:55	01:04:31	1310	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SA	V45	25
1295	1330	Vitor Salvador	00:32:46	01:04:55	01:04:31	1311	Grupo Desportivo Santander Totta	Senior	289
1296	1850	Luís Vaz	00:31:15	01:04:57	01:04:40	1314		Senior	290
1297	597	Pedro Pinto	00:32:47	01:04:57	01:04:19	1297	OS PINTOS	V55	66
1298	1789	Dhiren Savchande	00:32:14	01:05:00	01:04:04	1292	EUROATLANTIC AIRWAYS	Senior	291
1299	131	António Faria	00:32:35	01:05:01	01:04:08	1294		V55	67
1300	1376	Miguel Ribeiro	00:29:57	01:05:02	01:04:13	1296		V40	216



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1301	69	Joanadarc Chouriço	00:31:29	01:05:04	01:04:52	1323		V50	14
1302	814	João Barbosa	00:33:54	01:05:07	01:04:00	1291	CCDTMETROLX	V50	90
1303	364	Miguel Carvalho	00:31:36	01:05:10	01:05:01	1328	CLUBE MILLENNIUM BCP	Junior	10
1304	613	Carina Condeço	00:32:42	01:05:11	01:04:30	1309		Senior	64
1305	596	Tiago Nascimento	00:32:42	01:05:11	01:04:29	1306		V35	230
1306	773	Claudia Lopes	00:32:13	01:05:14	01:04:47	1319		V40	27
1307	1203	Graciete Baptista	00:32:13	01:05:14	01:04:41	1315	GDCTIN Casa da Moeda	V45	26
1308	946	Ana Alpalhão	00:33:57	01:05:18	01:04:30	1308		V40	217
1309	1798	Diogo Paisana	00:31:57	01:05:18	01:04:42	1316		Senior	292
1310	1375	José Alípio	00:30:19	01:05:20	01:05:20	1344		V55	68
1311	154	Mafalda Araújo	00:32:14	01:05:21	01:04:50	1321	Kangurus de Santo António	V35	23
1312	1140	Ludgero Caldeira	00:34:34	01:05:26	01:04:21	1298	casa do pessoal do IVA	V65	29
1313	335	António Santos	00:32:15	01:05:27	01:04:45	1318	BaiaSantos	Senior	293
1314	1630	Anabela Pacheco	00:33:11	01:05:30	01:04:25	1304	NOVOS TRILHOS	V40	28
1315	639	Ana Sousa	00:34:26	01:05:33	01:04:39	1313		V35	24
1316	924	Henrique Gonçalves	00:33:02	01:05:33	01:04:54	1325	SS CGD	V45	149
1317	897	Miguel Peres	00:31:06	01:05:34	01:04:50	1322		V40	218
1318	1253	Ricardo Gaspar	00:30:56	01:05:35	01:05:03	1332		V60	53
1319	81	Antonio Gomes	00:32:43	01:05:36	01:04:25	1305		V50	91
1320	919	Ana Azevedo	00:32:19	01:05:36	01:04:57	1327	SS CGD	V35	25



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1321	134	Ana Paulino	00:34:04	01:05:38	01:04:24	1303	Clube do Stress	V60	2
1322	1503	Fernando Rodrigues	00:32:49	01:05:39	01:04:22	1300		V35	231
1323	1729	Rodrigo Rodrigues	00:32:51	01:05:39	01:04:21	1299		Senior	294
1324	437	Luis Teixeira	00:35:16	01:05:39	01:04:23	1301	Séniore	Senior	295
1325	494	Gonçalo Grade	00:35:17	01:05:39	01:04:23	1302	Séniore	Senior	296
1326	1846	Abel Girão	00:30:53	01:05:46	01:05:21	1346	Clube ANA	V35	232
1327	590	Carla Martiniano	00:32:39	01:05:49	01:05:07	1336		Senior	65
1328	1251	David Caldeira	00:31:33	01:05:50	01:05:10	1337		V35	233
1329	1252	Antonio Caldeira	00:31:33	01:05:50	01:05:10	1339		V60	54
1330	701	Alexandre Cantiga	00:33:01	01:05:50	01:05:10	1338	Grupo Desportivo Santander Totta	V35	234
1331	727	Sheila Cantiga	00:33:01	01:05:50	01:05:11	1341	Grupo Desportivo Santander Totta	V35	26
1332	1529	Jesuina Correia	00:32:07	01:05:51	01:04:55	1326		V50	15
1333	1713	Cristina Alonso	00:33:11	01:05:53	01:05:17	1343		V40	29
1334	395	Tiago Mendes	00:32:07	01:05:54	01:05:29	1350	CLUBE MILLENNIUM BCP	V40	219
1335	168	Dipech Guiga	00:31:24	01:05:56	01:05:48	1358		V35	235
1336	1810	Vanessa Hillebrand	00:33:19	01:05:56	01:05:05	1333		V35	27
1337	1730	Luís Ribeiro	00:33:23	01:05:56	01:05:06	1334		Senior	297
1338	1540	Reinaldo Mateus	00:32:43	01:05:56	01:05:24	1348		V50	92
1339	1708	Ana Silva	00:33:53	01:05:58	01:04:48	1320	Trolemom	Senior	66
1340	44	Isabel Monteiro	00:32:45	01:05:58	01:05:06	1335		Senior	67



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1341	1131	Paulo Barracho	00:33:33	01:05:58	01:04:44	1317		V45	150
1342	106	Alexandra Pires	00:32:22	01:05:58	01:05:34	1351	Aero Runners	V45	27
1343	1377	Susana Ribeiro	00:34:04	01:05:59	01:05:10	1340		V35	28
1344	1522	António Ferreira	00:32:08	01:06:06	01:05:53	1360		V50	93
1345	848	Diogo Ribeiro	00:32:32	01:06:08	01:05:20	1345		Senior	298
1346	464	Maria Quitéria	00:34:14	01:06:11	01:05:03	1331		V40	30
1347	1509	Jorge Silva	00:32:35	01:06:11	01:05:47	1357		Senior	299
1348	290	Abilio Marcus	00:33:37	01:06:15	01:06:10	1368	grup.desp.chelas	V45	151
1349	1683	Tomé Santos	00:32:56	01:06:16	01:05:01	1330		Senior	300
1350	1079	João Vaz	00:32:08	01:06:18	01:05:42	1355	Falcões Selvagens	V35	236
1351	452	Nuno Vaz	00:44:53	01:06:18	00:42:24	98	Falcões Selvagens	Senior	301
1352	1268	Lourenco Rodrigues	00:33:53	01:06:22	01:05:13	1342	Trolemom	Senior	302
1353	1346	Nuno Flora	00:33:36	01:06:22	01:05:01	1329	Flora	Senior	303
1354	1764	Fernando Almeida	00:32:32	01:06:25	01:05:54	1361	Dream Team / Solar dos Presuntos	V35	237
1355	1220	Francisco Santos	00:33:06	01:06:27	01:05:27	1349		V55	69
1356	413	Eduardo Pestana	00:34:31	01:06:28	01:05:24	1347	Kaninos	Senior	304
1357	1125	Rute Alvaro	00:31:56	01:06:33	01:06:17	1372	Guerreiros do Rio	Senior	68
1358	798	João Grilo	00:30:49	01:06:36	01:06:06	1366		V50	94
1359	1661	Rosalia Jacinto	00:31:59	01:06:36	01:06:32	1375		Senior	69
1360	1104	Manuel Francisco	00:32:35	01:06:41	01:06:16	1370	S.R do Camarnal	V55	70



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1361	1141	Fernando Santos	00:34:35	01:06:42	01:05:40	1354	casa do pessoal do IVA	V65	30
1362	735	João Calado	00:30:23	01:06:51	01:06:14	1369	NO LIMITS	Junior	11
1363	101	Paula Cunha	00:34:05	01:06:54	01:06:00	1363		V35	29
1364	1597	Antonio Rodrigues	00:31:35	01:06:58	01:05:45	1356		V35	238
1365	1085	Ana Alves	00:33:00	01:07:02	01:06:16	1371	ESMTC	V35	30
1366	1689	Alexandra Gonçalves	00:34:42	01:07:03	01:06:06	1364		V40	31
1367	966	Tiago Almeida	00:34:33	01:07:04	01:05:39	1352		Senior	305
1368	969	Micaela Reis	00:34:33	01:07:04	01:05:39	1353		Senior	70
1369	1773	Carlos Ferreirinho	00:32:04	01:07:08	01:05:52	1359		V35	239
1370	777	Pedro Pereira	00:34:06	01:07:09	01:07:08	1384		V35	240
1371	920	Anabela Esteves	00:33:34	01:07:11	01:06:30	1374	SS CGD	V50	16
1372	945	João Pinho	00:33:47	01:07:16	01:06:19	1373		Senior	306
1373	812	Fernando Fernandes	00:33:54	01:07:16	01:06:10	1367	CCDTMETROLX	V60	55
1374	425	Ines Diogo	00:34:26	01:07:17	01:05:58	1362		V35	31
1375	752	João Ribeiro	00:31:23	01:07:17	01:07:10	1387		V45	152
1376	769	Célia Macieira	00:33:42	01:07:17	01:06:50	1382		V40	32
1377	770	Pedro Machado	00:33:41	01:07:18	01:06:50	1381		V45	153
1378	1833	João Lima	00:31:57	01:07:18	01:06:06	1365		V35	241
1379	640	Carlos Teixeira	00:31:35	01:07:42	01:06:54	1383		V40	220
1380	978	Luisa Palminhas	00:33:24	01:07:44	01:06:42	1378	Casa do Benfica de Algueirão Mem Martins	V45	28



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1381	462	Artur Dinis	00:34:34	01:07:51	01:06:45	1380		V55	71
1382	463	Paula Couto	00:34:34	01:07:51	01:06:44	1379		V50	17
1383	1469	José Barata	00:33:59	01:07:52	01:07:21	1389		V75	4
1384	1796	Marta Carreira	00:34:14	01:07:55	01:06:41	1377		V35	32
1385	1782	João Fontes	00:34:14	01:07:55	01:06:40	1376		V35	242
1386	716	Herlander Braz	00:32:36	01:07:58	01:07:38	1393	Grupo Desportivo Santander Totta	V50	95
1387	949	António Silva	00:32:19	01:07:59	01:07:14	1388		V60	56
1388	830	Nuno Carvalho	00:31:29	01:08:04	01:07:58	1399	Os Pé Ligeiro...	V35	243
1389	664	Francisco Batalha	00:35:09	01:08:04	01:07:09	1385		Junior	12
1390	667	João Batalha	00:35:09	01:08:05	01:07:10	1386		V45	154
1391	858	Maria Lima	00:32:08	01:08:08	01:07:51	1396	nós e os outros	V55	7
1392	180	Pedro Henriques	00:33:24	01:08:18	01:07:31	1391		V40	221
1393	1051	Sandra Campos	00:32:49	01:08:20	01:08:04	1402		V35	33
1394	1086	Bruno Conceição	00:33:19	01:08:25	01:07:39	1394	ESMTC	V35	244
1395	1089	Paula Neto	00:33:02	01:08:32	01:07:45	1395	Metralhas	V45	29
1396	473	Manuel Gomes	00:33:22	01:08:46	01:08:36	1417	CCDEL Efacec Lisboa	V65	31
1397	1709	Carlos Henriques	00:34:17	01:08:46	01:07:57	1398		Senior	307
1398	1100	João Carvalho	00:34:22	01:08:46	01:07:22	1390	MEGASIS	Senior	308
1399	843	Helena Leitão	00:33:43	01:08:47	01:08:22	1409		V55	8
1400	1770	Milene Batista	00:34:25	01:08:48	01:08:11	1406		Senior	71



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1401	1690	Jose Costa	00:35:15	01:08:54	01:07:32	1392		V50	96
1402	190	Helena Mendo	00:34:21	01:09:02	01:08:09	1403		V45	30
1403	189	Fernando Basto	00:34:21	01:09:02	01:08:09	1404		V45	155
1404	203	Antonio Guerra	00:32:14	01:09:09	01:07:58	1400		V55	72
1405	1166	Kenichi Harada	00:34:03	01:09:10	01:08:18	1407	OMOTENASHI	V40	222
1406	611	Vanda Martins	00:34:44	01:09:12	01:08:31	1414		V35	34
1407	1030	Helena Guerra	00:33:45	01:09:13	01:09:11	1427		V70	2
1408	33	Carlos Vieira	00:34:27	01:09:14	01:08:11	1405		V45	156
1409	1797	Elsa Piçarra	00:34:25	01:09:18	01:08:41	1419		Senior	72
1410	1781	Manuela Fontes	00:34:36	01:09:18	01:08:03	1401		V40	33
1411	715	Fábio Dias	00:34:39	01:09:21	01:09:12	1429	Grupo Desportivo Santander Totta	V40	223
1412	114	João Sousa	00:35:58	01:09:21	01:08:28	1413		V40	224
1413	614	David Branco	00:37:32	01:09:24	01:02:41	1248		Senior	309
1414	1122	Eunice Torres	00:34:11	01:09:30	01:09:00	1423	Kangurus de Santo António	Senior	73
1415	1270	Alexandre Faria	00:38:30	01:09:30	01:08:22	1408		V55	73
1416	1474	Ana Rebelo	00:35:57	01:09:32	01:08:27	1412		Senior	74
1417	1473	Paulo Alves	00:34:28	01:09:33	01:08:27	1411		V35	245
1418	696	Nuno Carvalho	00:34:52	01:09:34	01:08:54	1421	Grupo Desportivo Santander Totta	V35	246
1419	813	Gualdino Freire	00:35:10	01:09:34	01:08:25	1410	CCDTMETROLX	V65	32
1420	1362	Catarina Morgado	00:34:53	01:09:34	01:08:55	1422	CLUBE COLABORADORES AXA	V35	35



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1421	817	Orlando Sousa	00:34:19	01:09:37	01:08:31	1415	CCDTMETROLX	V50	97
1422	880	José Pires	00:33:45	01:09:38	01:08:32	1416	CCDTMETROLX	V75	5
1423	758	Carla Leitão	00:34:10	01:09:38	01:09:30	1435		V45	31
1424	1799	Cristina Igreja	00:33:15	01:09:38	01:09:03	1425		Senior	75
1425	1058	Lino Gomes	00:33:26	01:09:47	01:08:39	1418	CCD Crédito Agrícola Mútuo	V50	98
1426	294	Fernando Paulo	00:34:52	01:09:50	01:09:29	1434	grup.desp.chelas	V60	57
1427	296	Cecilia Tavares	00:34:51	01:09:50	01:09:34	1438	grup.desp.chelas	V45	32
1428	1754	Luis Marques	00:34:25	01:09:50	01:09:33	1436	Tabaqueira II SA	V50	99
1429	87	Pritesh Manilal	00:33:13	01:09:53	01:09:47	1443		V35	247
1430	86	Rui Videira	00:35:11	01:09:57	01:09:05	1426		V35	248
1431	344	Filipa Henriques	00:35:11	01:09:58	01:09:39	1440		Senior	76
1432	520	Célia Catarino	00:36:14	01:10:03	01:09:34	1437		V45	33
1433	319	Joana Heitor	00:34:46	01:10:11	01:09:03	1424		Senior	77
1434	1467	Helder Silvério	00:37:06	01:10:13	01:08:49	1420		V40	225
1435	584	Sílvia Teixeira	00:34:56	01:10:13	01:09:41	1441		Senior	78
1436	238	Sandra Batista	00:34:51	01:10:16	01:10:09	1449		V40	34
1437	257	Ricardo Baptista	00:34:51	01:10:17	01:10:03	1447		V35	249
1438	927	Manuel Brás	00:35:14	01:10:23	01:09:37	1439	SS CGD	V45	157
1439	895	Antonio Martins	00:34:41	01:10:24	01:10:03	1448		V55	74
1440	34	José Agapito	00:36:11	01:10:27	01:09:25	1432		V35	250



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1441	426	Sandra Campaniço	00:36:11	01:10:27	01:09:25	1433		Senior	79
1442	1470	Rita Viegas	00:37:05	01:10:29	01:09:11	1428		Senior	80
1443	1869	Francisco Mouchinho	00:35:11	01:10:30	01:10:12	1450	ACADEMIA DO LUMIAR	V65	33
1444	1040	Rute Casimiro	00:35:12	01:10:33	01:09:55	1445		V35	36
1445	1728	Emanuel Carvalho	00:35:15	01:10:36	01:09:20	1430		Senior	310
1446	1726	Mirene Oliveira	00:35:16	01:10:37	01:09:21	1431		Senior	81
1447	692	Maria Gertrudes	00:35:26	01:10:38	01:10:31	1457	Grupo Desportivo Santander Totta	V65	1
1448	489	Antonio Moura	00:33:50	01:10:41	01:10:40	1463		V55	75
1449	25	Ana Bernardo	00:35:29	01:10:45	01:10:18	1453		Senior	82
1450	1766	Sandra Gaspar	00:35:40	01:10:45	01:10:13	1451		V35	37
1451	1555	Lúcia Cavaleiro	00:35:28	01:10:45	01:10:19	1454		V35	38
1452	522	Carlos Pedro	00:33:24	01:10:45	01:10:33	1458		V65	34
1453	312	Daniela Tavares	00:46:40	01:10:47	01:10:37	1459	grup.desp.chelas	V35	39
1454	824	Cristina Açucena	00:46:40	01:10:47	01:10:38	1460		V40	35
1455	1767	Hugo Gaspar	00:35:40	01:10:49	01:10:16	1452		V35	251
1456	663	Susana Fontes	00:35:17	01:10:56	01:09:51	1444		V35	40
1457	237	Maria Cesário	00:34:13	01:10:57	01:10:50	1468		V45	34
1458	1096	Luis Carmo	00:34:40	01:11:11	01:10:46	1466		V40	226
1459	1663	Cátia Milheiro	00:35:56	01:11:19	01:10:03	1446	Corredios	Senior	83
1460	231	Angela Fernandes	00:35:32	01:11:22	01:10:20	1456	Happy Runners	V40	36



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1461	529	Carla Ribeiro	00:35:32	01:11:22	01:10:20	1455		V40	37
1462	441	António Marques	00:35:03	01:11:30	01:11:28	1476		V65	35
1463	1560	Tiago Coelho	00:35:04	01:11:35	01:10:43	1464		Senior	311
1464	1491	João Lucas	00:35:05	01:11:35	01:10:43	1465		Senior	312
1465	1665	Isabel Beja	00:36:15	01:11:41	01:11:04	1472		V45	35
1466	387	Joaquim Araujo	00:36:48	01:11:44	01:11:19	1475	CLUBE MILLENNIUM BCP	V45	158
1467	1887	Cátia Anastácio	00:35:58	01:11:47	01:11:12	1474		Senior	84
1468	1512	Maria Cunha	00:35:53	01:11:47	01:10:59	1470		Senior	85
1469	1505	Maria Andrade	00:35:53	01:11:47	01:10:59	1471		V50	18
1470	1153	Jorge Dionísio	00:34:45	01:11:49	01:11:45	1483		Senior	313
1471	1076	Annalisa Costa	00:36:59	01:11:51	01:10:39	1462		Senior	86
1472	1012	Diana Santos	00:37:45	01:11:51	01:10:39	1461		Senior	87
1473	975	João Correia	00:34:57	01:11:52	01:11:30	1479	Casa do Benfica de Algueirão Mem Martins	V60	58
1474	253	Sandra Paulos	00:36:24	01:12:07	01:10:49	1467		V35	41
1475	598	Elisabete Pinto	00:35:18	01:12:17	01:11:38	1482	OS PINTOS	V55	9
1476	263	Fernando Mendes	00:35:00	01:12:18	01:10:54	1469		V45	159
1477	1865	André Figueiredo	00:38:47	01:12:21	01:11:35	1480		V35	252
1478	518	Tania Dimas	00:36:14	01:12:24	01:11:55	1487		V40	38
1479	1355	Sónia Santos	00:37:57	01:12:25	01:09:43	1442		V35	42
1480	361	Ana Silvestre	00:54:47	01:12:30	01:11:54	1486	CLUBE MILLENNIUM BCP	V40	39



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1481	1506	André Cruz	00:36:56	01:12:30	01:11:11	1473		V35	253
1482	1102	Nuno Contramestre	00:36:09	01:12:30	01:11:36	1481		V40	227
1483	728	Solange Figueira	00:36:00	01:12:32	01:11:53	1484	Grupo Desportivo Santander Totta	V35	43
1484	1368	Vanda Sequeira	00:36:00	01:12:32	01:11:53	1485	CLUBE COLABORADORES AXA	V40	40
1485	258	Nuno Grandão	00:37:00	01:12:37	01:07:54	1397		V40	228
1486	1228	Luis Marques	00:36:30	01:12:44	01:11:30	1477	Clube do Stress	V40	229
1487	1225	Rui Lucena	00:36:30	01:12:44	01:11:30	1478	Clube do Stress	V40	230
1488	1758	Ruben Bahamonde	00:35:25	01:13:09	01:12:10	1489	equipa hermes	Senior	314
1489	1759	Luisa Freitas	00:35:25	01:13:09	01:12:09	1488	equipa hermes	Senior	88
1490	1731	Mariana Queiroz	00:35:15	01:13:10	01:12:55	1498		Junior	5
1491	1732	Joao Queiroz	00:35:15	01:13:10	01:12:55	1497		V40	231
1492	1886	José Pereira	00:35:52	01:13:24	01:12:30	1496		V50	100
1493	1791	Mafalda Pereira	00:35:54	01:13:24	01:12:30	1495	EUROATLANTIC AIRWAYS	Senior	89
1494	665	Marco Costa	00:38:33	01:13:31	01:12:11	1490		Senior	315
1495	1829	Hermínia Saraiva	00:36:51	01:13:37	01:12:25	1491		V40	41
1496	1638	Inês Cândido	00:36:51	01:13:38	01:12:25	1492		Senior	90
1497	1500	Ulisses Lacmane	00:38:55	01:13:43	01:13:40	1505		V40	232
1498	148	Luis Casaca	00:34:23	01:13:50	01:12:28	1493		V40	233
1499	1185	Fernando Rodrigues	00:37:55	01:13:55	01:13:26	1502		V70	8
1500	193	Paulo Amorim	00:35:32	01:13:59	01:13:49	1506		V35	254



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1501	1875	Maria Santos	00:44:16	01:14:03	01:13:51	1508		V40	42
1502	408	Vânia Gomes	00:44:15	01:14:04	01:13:50	1507	Correr Lisboa	Senior	91
1503	421	Claudia Tam	00:38:06	01:14:15	01:13:20	1500	Açoreana Clube Banif	Senior	92
1504	420	Roshni Savchande	00:38:05	01:14:15	01:13:21	1501		Senior	93
1505	996	Daniela Teixeira	00:51:45	01:14:18	01:12:55	1499	REGUILAS-S.L.B	Junior	6
1506	1081	Mafalda Cardoso	00:36:20	01:14:19	01:13:32	1504	ESMTC	V35	44
1507	1055	Cândida Esteves	00:36:56	01:14:34	01:13:26	1503	CCD Crédito Agrícola Mútuo	V40	43
1508	1876	João Patrocinio	00:35:56	01:14:55	01:14:38	1515		V45	160
1509	1858	Catarina Almeida	00:35:56	01:14:55	01:14:39	1516		Senior	94
1510	791	Joana Sobral	00:36:55	01:14:58	01:14:09	1510		V45	36
1511	229	Isabel Fernandes	00:37:01	01:14:58	01:13:55	1509	Happy Runners	V40	44
1512	1618	Maja Magalhaes	00:37:22	01:15:10	01:14:43	1518		Senior	95
1513	1589	Paula Santos	00:36:57	01:15:24	01:14:59	1522		V50	19
1514	375	Guilhermina Gomes	00:37:03	01:15:36	01:15:23	1526	CLUBE MILLENNIUM BCP	V60	3
1515	1358	João Leite	00:37:46	01:15:39	01:14:32	1512		Senior	316
1516	1357	Margarida Parente	00:37:47	01:15:39	01:14:32	1513		Senior	96
1517	1208	Miguel Fraga	00:37:24	01:15:41	01:14:56	1521	GDCTIN Casa da Moeda	V40	234
1518	834	Patricia Paulo	00:37:19	01:15:47	01:14:37	1514		V35	45
1519	443	Ana Ceitil	00:36:57	01:15:50	01:14:31	1511		V35	46
1520	987	Filipa Figueiredo	00:38:47	01:15:56	01:15:09	1523		V40	45



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1521	79	Mario Pires	00:39:02	01:15:56	01:14:42	1517		V55	76
1522	1283	Vitoriano Braz	00:37:19	01:15:58	01:15:50	1533		V55	77
1523	1286	Maria Braz	00:37:19	01:15:58	01:15:50	1534		V55	10
1524	287	Artur Marcelino	00:36:03	01:16:05	01:16:00	1535	grup.desp.chelas	V70	9
1525	995	Sandra Santos	00:51:45	01:16:14	01:14:51	1519	REGUILAS-S.L.B	V35	47
1526	994	Maria Guerra	00:47:11	01:16:15	01:14:52	1520	REGUILAS-S.L.B	V60	4
1527	94	Bento Ferreira	00:37:48	01:16:18	01:15:23	1527		V65	36
1528	535	Inês Patricio	00:38:56	01:16:35	01:15:14	1524		Senior	97
1529	1904	Hugo Ferreira	00:36:37	01:16:45	01:15:19	1525		V35	255
1530	1664	Hugo Marques	00:38:56	01:16:57	01:15:40	1531	Corredios	Senior	317
1531	1677	Andrea Soares	00:39:17	01:16:58	01:15:35	1528		Senior	98
1532	1678	Julia Neves	00:39:45	01:16:58	01:15:36	1529		Senior	99
1533	1845	Carlos Abreu	00:37:01	01:17:07	01:16:43	1538	Clube ANA	V35	256
1534	1182	Rui Estevez	00:39:33	01:17:13	01:15:38	1530		V35	257
1535	1183	Soraia Estevez	00:39:33	01:17:16	01:15:41	1532		V35	48
1536	1656	Ana Gomes	00:44:19	01:17:42	01:16:41	1536		V45	37
1537	1655	Sónia Rodrigues	00:44:19	01:17:43	01:16:42	1537		V40	46
1538	874	Cátia Fragoso	00:37:15	01:17:55	01:16:51	1539		Senior	100
1539	624	André Velez	00:37:15	01:17:55	01:16:52	1540		Senior	318
1540	1532	Paulo Silva	00:39:43	01:18:08	01:17:26	1541		V40	235



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1541	1518	António Almeida	00:39:43	01:18:08	01:17:27	1542		V35	258
1542	1507	Luis Serra	00:39:43	01:18:08	01:17:27	1543		Senior	319
1543	1233	Shabir Najmudin	00:40:00	01:18:48	01:17:48	1544		V50	101
1544	789	Luis Fiuza	00:37:01	01:18:48	01:18:26	1554		V45	161
1545	760	Ana Figueiras	00:45:27	01:18:48	01:17:56	1545		V45	38
1546	765	Helena Oliva	00:45:27	01:18:51	01:17:58	1546		V45	39
1547	1525	Joaquim Cunha	00:39:14	01:19:09	01:18:05	1547		V40	236
1548	1526	Manuela Cunha	00:39:14	01:19:09	01:18:06	1548		V40	47
1549	1222	Mara Santos	00:39:04	01:19:20	01:18:26	1555		Senior	101
1550	252	Maria Simoes	00:39:57	01:19:20	01:18:41	1556		V45	40
1551	1353	Teresa Barros	00:40:11	01:19:23	01:18:06	1549		V45	41
1552	1352	Filipe Barros	00:40:10	01:19:23	01:18:07	1550		Junior	13
1553	1287	Paulo Basto	00:40:09	01:19:27	01:18:11	1552		V45	162
1554	666	Tânia Monteiro	00:40:09	01:19:27	01:18:08	1551		Senior	102
1555	1839	Paula Reis	00:46:47	01:19:36	01:19:35	1558	Clube ANA	V45	42
1556	1075	Maria Santos	00:46:47	01:19:36	01:18:19	1553		V40	48
1557	784	Mário Lobo	00:37:41	01:20:13	01:20:09	1562		V55	78
1558	465	Paulo Mendes	00:33:37	01:20:15	01:20:00	1560	grup.desp.chelas	V50	102
1559	466	Isabel Amorim	00:33:37	01:20:15	01:20:01	1561	grup.desp.chelas	V35	49
1560	1445	Carla Alves	00:40:58	01:20:37	01:19:31	1557		V35	50



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1561	507	Leontina Cruz	00:40:30	01:20:50	01:19:55	1559	Sapatistas	V40	49
1562	1581	Jorge Martins	00:40:12	01:21:38	01:20:19	1563		V35	259
1563	1345	Carina Flora	00:41:02	01:21:44	01:20:23	1564	Flora	Senior	103
1564	1909	Maria Anjos	00:41:16	01:21:48	01:21:24	1569		V65	2
1565	394	Jose Arruda	00:42:04	01:22:03	01:20:52	1565	CLUBE MILLENNIUM BCP	V65	37
1566	393	Fock Chiu	00:42:04	01:22:03	01:20:52	1566	CLUBE MILLENNIUM BCP	V60	5
1567	1842	Claudino Almeida	00:40:52	01:22:24	01:12:29	1494	Clube ANA	V40	237
1568	1837	Aristides Mendes	00:40:52	01:22:24	01:21:56	1570	Clube ANA	V35	260
1569	1838	Sandra Serra	00:40:21	01:22:24	01:21:03	1567	Clube ANA	V35	51
1570	783	Mário Vieira	00:40:53	01:22:24	01:21:58	1571		V40	238
1571	1844	Sónia Rodrigues	00:41:20	01:22:24	01:21:07	1568	Clube ANA	V35	52
1572	1586	Inês Henriques	00:42:26	01:22:37	01:22:19	1572		V35	53
1573	586	Patricia Mestre	00:42:26	01:22:56	01:22:38	1573		V35	54
1574	151	Joao Salazar	00:42:26	01:22:56	01:22:38	1574		V45	163
1575	1880	Miquelina Bebiano	00:40:57	01:23:10	01:22:46	1575		V55	11
1576	935	Sergio Amaral	00:40:32	01:24:01	01:22:52	1576	SS CGD	V35	261
1577	356	Joao Lourenco	00:48:44	01:24:29	01:23:15	1577	CLUBE MILLENNIUM BCP	Junior	14
1578	355	Maria Lourenco	00:48:46	01:24:46	01:23:33	1578	CLUBE MILLENNIUM BCP	V45	43
1579	147	Meg Garcia	00:42:33	01:24:47	01:24:13	1580		V35	55
1580	146	Carla Palmeiro	00:42:33	01:24:47	01:24:13	1581		V40	50



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1581	1278	João Malagueiro	00:45:14	01:25:23	01:24:03	1579		V45	164
1582	1264	Ana Oliveira	00:43:35	01:25:37	01:24:16	1582		V40	51
1583	1702	Kleiber Alarza	00:43:33	01:25:49	01:24:34	1583		Senior	320
1584	764	Diana Nobre	00:42:08	01:25:52	01:25:14	1587		Senior	104
1585	761	Inês Carromeu	00:42:08	01:26:00	01:25:23	1588		Senior	105
1586	1801	Cátia Fiuza	00:40:32	01:26:18	01:25:51	1589		Junior	7
1587	645	Carolina Catanho	00:43:22	01:26:22	01:25:02	1585		Senior	106
1588	1905	Andreia Maquengo	00:43:40	01:26:22	01:24:59	1584		Senior	107
1589	633	Pedro Dinis	00:43:22	01:26:22	01:25:03	1586		Senior	321
1590	573	Vitor Azevedo	00:43:57	01:26:38	01:26:05	1590		V40	239
1591	1800	Joana Figueiras	00:40:32	01:26:54	01:26:26	1592		Junior	8
1592	896	Alice Marques	00:43:42	01:27:05	01:26:46	1593		V55	12
1593	894	Alice Martins	00:44:17	01:27:10	01:26:51	1594		V55	13
1594	388	Marinela Inacio	00:48:46	01:27:26	01:26:12	1591	CLUBE MILLENNIUM BCP	V45	44
1595	799	Vanessa Grilo	00:48:09	01:27:36	01:27:06	1595		Senior	108
1596	59	Antonio Cardoso	00:45:55	01:30:39	01:29:30	1596		V45	165
1597	1740	Ivone Pereira	00:44:20	01:30:56	01:30:25	1597	CCD PM CASCAIS	V45	45
1598	1360	Cristina Patricio	00:47:33	01:33:28	01:32:13	1598	100 Pressas	V50	20
1599	1359	Luis Varela	00:47:33	01:33:36	01:32:20	1599	100 Pressas	V50	103
1600	1288	Antonio Almeida	00:48:00	01:33:39	01:33:25	1600		V60	59



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1601	1284	Maria Almeida	00:48:00	01:33:40	01:33:26	1601		V65	3
1602	1712	Silvia Freire	00:47:08	01:33:51	01:33:50	1602		V45	46
1603	1778	Ana Ferreira	00:47:08	01:33:51	01:33:50	1603		V60	6
1604	1882	Ana Carapinha	00:50:24	01:38:51	01:37:59	1604		Junior	9
1605	1819	Arménio Guiomar	00:50:57	01:40:07	01:39:15	1605		V45	166
1606	775	Hugo Xavier	00:50:57	01:40:07	01:39:16	1607		V35	262
1607	776	Rita Xavier	00:50:56	01:40:07	01:39:17	1608		V35	56
1608	1029	Ana Rocha	00:50:57	01:40:08	01:39:16	1606		V45	47