

# CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
1	1683	João Figueiredo	00:16:15	00:32:45	00:32:39	1	CNAlvito	Senior	1
2	205	Jose Gaspar	00:16:09	00:33:10	00:33:09	2	Clube de Atletismo Odimarq	V35	1
3	1126	João Fernandes	00:16:26	00:33:24	00:33:22	3	Padel Clube VRSA	Senior	2
4	1386	Paulo Gomes	00:17:22	00:35:41	00:35:39	4	Aminhacorrida/ Myprotein	V35	2
5	296	Paulo Alves	00:18:09	00:36:20	00:36:20	5	GDCTIN Casa da Moeda	V35	3
6	1711	Hugo Rodrigues	00:17:49	00:36:36	00:36:34	6		Senior	3
7	659	Pedro Carreira	00:18:28	00:36:55	00:36:51	7		V35	4
8	1179	Rui Sequeira	00:18:25	00:37:03	00:36:58	8		V35	5
9	1698	Lúis Santos	00:18:19	00:37:14	00:37:11	9		Senior	4
10	1208	Pedro Gomes	00:18:21	00:37:18	00:37:17	10	Clube de Atletismo Odimarq	V35	6
11	86	Fábio Durão	00:18:29	00:37:25	00:37:23	11		Senior	5
12	1590	Rui Parrochinha	00:19:05	00:38:03	00:37:37	12	Clube Desportivo Ribeirense	V35	7
13	686	Tiago Martins	00:18:30	00:38:10	00:38:08	14	Clube de Atletismo Odimarq	Senior	6
14	1551	Marco Quedas	00:18:34	00:38:10	00:38:09	15		Senior	7
15	1131	Luis Rodrigues	00:19:03	00:38:12	00:38:08	13		V45	1
16	1195	Sandra Protásio	00:19:13	00:38:22	00:38:21	18	Sporting Clube de Portugal	Senior	1
17	824	Abel Gloria	00:19:01	00:38:22	00:38:20	17	Clube de Atletismo Odimarq	V50	1
18	1704	Artur Martins	00:19:14	00:38:29	00:38:18	16		V45	2
19	1641	Ricardo Santos	00:19:14	00:38:30	00:38:27	19	COO	V35	8
20	1252	José Lopes	00:19:12	00:39:05	00:39:03	20		V50	2

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21	447	Nuno Santos	00:19:19	00:39:12	00:39:07	21	Pump Runners	V35	9
22	381	Alexandra Sousa	00:19:22	00:39:13	00:39:12	22		Senior	2
23	162	Carlos Caetano	00:19:37	00:39:15	00:39:14	23		V40	1
24	1234	João Rodrigues	00:19:22	00:39:20	00:39:19	24	BOMBEIROS VOLUNTÁRIOS MONTEMOR-O-N	V40	2
25	1691	Luís Cardoso	00:19:56	00:39:30	00:39:20	25		Senior	8
26	884	Bruno Morais	00:19:33	00:39:37	00:39:32	26	Alverca Urban Runners	V35	10
27	1148	Samuel Galveia	00:19:33	00:39:38	00:39:34	27	C.A.D.T.Portucel Setubal	V35	11
28	1236	Helena Miranda	00:19:39	00:39:46	00:39:45	28	BOMBEIROS VOLUNTÁRIOS MONTEMOR-O-N	Senior	3
29	970	Mário Rodrigues	00:19:48	00:40:26	00:40:24	31		V50	3
30	593	Luis Mazeda	00:20:22	00:40:27	00:40:19	29	ASAS NOS PÉS	Senior	9
31	722	Tiago David	00:20:02	00:40:30	00:40:22	30		V35	12
32	358	João Pastor	00:20:10	00:40:33	00:40:26	32	CCDTMetroLisboa	V40	3
33	94	Nuno Santos	00:20:00	00:40:39	00:40:34	34		Senior	10
34	1594	Rui Henriques	00:19:54	00:40:44	00:40:41	35	Serviços Sociais Montepio Geral	V35	13
35	513	Constantino Araujo	00:20:45	00:40:48	00:40:33	33		V45	3
36	136	Carlos Pereira	00:20:32	00:40:50	00:40:48	37		V35	14
37	1071	Natanael Guerreiro	00:19:40	00:40:54	00:40:53	40		Senior	11
38	74	Jose Esteves	00:20:36	00:40:55	00:40:52	39	Tartarugas Solidarias	V45	4
39	1755	Vladimir Pasekunov	00:20:11	00:41:00	00:40:51	38		Senior	12
40	589	Manuel Fernandes	00:20:12	00:41:01	00:40:58	41	ASAS NOS PÉS	V35	15

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
41	636	Eduardo Pena	00:20:37	00:41:05	00:41:03	43	Keep Running	V50	4
42	1102	Hernâni Fernandes	00:19:59	00:41:07	00:41:04	45		V45	5
43	1692	Nick Sander	00:20:05	00:41:08	00:41:02	42		Senior	13
44	1031	Luis Vieira	00:20:11	00:41:09	00:41:08	46	CATERINGPOR	V45	6
45	575	Fábio Carvalho	00:20:12	00:41:10	00:41:09	47	CATERINGPOR	Senior	14
46	1142	Nelson Pereira	00:20:24	00:41:14	00:41:10	48	garehotelruning	V40	4
47	623	Eduardo Santos	00:20:29	00:41:15	00:41:12	49		V35	16
48	925	Marco Baptista	00:20:44	00:41:16	00:41:04	44	ACD BOCAL	Senior	15
49	1569	João Simões	00:21:21	00:41:18	00:40:46	36	CTT Aeroporto	Senior	16
50	1760	Lucília Soares	00:20:36	00:41:32	00:41:30	50		V50	1
51	282	Duarte Costa	00:20:06	00:41:38	00:41:36	52		Senior	17
52	1707	Hélio Marques	00:21:00	00:41:38	00:41:32	51		V40	5
53	1498	Julio Vicente	00:20:19	00:41:45	00:41:41	53		V40	6
54	1748	Soren Morgemer	00:20:55	00:41:55	00:41:41	54		Senior	18
55	634	Rui Vale	00:20:54	00:41:56	00:41:49	55		V35	17
56	980	Helder Tomás	00:20:51	00:42:01	00:41:58	58		V40	7
57	1679	Bruno Raposeira	00:21:10	00:42:05	00:41:58	57		Senior	19
58	1318	Paulo Lopes	00:20:47	00:42:08	00:42:06	61		V45	7
59	1574	Susana Matos	00:20:54	00:42:09	00:42:05	60		V40	1
60	148	Ricardo Correia	00:20:46	00:42:11	00:42:09	62		V35	18

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61	1067	José Amigo	00:21:04	00:42:15	00:42:09	63		V60	1
62	972	David Lopes	00:21:02	00:42:20	00:42:13	64		Senior	20
63	1728	Alípio Trigo	00:21:52	00:42:21	00:42:04	59		V35	19
64	1232	António Gaspar	00:20:55	00:42:22	00:42:19	66	BOMBEIROS VOLUNTÁRIOS MONTEMOR-O-N	V50	5
65	960	Joaquim Alexandre	00:21:08	00:42:25	00:42:18	65	u.r.d.arranhò	V50	6
66	559	Luis Alves	00:21:51	00:42:25	00:41:49	56		V35	20
67	1689	Diogo Rodrigues	00:21:29	00:42:33	00:42:23	68		Senior	21
68	778	Nuno Mendão	00:21:31	00:42:39	00:42:30	70	LFP	V40	8
69	1311	Paulo Gonçalves	00:21:43	00:42:44	00:42:21	67		V45	8
70	82	Manuel Mendonça	00:21:09	00:42:49	00:42:29	69		V35	21
71	246	Joao Carvalho	00:21:23	00:42:52	00:42:50	72	CLUBE MILLENNIUM BCP	V50	7
72	1404	Marcos Pereira	00:21:59	00:42:56	00:42:45	71		V60	2
73	1501	Pedro Lima	00:21:11	00:42:56	00:42:54	74		V50	8
74	1751	David Gonçalves	00:20:44	00:42:57	00:42:52	73		Senior	22
75	196	Ruben Costa	00:21:12	00:42:59	00:42:57	77		V35	22
76	1702	Sergio Trindade	00:22:15	00:43:05	00:43:01	79		V35	23
77	954	Filipe Branco	00:21:39	00:43:11	00:43:04	81	u.r.d.arranhò	V45	9
78	1786	Eduardo Rodrigues	00:21:43	00:43:12	00:42:56	75		V55	1
79	48	Paulo Ferreira	00:21:21	00:43:14	00:43:04	82		V35	24
80	1654	Frederico Lázaro	00:21:44	00:43:15	00:43:08	84		V35	25

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81	63	Ricardo Pereira	00:21:03	00:43:17	00:43:14	86		V35	26
82	1048	José Inocêncio	00:21:57	00:43:18	00:43:01	80	Casa Benfica Algueirão Mem Martins	V60	3
83	277	Armando Correia	00:21:39	00:43:19	00:42:57	76	Sporting Clube de Casainhos	Senior	23
84	362	Nuno Pita	00:22:02	00:43:20	00:43:13	85	CCDTMetroLisboa	V40	9
85	1568	João Fernandes	00:21:30	00:43:21	00:43:08	83		Senior	24
86	556	José Badalo	00:21:46	00:43:24	00:43:19	87	ADCSABALDIO	V50	9
87	1678	Tó Serrão	00:21:49	00:43:30	00:43:24	88		V35	27
88	190	Bruno Lopes	00:22:00	00:43:35	00:43:28	90		V35	28
89	1471	Pedro Barata	00:21:44	00:43:37	00:43:26	89	Clube ANA Lisboa	V35	29
90	1112	Pedro Reis	00:22:03	00:43:39	00:43:36	92	NAV RUNNERS	V40	10
91	956	Andrè Mota	00:21:59	00:43:41	00:43:34	91	u.r.d.arranhò	V35	30
92	986	João Fernandes	00:21:45	00:43:44	00:43:39	93		V35	31
93	637	José Nunes	00:21:15	00:43:49	00:43:46	98	Keep Running	V45	10
94	1262	Rui Bolota	00:21:23	00:43:50	00:43:44	97		V40	11
95	1732	Gil Gonçalves	00:21:30	00:43:54	00:43:47	99		Senior	25
96	1591	Miguel Gineto	00:21:33	00:43:55	00:43:48	100	Clube Desportivo Ribeirense	V40	12
97	1239	João Trigueiros	00:21:19	00:43:57	00:43:55	104		Senior	26
98	1041	Paulo Reis	00:21:16	00:43:58	00:43:52	103		Senior	27
99	109	Joel Gomes	00:23:13	00:43:58	00:43:01	78		V40	13
100	503	Ricardo Leitão	00:22:10	00:43:58	00:43:44	96	Bolelas Team	V40	14

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
101	1231	Antonio Malhão	00:21:46	00:43:59	00:43:57	106	BOMBEIROS VOLUNTÁRIOS MONTEMOR-O-N	V45	11
102	326	Carlos Marques	00:22:34	00:44:03	00:43:40	94		V35	32
103	1270	Rui Soeiro	00:22:10	00:44:05	00:43:42	95	Clube TAP PORTUGAL	V35	33
104	534	Nuno Lopes	00:21:49	00:44:06	00:44:01	109	Clube Ferroviario de Portugal	V35	34
105	1401	João Recto	00:22:23	00:44:08	00:43:51	102		Senior	28
106	71	Luis Zuna	00:21:18	00:44:08	00:44:05	115		Senior	29
107	1145	João Arenga	00:21:59	00:44:08	00:44:02	110	C.A.D.T.Portucel Setubal	V60	4
108	957	Henrique Ferreira	00:21:17	00:44:09	00:44:04	113	u.r.d.arranhò	V45	12
109	734	João Tobias	00:22:11	00:44:14	00:44:04	112	CCD Crédito Agrícola Mútuo	Senior	30
110	1080	Bruno Carlos	00:22:07	00:44:14	00:44:04	114		V35	35
111	510	António Ferreira	00:21:47	00:44:14	00:44:08	118		Senior	31
112	1029	Miguel Baptista	00:21:27	00:44:15	00:44:13	123	CATERINGPOR	V50	10
113	573	José Pina	00:21:25	00:44:15	00:44:11	122	CATERINGPOR	V45	13
114	928	Carlos Santos	00:22:02	00:44:16	00:44:04	111	ACD BOCAL	V35	36
115	864	António Martins	00:22:31	00:44:16	00:43:58	108	NAV RUNNERS	V50	11
116	216	Pedro Sa	00:22:03	00:44:17	00:44:11	121	CLUBE MILLENNIUM BCP	V40	15
117	958	Luis Ferreira	00:21:59	00:44:18	00:44:10	120	u.r.d.arranhò	V45	14
118	1169	Tiago Lopes	00:22:02	00:44:18	00:44:08	117	E-CLUB	V45	15
119	1634	Miguel Almeida	00:22:06	00:44:20	00:43:56	105		Senior	32
120	1280	Rui Costa	00:22:36	00:44:21	00:44:07	116		V45	16

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121	1363	Rui Correa	00:22:19	00:44:23	00:44:18	127	Clube ANA Lisboa	Senior	33
122	412	João Paradinha	00:22:44	00:44:23	00:43:51	101	Indra I-Tec Runners	V40	16
123	1416	Paulo Novais	00:22:54	00:44:26	00:43:57	107		V40	17
124	1417	André Vaz	00:21:31	00:44:27	00:44:19	128		Senior	34
125	69	Helder Palhas	00:22:29	00:44:27	00:44:23	129		V40	18
126	1267	Jorge Gonçalves	00:22:19	00:44:31	00:44:15	124	Clube TAP PORTUGAL	Senior	35
127	1074	João Vaz	00:22:47	00:44:31	00:44:15	125		V50	12
128	1774	Luis Caldeiras	00:22:04	00:44:32	00:44:30	130		V40	19
129	134	Hugo Barreto	00:22:04	00:44:38	00:44:32	131		Senior	36
130	1135	Edgar Porugal	00:21:55	00:44:40	00:44:32	132		V40	20
131	405	David Prata	00:22:58	00:44:43	00:44:33	133		Senior	37
132	1426	Tiago Castela	00:21:56	00:44:43	00:44:41	135		Senior	38
133	1699	André Santos	00:23:07	00:44:44	00:44:08	119		V40	21
134	265	Antonio Braga	00:22:00	00:44:44	00:44:42	136	CLUBE MILLENNIUM BCP	V55	2
135	1499	Frederico Miranda	00:22:06	00:44:46	00:44:42	137		Senior	39
136	544	Bruno Pandaio	00:22:04	00:44:48	00:44:45	140	Dolce Furadouro	V35	37
137	1470	Rui Guerreiro	00:21:49	00:44:48	00:44:44	138	Clube ANA Lisboa	V35	38
138	710	Miguel Simões	00:22:18	00:44:49	00:44:45	141		V35	39
139	1190	Rodrigo Carrera	00:22:44	00:44:54	00:44:49	142		Senior	40
140	649	João Machado	00:22:25	00:44:54	00:44:17	126	"Os Matrecos"	V50	13

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141	1173	Rui Valério	00:22:44	00:44:54	00:44:50	143	NAV RUNNERS	Senior	41
142	254	Ivo Santos	00:21:56	00:44:55	00:44:50	144	CLUBE MILLENNIUM BCP	Senior	42
143	1158	Paulo Cabrita	00:22:33	00:44:59	00:44:56	150	E-CLUB	V50	14
144	333	Paulo Caldeira	00:21:53	00:45:00	00:44:56	149		V35	40
145	1293	Sandro Silva	00:22:01	00:45:05	00:44:53	145		V35	41
146	1364	Pedro Ramos	00:22:13	00:45:07	00:44:55	148	Clube ANA Lisboa	V45	17
147	1533	Joao Queiroz	00:22:01	00:45:08	00:45:01	151		V40	22
148	1443	Antonio Catita	00:22:13	00:45:08	00:44:54	146	Clube ANA Lisboa	V40	23
149	199	Sergio Santos	00:22:09	00:45:11	00:45:03	154		V40	24
150	868	João Cunha	00:22:36	00:45:12	00:44:45	139		Senior	43
151	1328	Tiago Gafeira	00:22:20	00:45:14	00:45:04	155	Outsystems	V40	25
152	882	Helder Valadas	00:22:43	00:45:15	00:45:07	162	Os Perigosos	V35	42
153	1765	Manuel Lamy	00:22:22	00:45:16	00:45:07	161		Senior	44
154	1068	João Ribeiro	00:22:43	00:45:17	00:45:06	159		Senior	45
155	1299	Emanuel Gomes	00:22:33	00:45:19	00:45:06	158		V35	43
156	107	Antonio Gonçalves	00:22:36	00:45:20	00:45:05	156		V55	3
157	76	António Casaca	00:23:27	00:45:20	00:44:54	147		V55	4
158	303	Nuno Henriques	00:22:00	00:45:21	00:45:18	171	GDCTIN Casa da Moeda	V40	26
159	929	João Carvalho	00:22:18	00:45:23	00:45:11	167	ACD BOCAL	V40	27
160	480	Jorge Morgado	00:22:53	00:45:23	00:45:15	169	SS CGD	V50	15



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
161	1192	Joaquim Coelho	00:23:09	00:45:24	00:45:02	152		V40	28
162	1547	João Silva	00:22:24	00:45:25	00:45:19	172		V40	29
163	1548	Alexandre Nunes	00:22:24	00:45:25	00:45:19	173		V40	30
164	1661	Ricardo Firmino	00:22:15	00:45:26	00:45:20	174	Clube Accenture	V35	44
165	1230	António Caeiro	00:22:08	00:45:26	00:45:23	179	BOMBEIROS VOLUNTÁRIOS MONTEMOR-O-N	V45	18
166	440	Jácome Silva	00:23:57	00:45:30	00:44:40	134	Pump Runners	V35	45
167	1660	Leonel Mendes	00:23:15	00:45:32	00:45:11	166	Clube Accenture	Senior	46
168	111	Cláudio Marques	00:22:48	00:45:33	00:45:21	175		V35	46
169	143	Carlos Pereira	00:22:36	00:45:35	00:45:28	182		Senior	47
170	530	Fernando Paulino	00:22:19	00:45:35	00:45:08	163	ASAS NOS PÉS	V35	47
171	66	Marco Lourenço	00:22:17	00:45:36	00:45:26	181		V35	48
172	404	João Costa	00:23:10	00:45:37	00:45:25	180		Senior	48
173	1735	Manuel Ferro	00:22:37	00:45:38	00:45:29	183		Junior	1
174	502	Filipe Correia	00:22:36	00:45:38	00:45:35	186	SS CGD	V35	49
175	1677	Rodrigo Costa	00:22:35	00:45:39	00:45:33	184		Junior	2
176	175	Valter Ferreira	00:22:19	00:45:39	00:45:35	185		Senior	49
177	718	Gonçalo Gomes	00:23:04	00:45:40	00:45:07	160		V40	31
178	160	Carlos Lopes	00:22:26	00:45:41	00:45:06	157		V40	32
179	285	Ana Mendes	00:22:46	00:45:43	00:45:36	187		V35	1
180	1181	Joaquim Manuel	00:22:40	00:45:44	00:45:23	178		V45	19

# CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
181	479	Joaquim Frade	00:22:32	00:45:45	00:45:42	189	SS CGD	V60	5
182	979	Telmo Nogueira	00:23:59	00:45:46	00:45:02	153		Senior	50
183	1478	Pedro Vicente	00:22:51	00:45:46	00:45:10	165	Clube ANA Lisboa	Senior	51
184	597	Alberto Covas	00:23:12	00:45:48	00:45:22	176	ASAS NOS PÉS	V55	5
185	1134	Luís Macedo	00:22:36	00:45:52	00:45:44	192		V45	20
186	206	Luis Baptista	00:22:35	00:45:52	00:45:45	193	Clube de Atletismo Odimarq	V35	50
187	487	Noémia Sequeira	00:22:47	00:45:54	00:45:52	197	SS CGD	V45	1
188	756	Bruno Roxo	00:23:45	00:45:54	00:45:16	170		V40	33
189	1035	Vítor Serra	00:23:07	00:45:56	00:45:42	188		V40	34
190	237	Carlos Dinis	00:22:54	00:45:57	00:45:55	200	CLUBE MILLENNIUM BCP	V50	16
191	1546	Daniel Teles	00:23:02	00:45:57	00:45:23	177		Senior	52
192	1408	Filipe Brízida	00:23:22	00:45:59	00:45:43	191		V40	35
193	407	Diogo Leite	00:22:20	00:46:00	00:45:49	196		Senior	53
194	348	José Pinto	00:22:08	00:46:02	00:45:56	201		V50	17
195	1775	Bruno Aires	00:23:14	00:46:05	00:46:03	204		V35	51
196	1727	Luís Loureiro	00:23:24	00:46:06	00:45:09	164		Senior	54
197	357	João Mendes	00:23:42	00:46:07	00:45:43	190	CCDTMetroLisboa	V45	21
198	594	Rogério Carreiro	00:22:48	00:46:10	00:46:01	203	ASAS NOS PÉS	V55	6
199	1026	Manuel Dias	00:23:04	00:46:12	00:45:53	199	NAV RUNNERS	V40	36
200	1719	Hugo Rocha	00:23:07	00:46:13	00:45:53	198	Rocha	Senior	55

# CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
201	1520	Cristina Luis	00:22:34	00:46:13	00:46:12	210		V45	2
202	197	Nuno Lopes	00:22:39	00:46:17	00:46:12	209		V35	52
203	728	Sebastiao Barata	00:23:32	00:46:21	00:45:59	202	SS CGD	V45	22
204	368	André Martins	00:22:32	00:46:23	00:46:22	224	Tesco team running	V35	53
205	295	Nuno Sousa	00:24:12	00:46:23	00:45:15	168	GDCTIN Casa da Moeda	V45	23
206	77	Alberto Matias	00:22:42	00:46:24	00:46:21	222		V55	7
207	247	Luis Goncalves	00:22:12	00:46:25	00:46:22	223	CLUBE MILLENNIUM BCP	V40	37
208	1116	Henrique Ramos	00:23:06	00:46:27	00:46:12	211		V55	8
209	1273	Joaquim Silva	00:23:11	00:46:29	00:46:13	212	ADCR PJ	V45	24
210	370	João Pacheco	00:23:21	00:46:29	00:46:09	207	GD Pernas Para Que Te Quero	Senior	56
211	345	Jorge Ferreira	00:22:40	00:46:30	00:46:28	231		V55	9
212	1290	José Lopes	00:22:59	00:46:31	00:46:24	227		V45	25
213	37	Evelino Magalhães	00:22:55	00:46:33	00:46:20	220		V40	38
214	800	Luis Morais	00:22:39	00:46:33	00:46:30	232		V40	39
215	759	Mickael Goncalves	00:23:28	00:46:35	00:46:09	206	Antonio Manuel Soares Carvalho, Unipessoal Lda	Senior	57
216	1300	Ricardo Silva	00:23:05	00:46:36	00:46:14	213		V35	54
217	1019	João Nóbrega	00:22:56	00:46:36	00:46:21	221		Senior	58
218	965	João Pinto	00:22:34	00:46:37	00:46:35	237		V45	26
219	93	César Quintas	00:22:43	00:46:39	00:46:34	235		V35	55
220	225	Sergio Goncalves	00:22:51	00:46:41	00:46:39	242	CLUBE MILLENNIUM BCP	V40	40

# CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
221	631	Liberto Santos	00:23:39	00:46:43	00:46:16	215		V45	27
222	1017	Antonio Guerra	00:23:08	00:46:45	00:46:36	239		V60	6
223	334	Joaquim Lavos	00:23:03	00:46:47	00:46:37	240		V35	56
224	141	Carlos Pereira	00:23:57	00:46:47	00:46:30	233		Senior	59
225	75	Luís Rosa	00:24:37	00:46:49	00:45:47	195		V40	41
226	1621	Carlos Monteiro	00:22:51	00:46:49	00:46:43	246		V45	28
227	116	Carlos França	00:22:50	00:46:50	00:46:45	247		V35	57
228	1589	João Justo	00:23:44	00:46:51	00:46:20	219	Clube Desportivo Ribeiense	V40	42
229	1057	José Silvério	00:30:52	00:46:52	00:46:06	205	Casa Benfica Algueirão Mem Martins	V75	1
230	599	Vitor Azevedo	00:23:12	00:46:53	00:46:27	229	ASAS NOS PÉS	V35	58
231	1302	Heiko Riemer	00:23:23	00:46:54	00:46:50	255		V40	43
232	300	Rui Correia	00:24:08	00:46:54	00:45:47	194	GDCTIN Casa da Moeda	V40	44
233	878	Carlos Coelho	00:23:35	00:46:55	00:46:47	251	G.A. Monsanto/Gascan	V55	10
234	1286	Diogo Henriques	00:23:11	00:46:56	00:46:51	256		Senior	60
235	1296	Rio Diegues	00:23:28	00:46:57	00:46:38	241		V60	7
236	1249	Luis Martins	00:23:11	00:46:57	00:46:45	248		V40	45
237	995	Manuel Emídio	00:24:19	00:46:58	00:46:24	226	Amigos do Atletismo da Aqualva	V60	8
238	1626	Paulo Garcia	00:23:13	00:46:59	00:46:50	254		V45	29
239	888	Paulo Guerreiro	00:24:08	00:46:59	00:46:42	244		V50	18
240	632	Nuno Ferreira	00:23:58	00:47:01	00:46:12	208		V40	46

# CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
241	1313	Diamantino Gamito	00:22:57	00:47:02	00:46:56	260		V50	19
242	873	André Dias	00:23:58	00:47:03	00:46:43	245	CLUBE COLABORADORES AGEAS	Senior	61
243	1622	Pedro Vicente	00:23:53	00:47:05	00:46:52	257		V35	59
244	1507	Francisco Bispo	00:23:41	00:47:05	00:46:27	228		V55	11
245	973	João Veiga	00:23:28	00:47:08	00:46:28	230		Senior	62
246	1592	António Palmeira	00:23:44	00:47:10	00:46:40	243	Clube Desportivo Ribereense	V40	47
247	1747	Hugo Alberto	00:23:45	00:47:10	00:46:33	234		Senior	63
248	801	Luis Mealha	00:24:22	00:47:10	00:46:20	217		V45	30
249	192	João Barreira	00:23:14	00:47:12	00:46:58	261		Senior	64
250	465	Joao Fonseca	00:23:53	00:47:14	00:46:16	216		V40	48
251	1415	Antonio Ribeiro	00:23:46	00:47:15	00:46:45	249		V55	12
252	1050	Albino Oliveira	00:24:20	00:47:16	00:47:10	269	Casa Benfica Algueirão Mem Martins	V70	1
253	856	Stephane Almeida	00:23:33	00:47:16	00:46:47	252		V35	60
254	498	Carlos Leitão	00:22:35	00:47:17	00:47:14	271	SS CGD	V50	20
255	992	Raul Serôido	00:22:33	00:47:17	00:47:12	270	Undertrained and Overconfident	Senior	65
256	668	José Alves	00:24:09	00:47:17	00:46:45	250		Senior	66
257	1390	Jose Manta	00:23:18	00:47:18	00:46:59	262		V40	49
258	16	David Pinheiro	00:23:30	00:47:19	00:46:34	236		V35	61
259	505	Gonçalo Garcia	00:23:17	00:47:20	00:47:04	265		V35	62
260	663	Elói Lopes	00:23:24	00:47:21	00:46:56	259		Senior	67

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
261	521	Nuno Vitorino	00:23:28	00:47:22	00:46:20	218	Indra I-Tec Runners	Senior	68
262	1600	Inês Almeida	00:23:23	00:47:22	00:47:03	264	Casa do Povo de Corroios	Senior	4
263	817	Pedro Fontoura	00:23:05	00:47:23	00:47:20	275	SS CGD	Junior	3
264	1387	Pedro Encarnação	00:23:02	00:47:23	00:47:19	272		V40	50
265	1527	Luis Ribeiro	00:23:59	00:47:26	00:46:15	214		V35	63
266	982	Sérgio Pires	00:24:24	00:47:27	00:46:23	225		V40	51
267	942	Vitor Amado	00:24:40	00:47:27	00:47:10	268	GRD OS FIXES	V60	9
268	1058	Armando Correia	00:24:10	00:47:28	00:47:09	267	LESMAS ALOPRADAS	V60	10
269	278	Manuel Bento	00:25:03	00:47:28	00:46:49	253	Sporting Clube de Casainhos	V40	52
270	481	José Augusto	00:24:29	00:47:30	00:46:35	238	SS CGD	V35	64
271	238	Fernando Rodrigues	00:24:16	00:47:31	00:46:56	258	CLUBE MILLENNIUM BCP	V50	21
272	557	Sérgio Patricio	00:24:05	00:47:33	00:47:28	278	ADCSABALDIO	V40	53
273	826	Nelson Fernanndes	00:24:14	00:47:34	00:47:21	276	ACDRS QUINHENDROS	V35	65
274	1504	Cédric Monteiro	00:24:00	00:47:35	00:46:59	263		Senior	69
275	927	Ernesto Guia	00:23:28	00:47:38	00:47:31	280	ACD BOCAL	V60	11
276	892	Miguel Leao	00:24:05	00:47:39	00:47:19	273	NAV RUNNERS	V35	66
277	1056	Sidónio Dias	00:25:07	00:47:42	00:47:05	266	Casa Benfica Algueirão Mem Martins	V45	31
278	1343	Paulo Garrudo	00:22:59	00:47:44	00:47:38	285	Outsystems	V35	67
279	1513	Carlos Nabiça	00:24:10	00:47:45	00:47:27	277		V50	22
280	1051	José Alves	00:24:05	00:47:50	00:47:31	281	Casa Benfica Algueirão Mem Martins	V65	1

# CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
281	804	Artur Sampaio	00:23:36	00:47:51	00:47:38	286		V50	23
282	26	Carlos Craveira	00:24:47	00:47:52	00:47:32	282		V45	32
283	1347	Luis Martins	00:23:56	00:47:54	00:47:29	279		V35	68
284	787	Torquato Cardoso	00:23:04	00:47:55	00:47:36	284		Senior	70
285	937	Ricardo Sousa	00:24:04	00:47:56	00:47:19	274	Serviços Sociais Montepio Geral	V35	69
286	220	Carlos Ramos	00:23:36	00:47:58	00:47:46	292	CLUBE MILLENNIUM BCP	V50	24
287	1540	Nuno Santos	00:23:58	00:47:59	00:47:43	289		V35	70
288	923	Tiago Marques	00:23:42	00:47:59	00:47:39	287		Senior	71
289	1370	Paulo Costa	00:23:35	00:48:00	00:47:47	293	Clube ANA Lisboa	V40	54
290	1494	António Castro	00:23:50	00:48:04	00:48:02	304		V70	2
291	579	Nuno Miguel	00:24:01	00:48:05	00:47:55	301	LFP	V40	55
292	563	Gonçalo Cardoso	00:24:40	00:48:07	00:47:44	290	Indra I-Tec Runners	Senior	72
293	656	Pierre Lebacon	00:24:08	00:48:07	00:47:47	294	CLUBE COLABORADORES AGEAS	Senior	73
294	1213	Sérgio Figueiredo	00:24:20	00:48:08	00:47:40	288		Senior	74
295	1349	Bruno Grácio	00:22:42	00:48:09	00:47:56	302		Senior	75
296	514	José Reis	00:23:52	00:48:11	00:47:54	299		V60	12
297	124	António Silva	00:25:41	00:48:14	00:47:36	283		V35	71
298	1598	Julio Teodoro	00:24:22	00:48:15	00:47:46	291		V40	56
299	54	Mafalda Martinho	00:24:06	00:48:16	00:48:14	309		Senior	5
300	602	Carlos Amaral	00:24:23	00:48:20	00:47:47	295	ASAS NOS PÉS	V40	57

# CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
301	339	Paulo Gomes	00:25:01	00:48:23	00:47:49	296		V40	58
302	996	Francisco Pessoa	00:24:07	00:48:23	00:48:03	305	Amigos do Atletismo da Aqualva	V40	59
303	1287	José Morgado	00:24:09	00:48:23	00:47:53	298		V45	33
304	1571	Marco Henriques	00:23:30	00:48:27	00:48:26	320	Clube ANA Lisboa	Senior	76
305	751	Ricardo Santos	00:24:37	00:48:29	00:48:01	303	Clube EDP Lisboa	V40	60
306	1168	Nuno Martins	00:24:17	00:48:30	00:48:19	313	E-CLUB	V35	72
307	212	Miguel Sousa	00:23:57	00:48:31	00:48:18	312		V45	34
308	1305	César Gomes	00:24:03	00:48:31	00:48:25	319	pace.makers	V40	61
309	497	Bruno Reis	00:24:30	00:48:33	00:48:11	308	SS CGD	V35	73
310	730	António Amaral	00:24:14	00:48:34	00:48:16	311	CCD Crédito Agrícola Mútuo	V35	74
311	1388	Luis Dias	00:24:04	00:48:35	00:48:14	310		Senior	77
312	1092	António Gonçalves	00:24:29	00:48:36	00:47:51	297	Corrida Noturna do Parque das Nações	V55	13
313	1088	Joaquim Silva	00:25:16	00:48:36	00:47:54	300	Corrida Noturna do Parque das Nações	V40	62
314	736	Jorge Eliseu	00:23:59	00:48:38	00:48:21	315	CCD Crédito Agrícola Mútuo	V40	63
315	489	Orlindo Figueiredo	00:24:03	00:48:39	00:48:37	332	SS CGD	V65	2
316	1297	Pedro Pereira	00:24:38	00:48:41	00:48:23	317		V35	75
317	181	João Rebelo	00:24:20	00:48:43	00:48:37	333		V45	35
318	570	Tiago Oliveira	00:24:25	00:48:44	00:48:31	325	CATERINGPOR	V35	76
319	1042	Jorge Varatojo	00:24:10	00:48:49	00:48:25	318		V45	36
320	64	Gil Carneiro	00:24:06	00:48:54	00:48:04	307		V35	77



# CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
321	65	Ana Correia	00:24:28	00:48:55	00:48:04	306		V35	2
322	991	Antero Monteiro	00:23:25	00:48:56	00:48:51	338	Undertrained and Overconfident	Senior	78
323	732	Cândido Alves	00:24:08	00:48:56	00:48:44	335	CCD Crédito Agrícola Mútuo	V40	64
324	1633	Fernando Arvelaiz	00:24:27	00:48:59	00:48:37	331	Clube Accenture	Senior	79
325	403	Francisco Passos	00:24:29	00:49:00	00:48:27	322		V55	14
326	174	Rodrigo Chiolas	00:24:49	00:49:04	00:48:27	321	Link	Senior	80
327	621	Virgílio Madeira	00:24:14	00:49:06	00:48:54	343	AÇOREANA	V55	15
328	372	António Varela	00:23:55	00:49:06	00:48:57	348		V50	25
329	1687	Antonio Vieira	00:24:31	00:49:07	00:48:40	334		V65	3
330	811	Pedro Caetano	00:24:46	00:49:08	00:49:00	350		V45	37
331	1242	Jose Santos	00:23:52	00:49:08	00:48:50	337		V55	16
332	941	Norberto Marques	00:25:17	00:49:09	00:48:32	327	running of dª maria	V45	38
333	135	Bruno Correia	00:24:45	00:49:10	00:48:36	330		Senior	81
334	679	José Magalhães	00:25:08	00:49:11	00:48:31	323	G. D. I. N. E.	V60	13
335	1725	Gonçalo Alberto	00:24:34	00:49:12	00:48:36	329	Link	Senior	82
336	1087	Carlos Gonçalves	00:24:53	00:49:14	00:48:32	326	Corrida Noturna do Parque das Nações	V45	39
337	1362	Bruno Marrao	00:24:38	00:49:16	00:49:11	358	Clube ANA Lisboa	V40	65
338	1229	Abílio Catarro	00:24:14	00:49:16	00:49:15	365	BOMBEIROS VOLUNTÁRIOS MONTEMOR-O-N	V60	14
339	1233	José Caravela	00:24:14	00:49:16	00:49:15	364	BOMBEIROS VOLUNTÁRIOS MONTEMOR-O-N	V55	17
340	203	Carlos Miranda	00:23:57	00:49:17	00:49:14	362		V60	15

# CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
341	578	Pedro Coelho	00:24:04	00:49:17	00:49:09	356	LFP	V40	66
342	354	Paulo Silva	00:24:16	00:49:17	00:48:53	340		V45	40
343	729	André Lopes	00:24:59	00:49:18	00:48:20	314	CCD Crédito Agrícola Mútuo	Senior	83
344	1160	Filipe Ribeiro	00:24:43	00:49:18	00:49:01	351	E-CLUB	V40	67
345	1180	Carlos Bragança	00:23:55	00:49:19	00:49:00	349		V35	78
346	652	Paulo Figueiredo	00:24:54	00:49:20	00:48:54	345	CLUBE COLABORADORES AGEAS	Senior	84
347	36	Carlos Pereira	00:24:31	00:49:20	00:49:12	359		Senior	85
348	179	Rui Vieira	00:24:54	00:49:20	00:48:54	344		V40	68
349	619	Fernando Celestino	00:24:27	00:49:21	00:49:13	360	AÇOREANA	V55	18
350	1133	Jose Machado	00:23:55	00:49:23	00:48:56	347		V45	41
351	1189	Pedro Soares	00:25:48	00:49:24	00:48:33	328		V40	69
352	1663	Nuno Araújo	00:26:00	00:49:25	00:48:22	316	Clube Accenture	Senior	86
353	952	João Marques	00:24:19	00:49:26	00:48:49	336	Link	Senior	87
354	531	José Henriques	00:25:30	00:49:26	00:48:55	346	ASAS NOS PÉS	V40	70
355	103	Luis Potra	00:25:11	00:49:27	00:48:31	324		V35	79
356	677	Paulo Lopes	00:24:17	00:49:30	00:48:52	339		V35	80
357	1326	Bavieche Samgi	00:23:48	00:49:31	00:49:15	367		Senior	88
358	997	Manuel Rodrigues	00:24:47	00:49:33	00:49:14	363	Amigos do Atletismo da Aqualva	V55	19
359	1119	Paulo Procópio	00:24:50	00:49:34	00:49:20	370		V40	71
360	1044	João Fernandes	00:25:41	00:49:36	00:48:54	341		V35	81

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
361	705	Ricardo Campos	00:25:18	00:49:38	00:48:54	342		V40	72
362	105	Sérgio Pontes	00:24:04	00:49:38	00:49:33	382	Aldeia Velha Dá-te Asas	V40	73
363	906	Nuno Constâncio	00:24:51	00:49:39	00:49:22	374		V35	82
364	1419	Joao Ribeiro	00:24:12	00:49:42	00:49:40	394		V35	83
365	202	João Cocharro	00:24:08	00:49:42	00:49:20	371		V35	84
366	946	Artur Soares	00:24:57	00:49:43	00:49:37	389	SpeedRunners	V40	74
367	947	Carla Santos	00:24:57	00:49:44	00:49:37	390	SpeedRunners	V45	3
368	1721	Dominik Bogdanowicz	00:26:30	00:49:44	00:49:10	357		Senior	89
369	611	Jose Hilario	00:25:25	00:49:46	00:49:02	352		V55	20
370	1667	Avelino Soares	00:25:32	00:49:47	00:49:27	377		V45	42
371	920	Manuel Martinho	00:25:01	00:49:47	00:49:02	353		V45	43
372	1756	António Kepler	00:24:05	00:49:48	00:49:47	401		V45	44
373	1549	Carlos Simões	00:24:52	00:49:49	00:49:27	378		V35	85
374	827	Márcio Rodrigues	00:24:32	00:49:52	00:49:47	400	ACDRS QUINHENDROS	V35	86
375	377	Guilherme Gonçalves	00:24:15	00:49:55	00:49:47	402	Clube Ferroviario de Portugal	V55	21
376	814	Bruno Raimundo	00:25:39	00:49:56	00:49:39	393		Senior	90
377	848	Ricardo Bordalo	00:24:42	00:49:57	00:49:45	396		V45	45
378	1089	Tiago Pinto	00:26:41	00:49:58	00:49:22	373	Corrida Noturna do Parque das Nações	V35	87
379	317	Helder Cotrim	00:25:32	00:49:59	00:49:38	391		V35	88
380	1348	Paulo Costa	00:24:54	00:50:00	00:49:46	398	Outsystems	V35	89

# CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
381	1323	Marcia Silva	00:24:39	00:50:01	00:49:49	404		Senior	6
382	417	Nelson Lourenço	00:24:58	00:50:01	00:49:52	409		V40	75
383	299	Rita Lopes	00:25:30	00:50:01	00:49:36	387	GDCTIN Casa da Moeda	V35	3
384	294	Nuno Gonçalves	00:25:31	00:50:02	00:49:36	388	GDCTIN Casa da Moeda	V40	76
385	173	Pedro Curto	00:24:49	00:50:02	00:49:26	375	Link	Senior	91
386	1336	José Charrua	00:25:26	00:50:02	00:49:48	403	Clube ANA Lisboa	V35	90
387	1761	Nuno Melo	00:24:44	00:50:03	00:49:31	381		Senior	92
388	919	Pedro Pinto	00:25:51	00:50:05	00:49:13	361		Senior	93
389	614	João Melo	00:25:53	00:50:06	00:49:42	395	AÇOREANA	Senior	94
390	1682	Armando Almeida	00:25:19	00:50:07	00:49:31	380		V55	22
391	1240	Carlos Batista	00:25:07	00:50:07	00:49:35	385		V40	77
392	1392	Jalmor Mor	00:25:12	00:50:07	00:49:34	384		V45	46
393	290	João Freire	00:25:21	00:50:08	00:49:02	354	GDCTIN Casa da Moeda	V50	26
394	1652	Luís Lúcio	00:25:49	00:50:10	00:49:50	407	Clube Accenture	V40	78
395	1541	Albino Tomás	00:24:44	00:50:10	00:50:08	422		V60	16
396	1561	Rui Fernandes	00:25:01	00:50:12	00:50:04	419		V45	47
397	159	Filipa Vieira	00:25:39	00:50:14	00:49:05	355	Planta do Pé	Senior	7
398	1646	Hugo Portela	00:25:44	00:50:15	00:49:54	411	Clube Accenture	V35	91
399	1357	Rui Carneiro	00:25:18	00:50:15	00:49:50	408	Clube ANA Lisboa	V40	79
400	959	Paulo Tomas	00:24:29	00:50:16	00:50:11	424	u.r.d.arranhò	V40	80

# CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
401	132	Henrique Gomes	00:25:15	00:50:17	00:50:07	421		V35	92
402	545	Carlos Freire	00:25:20	00:50:17	00:49:45	397	ADCR PJ	V40	81
403	831	Francisco Pereira	00:25:40	00:50:17	00:49:15	368	AÇOREANA	V45	48
404	151	Alexandre Dâmaso	00:25:40	00:50:18	00:49:15	366		V45	49
405	1502	Rogério Cerqueira	00:25:49	00:50:18	00:49:26	376		V50	27
406	523	Dário Prates	00:25:38	00:50:18	00:49:52	410	ASAS NOS PÉS	V45	50
407	1562	Rui Sanches	00:25:39	00:50:19	00:50:00	417		V45	51
408	310	Hugo Tavares	00:26:03	00:50:20	00:49:59	415		Senior	95
409	1260	Paula Teixeira	00:24:55	00:50:21	00:50:13	426		V35	4
410	123	Daniel Portela	00:25:44	00:50:24	00:49:46	399		Senior	96
411	585	António Fernandes	00:25:44	00:50:25	00:49:50	406	Amigos Vale Silencio	V55	23
412	745	Rui Moreira	00:25:01	00:50:26	00:49:29	379	CCD Crédito Agrícola Mútuo	V45	52
413	1397	João Marques	00:24:59	00:50:26	00:50:06	420		V35	93
414	993	Bernardo Gradíssimo	00:25:06	00:50:28	00:49:50	405	Amigos do Atletismo da Aqualva	V55	24
415	424	Ricardo Madeira	00:25:55	00:50:29	00:49:34	383	Pump Runners	V40	82
416	442	Teresa Correia	00:26:03	00:50:29	00:49:38	392	Pump Runners	V40	2
417	1055	Narciso Sá	00:24:44	00:50:30	00:50:22	432	Casa Benfica Algueirão Mem Martins	V50	28
418	1673	Fernando Fatela	00:25:43	00:50:30	00:50:15	428		V50	29
419	676	Guilherme Alves	00:26:28	00:50:31	00:49:21	372		V40	83
420	171	Pedro Samorrinha	00:25:19	00:50:31	00:49:55	412	Link	Senior	97

# CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
421	1136	Lino Vaz	00:24:36	00:50:36	00:49:59	416		V40	84
422	669	João Estevão	00:24:58	00:50:41	00:50:20	430		V35	94
423	1010	Vítor Antunes	00:26:52	00:50:42	00:49:36	386		Senior	98
424	633	Susana Duro	00:25:15	00:50:43	00:50:27	435		V35	5
425	1588	Rui Emidio	00:24:45	00:50:43	00:50:35	448	Casa Benfica Algueirão Mem Martins	V55	25
426	1545	Luís Tomé	00:25:24	00:50:44	00:50:28	436		V40	85
427	1766	João Alves	00:25:05	00:50:45	00:50:36	450		V45	53
428	1767	Carla Cristina	00:25:05	00:50:45	00:50:36	451		V40	3
429	1739	Pedro Rosa	00:24:34	00:50:46	00:50:37	452		Senior	99
430	1329	Maria Borges	00:25:17	00:50:46	00:50:34	445		V45	4
431	538	Rodolfo Sobreira	00:26:38	00:50:47	00:49:57	414		Senior	100
432	1422	Marcelo Chagas	00:25:24	00:50:49	00:50:21	431		Senior	101
433	1217	Bruno Martins	00:25:58	00:50:50	00:50:10	423	Megasis - SAP	V40	86
434	706	Bruno Maia	00:26:10	00:50:50	00:49:57	413		Senior	102
435	131	Pedro Craveiro	00:24:54	00:50:54	00:50:44	458		V45	54
436	409	Artur Almeida	00:25:44	00:50:55	00:50:32	442	Indra I-Tec Runners	V35	95
437	147	João Fialho	00:25:17	00:50:56	00:50:11	425		V35	96
438	720	Renato Constâncio	00:25:07	00:50:56	00:50:55	467		Senior	103
439	1047	Carlos Silva	00:24:48	00:50:58	00:50:53	464	Casa Benfica Algueirão Mem Martins	V50	30
440	191	Vítor Gonzas	00:25:22	00:51:00	00:50:27	434		V45	55

# CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
441	760	Alberto Abreu	00:25:26	00:51:02	00:50:34	447	CCD PM CASCAIS	V45	56
442	1468	Nuno Pereira	00:25:26	00:51:03	00:50:26	433	Clube ANA Lisboa	V40	87
443	1526	Lucas Silva	00:25:17	00:51:04	00:50:55	468		Senior	104
444	1785	Fátima Gonçalves	00:25:27	00:51:04	00:50:20	429	Corrida Noturna do Parque das Nações	V45	5
445	595	Paulo Libânio	00:25:08	00:51:05	00:50:38	454	ASAS NOS PÉS	V40	88
446	1030	Nuno Nunes	00:24:48	00:51:06	00:50:54	465	CATERINGPOR	V40	89
447	951	Carlos Palma	00:25:25	00:51:07	00:50:46	459	Link	V45	57
448	1283	Fernando Rodrigues	00:25:42	00:51:08	00:50:37	453		V40	90
449	1718	Paulo Enes	00:25:44	00:51:09	00:50:29	437		V50	31
450	1358	Mario Balsinha	00:26:13	00:51:11	00:50:47	461		V40	91
451	1643	Teresa Sepúlveda	00:25:53	00:51:12	00:50:33	444	COO	V35	6
452	754	Almerindo Silva	00:25:36	00:51:13	00:50:33	443	A.D.C.Catuja	V55	26
453	1457	Sergio Caetano	00:26:56	00:51:13	00:50:29	438	Clube ANA Lisboa	V35	97
454	1427	Rosalina Gil	00:25:14	00:51:15	00:50:56	472		Senior	8
455	755	João Passeiro	00:25:50	00:51:15	00:50:35	449	A.D.C.Catuja	V50	32
456	1431	Pedro Machado	00:25:44	00:51:16	00:50:52	463	Clube ANA Lisboa	V45	58
457	384	Mark Carey	00:26:09	00:51:19	00:50:39	455		V40	92
458	926	João Baptista	00:25:14	00:51:19	00:51:03	476	ACD BOCAL	V35	98
459	1608	Fernando Luz	00:26:28	00:51:20	00:50:34	446	GDCT Unicre	V45	59
460	537	David Carvalho	00:26:38	00:51:22	00:50:32	441		V40	93

# CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
461	879	Carlos Fortunato	00:25:31	00:51:24	00:50:31	440	G.A. Monsanto/Gasca	V50	33
462	1681	João Romão	00:26:28	00:51:24	00:50:15	427		Senior	105
463	1013	Fabio Moço	00:24:33	00:51:27	00:51:10	481		Senior	106
464	1264	Carlos Silva	00:26:24	00:51:28	00:51:00	474	Clube TAP PORTUGAL	V50	34
465	1266	Fernando Coelho	00:26:24	00:51:28	00:51:00	473	Clube TAP PORTUGAL	V50	35
466	1421	José Lindo	00:25:28	00:51:29	00:51:27	506		V70	3
467	806	Lúcio Pina	00:25:16	00:51:30	00:51:18	493		Senior	107
468	1310	Mário Esperança	00:26:27	00:51:31	00:50:46	460		Senior	108
469	1642	Sandra Romano	00:25:53	00:51:33	00:50:54	466	COO	V35	7
470	1599	Jose Santos	00:25:29	00:51:33	00:51:21	496	Outsystems	V40	94
471	724	Bruno Dias	00:25:42	00:51:36	00:51:21	498	SS CGD	V40	95
472	1523	João Teixeira	00:26:11	00:51:36	00:51:14	483		V45	60
473	1009	Pedro Serra	00:26:04	00:51:37	00:50:47	462		V40	96
474	347	Bruno Pedro	00:25:43	00:51:39	00:51:14	482		Senior	109
475	674	Miguel Alves	00:26:43	00:51:40	00:50:29	439		V35	99
476	1171	Manuel Escalona	00:25:42	00:51:40	00:51:21	497	E-CLUB	V40	97
477	1308	Nuno Marcelino	00:26:47	00:51:40	00:51:17	490	amplitletas	V35	100
478	1309	Ruben Costa	00:26:48	00:51:40	00:51:17	489	amplitletas	Junior	4
479	1690	Nuno Oliveira	00:26:25	00:51:41	00:51:02	475		V40	98
480	1007	José Freitas	00:25:44	00:51:41	00:51:24	503		V35	101



# CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
481	1668	Francisco Freitas	00:26:43	00:51:41	00:50:40	456		V35	102
482	395	Zenilton Lopes	00:26:31	00:51:42	00:50:42	457	1st Flying Runners	Senior	110
483	187	Jorge Oliveira	00:24:51	00:51:42	00:51:26	505		V50	36
484	1539	João Teles	00:27:04	00:51:44	00:51:15	486		Senior	111
485	1576	José Cruz	00:25:19	00:51:49	00:51:42	519		V40	99
486	895	Henrique Dias	00:26:55	00:51:49	00:51:04	477		V60	17
487	1413	Tito Nascimento	00:26:00	00:51:49	00:51:43	523		V35	103
488	448	Paula Gonçalves	00:26:14	00:51:50	00:51:21	499	Pump Runners	V40	4
489	1381	Nuno Rolo	00:26:48	00:51:51	00:51:05	478	Benamora Team	V35	104
490	911	Pedro Jorge	00:25:52	00:51:51	00:51:42	520	LFP	V40	100
491	683	Pedro Confraria	00:25:31	00:51:52	00:51:38	512	Carvalho Confraria	V35	105
492	667	Bruno Gonçalves	00:25:45	00:51:52	00:51:30	508		V35	106
493	446	Nuno Freitas	00:26:14	00:51:52	00:51:23	502	Pump Runners	V35	107
494	904	Hugo Paulo	00:27:35	00:51:54	00:50:56	471		V35	108
495	422	Luis Almeida	00:26:14	00:51:55	00:50:56	469	Grupo Unidos e Progresso de Gralhas	V40	101
496	1688	Marco Gonçalves	00:24:08	00:51:55	00:51:45	526		Senior	112
497	508	João Afonso	00:26:22	00:51:57	00:51:19	495		V35	109
498	367	Francisco Plinio	00:26:04	00:51:58	00:51:08	480	CCDTMetroLisboa	V60	18
499	613	Carlos Bargado	00:26:14	00:51:59	00:51:40	515	AÇOREANA	V50	37
500	244	Artur Botao	00:25:41	00:52:00	00:51:15	487	CLUBE MILLENNIUM BCP	V45	61

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
501	1176	Renata Ricardo	00:25:22	00:52:01	00:51:43	522	E-CLUB	V35	8
502	741	Nuno Simões	00:27:27	00:52:03	00:51:47	531	CCD Crédito Agrícola Mútuo	V35	110
503	883	José Henriques	00:25:58	00:52:04	00:51:56	536	Os Perigosos	V60	19
504	874	João Perneco	00:26:01	00:52:04	00:51:33	510	CLUBE COLABORADORES AGEAS	V40	102
505	524	Carlos Ipe	00:25:31	00:52:04	00:51:36	511	ASAS NOS PÉS	V40	103
506	376	Sérgio Hortelão	00:26:45	00:52:05	00:51:27	507		Senior	113
507	1334	João Reis	00:26:05	00:52:05	00:51:48	532	CTT Aeroporto	V50	38
508	1350	Vânio Dias	00:25:15	00:52:06	00:51:41	517		Senior	114
509	1784	Rafael Geisler	00:27:01	00:52:07	00:51:25	504		Senior	115
510	482	José Dimas	00:26:48	00:52:08	00:51:15	485	SS CGD	V45	62
511	433	Catarina Pereira	00:26:48	00:52:08	00:51:06	479	Pump Runners	Senior	9
512	945	Mario Ramos	00:26:35	00:52:08	00:51:46	527	APOGMA	V55	27
513	580	Bruno Batista	00:25:35	00:52:10	00:52:02	545	LFP	V40	104
514	913	Pedro Gaspar	00:26:42	00:52:11	00:51:18	492	NAV RUNNERS	V45	63
515	785	Pedro Pinel	00:26:11	00:52:12	00:51:42	518	NAV RUNNERS	V45	64
516	553	Nuno Jesus	00:26:11	00:52:12	00:51:47	529	Indra I-Tec Runners	V35	111
517	1216	Ana Tavares	00:26:08	00:52:12	00:51:33	509	Megasis - SAP	V35	9
518	78	Nuno Silva	00:27:02	00:52:12	00:50:56	470		V35	112
519	770	Jose Machado	00:26:11	00:52:13	00:51:43	521	NAV RUNNERS	V50	39
520	1512	Noel Nogueira	00:25:47	00:52:13	00:52:01	543		V35	113

# CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
521	543	Pedro Louro	00:26:31	00:52:13	00:51:22	500	SS CGD	Senior	116
522	1306	Ana Marques	00:26:11	00:52:13	00:51:44	524		V45	6
523	822	Filipe Reino	00:25:59	00:52:14	00:51:16	488	CASA DO CONCELHO DE IDANHA A NOVA	Senior	117
524	823	Daniel Vinagre	00:26:00	00:52:14	00:51:17	491	CASA DO CONCELHO DE IDANHA A NOVA	V35	114
525	1544	Hernâni Gaspar	00:26:47	00:52:14	00:51:40	514		V50	40
526	852	Nuno Charrua	00:26:11	00:52:15	00:52:00	541		V35	115
527	1532	António Pereira	00:26:01	00:52:15	00:51:57	538		V40	105
528	221	Luis Costa	00:25:30	00:52:16	00:52:00	542	CLUBE MILLENNIUM BCP	V45	65
529	615	Tam Afonso	00:25:45	00:52:16	00:52:13	556	AÇOREANA	V60	20
530	733	Carlos Martins	00:24:18	00:52:18	00:52:09	550	CCD Crédito Agrícola Mútuo	V40	106
531	1763	Aristides Monteiro	00:25:29	00:52:21	00:52:09	551		V45	66
532	869	Ioan Matei	00:25:42	00:52:22	00:52:21	565		V55	28
533	551	Pedro Ferreira	00:26:49	00:52:22	00:51:23	501	Clube Robbialac	V35	116
534	1466	Pedro Ponte	00:25:37	00:52:22	00:52:10	554	Clube ANA Lisboa	V35	117
535	264	Paulo Pais	00:27:27	00:52:24	00:51:18	494	CLUBE MILLENNIUM BCP	V50	41
536	713	Mario Dias	00:26:59	00:52:25	00:51:41	516		Senior	118
537	512	Catarina Moreira	00:26:31	00:52:26	00:52:21	564		Senior	10
538	336	Fábio Rocha	00:27:42	00:52:26	00:51:14	484		Senior	119
539	1072	Ricardo Silva	00:25:47	00:52:27	00:51:39	513		V35	118
540	331	Paulo Lopes	00:26:37	00:52:28	00:51:59	539		V45	67

# CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
541	748	António Figueiredo	00:26:17	00:52:30	00:52:02	544	Clube EDP Lisboa	V55	29
542	889	Antonio Melgao	00:26:04	00:52:31	00:51:50	534		V35	119
543	1062	Rafael Lopes	00:26:42	00:52:31	00:52:22	568		Junior	5
544	753	Vitor Moreira	00:26:53	00:52:32	00:51:46	528	Clube EDP Lisboa	V60	21
545	1391	Helder Silva	00:25:53	00:52:34	00:52:18	561		V45	68
546	924	José Lacerda	00:26:11	00:52:34	00:52:10	553		V60	22
547	1537	Pedro Borges	00:26:09	00:52:35	00:51:50	535		V40	107
548	51	Frederico Raposo	00:25:50	00:52:35	00:52:30	580		Senior	120
549	483	Luis Gomes	00:25:48	00:52:35	00:52:31	581	SS CGD	Senior	121
550	744	Rui Melo	00:24:35	00:52:35	00:52:25	572	CCD Crédito Agrícola Mútuo	V40	108
551	486	Margarida Pinto	00:25:48	00:52:35	00:52:31	582	SS CGD	V40	5
552	1330	João Pereira	00:26:18	00:52:36	00:52:14	557		V40	109
553	455	Luis Palma	00:25:12	00:52:36	00:52:16	560		V35	120
554	1567	José Veiga	00:26:52	00:52:37	00:51:57	537		V55	30
555	1573	Manuel Rego	00:26:10	00:52:38	00:51:47	530		V45	69
556	307	Alexandra Alves	00:26:43	00:52:39	00:52:27	574	GDCTIN Casa da Moeda	V35	10
557	1077	Vitor Ramos	00:26:38	00:52:39	00:52:15	558		V35	121
558	182	Carlos Pereira	00:26:38	00:52:39	00:52:15	559		Senior	122
559	969	Virgínia Pereira	00:26:13	00:52:40	00:52:34	586		V50	2
560	1752	Jorge Marques	00:26:12	00:52:41	00:52:00	540		V35	122

# CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
561	324	Joaquim Joia	00:24:45	00:52:42	00:52:38	593		V50	42
562	661	João Vicente	00:26:25	00:52:43	00:52:29	576		V45	70
563	660	Diogo Vicente	00:26:26	00:52:43	00:52:29	579		Junior	6
564	555	Antonio Serra	00:26:16	00:52:45	00:52:23	569	ADCSABALDIO	V55	31
565	763	Ivone Pereira	00:26:24	00:52:46	00:52:20	563	CCD PM CASCAIS	V45	7
566	764	Joao Pereira	00:26:24	00:52:46	00:52:21	567	CCD PM CASCAIS	V50	43
567	735	João Vieira	00:26:02	00:52:47	00:52:36	590	CCD Crédito Agrícola Mútuo	V55	32
568	1712	Luis Pacheco	00:25:27	00:52:47	00:52:36	587		V45	71
569	796	Marta Abreu	00:27:14	00:52:48	00:51:44	525	Indra I-Tec Runners	Senior	11
570	867	Vitor Lemos	00:26:08	00:52:48	00:52:41	600		V35	123
571	1644	António Duarte	00:25:50	00:52:49	00:52:29	577	Clube Accenture	V40	110
572	1483	Marco Carvalho	00:26:12	00:52:50	00:52:24	571	Clube ANA Lisboa	V35	124
573	1143	Fernando Torres	00:25:38	00:52:51	00:52:48	613	garehotelruning	V50	44
574	1424	Joana Ribeiro	00:26:16	00:52:52	00:52:03	546		Senior	12
575	207	Maria Lacerda	00:26:17	00:52:52	00:52:33	584		V50	3
576	572	Luis Fragoso	00:24:46	00:52:52	00:52:41	599	CATERINGPOR	V40	111
577	509	Luis Damião	00:26:08	00:52:53	00:52:41	601		V45	72
578	740	Miguel Vinagre	00:26:51	00:52:55	00:52:36	588	CCD Crédito Agrícola Mútuo	V40	112
579	518	Catarina Vieira	00:27:14	00:52:56	00:52:12	555		V35	11
580	608	Michele Marconi	00:26:22	00:52:56	00:52:36	589		V35	125

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
581	1238	Tiago Pinhel	00:27:43	00:52:56	00:52:04	547		V35	126
582	1132	Tiago Fonseca	00:27:01	00:52:59	00:52:10	552		V40	113
583	607	Carlos Silva	00:26:13	00:52:59	00:52:56	620		V55	33
584	743	Rui Graça	00:25:54	00:53:01	00:52:44	606	CCD Crédito Agrícola Mútuo	V50	45
585	1674	Paulo Costa	00:27:16	00:53:01	00:52:29	578		V45	73
586	1079	Jorge Oliveira	00:26:12	00:53:01	00:52:39	594		V50	46
587	767	Pedro Ramos	00:27:17	00:53:02	00:52:33	583	CCD PM CASCAIS	Senior	123
588	762	Isabel Vieira	00:27:17	00:53:02	00:52:34	585	CCD PM CASCAIS	V40	6
589	234	Artur Leite	00:26:59	00:53:02	00:52:50	614	CLUBE MILLENNIUM BCP	V50	47
590	28	Ricardo Miranda	00:27:10	00:53:03	00:52:42	605		V35	127
591	1696	João Lopes	00:25:42	00:53:04	00:52:42	604		V35	128
592	932	Jaime Gomes	00:27:48	00:53:07	00:52:26	573	Serviços Sociais Montepio Geral	V60	23
593	1530	Miguel Cruz	00:25:35	00:53:08	00:52:53	617		V45	74
594	441	Luisa Landeiro	00:27:15	00:53:12	00:52:24	570	Pump Runners	V45	8
595	1723	João Guerra	00:26:58	00:53:12	00:52:19	562		V45	75
596	316	Augusto Caria	00:27:01	00:53:13	00:53:07	629		V60	24
597	1339	Cristina Pereira	00:26:46	00:53:13	00:52:55	618	NAV RUNNERS	V50	4
598	385	Carlos Pena	00:26:44	00:53:14	00:52:47	609		V45	76
599	944	Carlos Sousa	00:26:51	00:53:15	00:52:47	610	APOGMA	V45	77
600	943	Jose Andre	00:26:51	00:53:15	00:52:47	611	APOGMA	V60	25

# CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
601	478	Francisco Clerigo	00:27:07	00:53:15	00:52:21	566	SS CGD	V60	26
602	1788	Emanuel Campos	00:26:27	00:53:15	00:52:08	549		Senior	124
603	1700	Mikael Saraiva	00:26:16	00:53:16	00:53:05	628		Senior	125
604	1469	Natanael Amaro	00:26:54	00:53:17	00:52:41	598	Clube ANA Lisboa	Junior	7
605	625	Alexandre Tam	00:27:17	00:53:17	00:53:10	634		V35	129
606	217	Leonel Brandao	00:27:02	00:53:19	00:53:07	631	CLUBE MILLENNIUM BCP	V45	78
607	150	Vitor Teixeira	00:25:04	00:53:19	00:53:17	640		V45	79
608	283	Francisco Pinto	00:27:03	00:53:21	00:52:37	592		V40	114
609	250	Ricardo Mendes	00:25:41	00:53:21	00:53:14	637	CLUBE MILLENNIUM BCP	V40	115
610	1269	Manuel Mexia	00:27:37	00:53:23	00:52:06	548	Clube TAP PORTUGAL	V50	48
611	1593	Paulo Pereira	00:27:57	00:53:23	00:52:42	603	Serviços Sociais Montepio Geral	V45	80
612	931	Antonio Franco	00:26:54	00:53:23	00:52:41	602	Serviços Sociais Montepio Geral	V50	49
613	42	Álvaro Gomes	00:26:33	00:53:25	00:53:21	645		V40	116
614	536	Mário Leal	00:27:06	00:53:25	00:52:39	595		V50	50
615	758	Joaquim Costa	00:26:44	00:53:25	00:53:00	624	Antonio Manuel Soares Carvalho, Unipessoal Lda	V65	4
616	786	Carla Miranda	00:26:47	00:53:25	00:52:53	616	NAV RUNNERS	V45	9
617	569	Paulo Quintas	00:27:09	00:53:25	00:53:13	636	CATERINGPOR	V40	117
618	506	Filipe Cunha	00:27:09	00:53:26	00:52:40	597		V45	81
619	1291	Helder Marques	00:27:12	00:53:27	00:52:52	615	Mr.Optic,Lda	V35	130
620	46	João Pinto	00:25:33	00:53:28	00:53:17	641		V40	118

# CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
621	375	Joao Moreira	00:28:01	00:53:31	00:52:37	591		V40	119
622	226	Antonio Jorge	00:25:31	00:53:31	00:53:24	650	CLUBE MILLENNIUM BCP	V50	51
623	1583	Pedro Matias	00:27:39	00:53:32	00:52:27	575		Senior	126
624	91	Rui Machado	00:27:04	00:53:35	00:53:21	646		V50	52
625	1617	Bento Raminhos	00:27:31	00:53:35	00:52:46	607		V45	82
626	41	Nuno Condeço	00:27:34	00:53:36	00:52:58	621		V35	131
627	475	Sara Silveira	00:27:00	00:53:38	00:52:47	608	SS CGD	V35	12
628	1645	Clara Raimundo	00:26:41	00:53:38	00:53:19	643	Clube Accenture	V40	7
629	592	Milton Batista	00:26:31	00:53:40	00:53:09	632	ASAS NOS PÉS	V40	120
630	1737	Duarte Escobar	00:27:31	00:53:40	00:52:39	596		V40	121
631	320	Sandra Arraias	00:26:53	00:53:41	00:53:09	633	Os Arraias	V35	13
632	1624	Carla Almeida	00:26:05	00:53:45	00:53:39	667		V40	8
633	1675	Paulo Santos	00:27:15	00:53:45	00:53:24	648		V40	122
634	108	Roberto Azevedo	00:27:53	00:53:45	00:52:48	612		V35	132
635	1777	Myriam Reisch	00:26:22	00:53:45	00:53:04	626		Senior	13
636	587	Manuel Silva	00:26:24	00:53:47	00:53:36	663	ASAS NOS PÉS	V55	34
637	746	Rui Tomás	00:26:27	00:53:49	00:53:32	657	CCD Crédito Agrícola Mútuo	V45	83
638	204	Rui Pinto	00:26:59	00:53:49	00:53:28	655		V60	27
639	1783	Antoine Fournioux	00:27:05	00:53:49	00:53:07	630		Senior	127
640	1586	Sara Fernandes	00:25:50	00:53:50	00:53:35	662	pace.makers	V35	14



# CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
641	400	Paulo Costa	00:26:46	00:53:50	00:53:19	642		V45	84
642	567	Natasha Planas	00:26:21	00:53:50	00:53:48	674	CATERINGPOR	V45	10
643	1554	Tiago Gameiro	00:26:54	00:53:51	00:53:26	653		Senior	128
644	1394	Jorge Paula	00:27:04	00:53:52	00:53:26	652		V60	28
645	739	Miguel Mendanha	00:26:51	00:53:53	00:53:34	661	CCD Crédito Agrícola Mútuo	V35	133
646	1159	Rodrigo Ferreira	00:26:45	00:53:55	00:53:37	665	E-CLUB	V45	85
647	484	Luis Quental	00:29:16	00:53:55	00:53:26	651	SS CGD	V50	53
648	1560	Leandro Santos	00:26:43	00:53:56	00:53:47	672		V55	35
649	1012	João Martins	00:27:41	00:53:58	00:52:56	619		Senior	129
650	511	Paula Machado	00:27:16	00:54:00	00:53:34	660		V60	1
651	378	Neves Silva	00:26:28	00:54:03	00:53:53	677	Clube Ferroviario de Portugal	V60	29
652	1298	Bruno Oliveira	00:27:52	00:54:03	00:52:58	622		Senior	130
653	401	Karolina Szerlag	00:28:10	00:54:06	00:53:19	644		Senior	14
654	1746	Márcia Oliveira	00:26:19	00:54:07	00:53:54	679		V40	9
655	1073	Pedro Antunes	00:29:25	00:54:10	00:53:03	625		Senior	131
656	1140	Samuel Reis	00:29:25	00:54:10	00:53:04	627		Senior	132
657	1084	Carlos Lopes	00:26:59	00:54:13	00:53:33	658		V45	86
658	253	Carlos Janela	00:27:32	00:54:14	00:53:47	671	CLUBE MILLENNIUM BCP	V60	30
659	1411	Nuno Leão	00:27:24	00:54:16	00:53:53	678		V35	134
660	104	Luísa Barbosa	00:26:41	00:54:17	00:53:16	639	Alverca Urban Runners	V45	11

# CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
661	79	António Cardoso	00:27:59	00:54:18	00:53:38	666		V45	87
662	1464	Filipe Casimiro	00:28:07	00:54:19	00:53:15	638	Clube ANA Lisboa	Junior	8
663	373	Pedro Silva	00:26:41	00:54:20	00:53:48	673		V35	135
664	426	Vera Zeferino	00:27:16	00:54:21	00:54:10	698	Pump Runners	V35	15
665	1315	Carlos Morais	00:27:59	00:54:21	00:53:39	668		V35	136
666	1556	Ana Mendes	00:27:02	00:54:21	00:54:11	700		V35	16
667	1750	Joao Varge	00:25:54	00:54:22	00:54:15	706		V40	123
668	1776	Tiago Ferreira	00:27:32	00:54:22	00:53:42	669		Senior	133
669	838	Diogo Barata	00:27:52	00:54:22	00:53:46	670		V35	137
670	466	Anabela Constante	00:27:40	00:54:22	00:53:24	649		V40	10
671	1335	Filipe Pena	00:26:36	00:54:24	00:54:00	684	Clube ANA Lisboa	Senior	134
672	1515	Gonçalo Pedro	00:26:57	00:54:24	00:54:01	685		V35	138
673	110	Fernando Marques	00:26:56	00:54:25	00:54:05	692	Clube Pessoal EDP Carregado	V65	5
674	830	Paulo Silva	00:27:01	00:54:25	00:54:11	699	ACDRS QUINHENDROS	Senior	135
675	474	Rui Santos	00:27:35	00:54:25	00:53:27	654	SS CGD	V45	88
676	1285	Sara Henriques	00:27:21	00:54:27	00:53:56	680		V40	11
677	201	José Pedro	00:27:33	00:54:27	00:54:08	697		V60	31
678	994	Alberto Fernandes	00:27:14	00:54:27	00:54:17	708	Amigos do Atletismo da Aqualva	V60	32
679	83	Paulo Missas	00:27:18	00:54:27	00:54:22	710		Senior	136
680	828	Diogo Gonçalves	00:27:01	00:54:27	00:54:14	705	ACDRS QUINHENDROS	Senior	137

# CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
681	130	Rui Varão	00:27:12	00:54:29	00:53:52	676		Senior	138
682	140	João Duarte	00:27:02	00:54:30	00:54:14	704		V60	33
683	353	Helena Gonçalves	00:26:39	00:54:32	00:54:07	694		V40	12
684	1649	Jorge Pires	00:28:30	00:54:32	00:54:00	683	Clube Accenture	V40	124
685	274	Vanda Ferreira	00:27:31	00:54:34	00:54:12	702	Sporting Clube de Casainhos	V40	13
686	1511	Alexandre Carvalho	00:27:42	00:54:35	00:53:23	647		V35	139
687	1069	Valdemar Barreira	00:28:23	00:54:37	00:53:34	659		V50	54
688	938	Rui Dias	00:28:07	00:54:38	00:53:59	681	Serviços Sociais Montepio Geral	V45	89
689	1473	Antonio Morgado	00:26:19	00:54:40	00:54:34	719	Clube ANA Lisboa	V55	36
690	1519	Tiago Brandão	00:27:32	00:54:41	00:54:22	711		Senior	139
691	298	Ricardo Alves	00:27:37	00:54:42	00:54:01	687	GDCTIN Casa da Moeda	V40	125
692	90	António Almeida	00:27:31	00:54:42	00:54:01	686		V35	140
693	664	Rui Carrico	00:25:52	00:54:44	00:54:33	718		Senior	140
694	1680	Patrick Pinto	00:27:18	00:54:45	00:53:36	664		Senior	141
695	1465	Antonio Cadima	00:28:15	00:54:47	00:54:02	688	Clube ANA Lisboa	Senior	142
696	865	Nuno Oliveira	00:28:08	00:54:47	00:53:50	675		V45	90
697	1508	Ricardo Martins	00:30:25	00:54:48	00:49:19	369		Senior	143
698	866	Pedro Ferreira	00:28:16	00:54:48	00:54:03	690		V35	141
699	1018	Hugo Castro	00:27:40	00:54:49	00:54:08	695		Senior	144
700	1325	Miguel Buitrago	00:28:59	00:54:49	00:53:12	635		Senior	145

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
701	163	Susana Gonçalves	00:27:11	00:54:50	00:54:40	725		V45	12
702	902	Dora Simoes	00:28:37	00:54:50	00:54:00	682		V40	14
703	477	Olga Borges	00:27:31	00:54:51	00:54:03	691	SS CGD	V40	15
704	1066	Margarida Amigo	00:26:56	00:54:53	00:54:37	722		V55	1
705	1733	Luís Fino	00:27:38	00:54:53	00:54:02	689		Senior	146
706	169	João Agostinho	00:28:12	00:54:54	00:54:17	707	Link	Senior	147
707	1402	David Booth	00:27:07	00:54:54	00:54:37	723		Senior	148
708	27	Goncalo Ribeiro	00:27:59	00:54:54	00:54:06	693		V40	126
709	1251	Paulo Soares	00:27:42	00:54:57	00:54:51	736		V35	142
710	350	Marco Silva	00:26:41	00:54:57	00:54:49	734		V35	143
711	349	Tiago Pires	00:26:22	00:54:58	00:54:28	714		V35	144
712	314	Vitor Morais	00:26:45	00:54:58	00:54:45	733		V55	37
713	21	Miguel Marques	00:28:02	00:55:00	00:54:40	726		V55	38
714	1493	Sofia Braz	00:27:29	00:55:00	00:54:40	727		Senior	15
715	211	Luis Dominuges	00:26:22	00:55:02	00:54:42	730		V35	145
716	304	Rui Braz	00:27:49	00:55:02	00:54:19	709	GDCTIN Casa da Moeda	V35	146
717	1595	Catarina Martins	00:27:45	00:55:04	00:54:30	716	SS CGD	V40	16
718	158	Tiago Pereira	00:28:17	00:55:06	00:54:40	724		V40	127
719	541	João Fontes	00:27:49	00:55:06	00:54:12	701	SS CGD	V35	147
720	666	José Pereira	00:26:00	00:55:09	00:55:00	743		V50	55

# CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
721	232	Mario Campos	00:27:32	00:55:10	00:54:35	720	CLUBE MILLENNIUM BCP	V65	6
722	318	Marco Pires	00:28:19	00:55:11	00:54:36	721		Senior	149
723	1607	Eduardo Ribeiro	00:29:06	00:55:11	00:54:23	712	GDCT Unicre	V45	91
724	1738	Nelson Curto	00:28:24	00:55:11	00:51:50	533		Senior	150
725	1420	Rui Andrade	00:28:43	00:55:12	00:54:08	696		Senior	151
726	1082	Jose Moreno	00:27:55	00:55:13	00:55:05	744		V45	92
727	1542	Andreia Castro	00:28:12	00:55:16	00:55:00	742		Senior	16
728	610	Sonia Figueiredo	00:27:47	00:55:25	00:54:58	740		V40	17
729	808	Vitor Almeida	00:27:29	00:55:26	00:55:08	748		V60	34
730	803	Elisa Sampaio	00:28:17	00:55:26	00:54:40	728		V45	13
731	319	Diogo Arraias	00:28:11	00:55:27	00:54:55	738	Os Arraias	V60	35
732	406	Justino Santos	00:27:46	00:55:31	00:55:07	746		V35	148
733	1021	José Correia	00:27:10	00:55:31	00:55:16	753		V45	93
734	671	Vitor Canto	00:29:02	00:55:32	00:54:32	717		V45	94
735	178	Bruno Jacob	00:27:15	00:55:34	00:55:27	761		Senior	152
736	1191	Fernando Silva	00:27:13	00:55:35	00:55:20	757		V45	95
737	1265	David Afonso	00:28:44	00:55:36	00:54:42	729	Clube TAP PORTUGAL	V45	96
738	898	Susana Rocha	00:27:37	00:55:38	00:54:54	737		V35	149
739	397	Bruno Paulos	00:28:47	00:55:38	00:54:29	715	SDC suspeitos do costume	Senior	153
740	1045	Arnaldo Machado	00:27:33	00:55:42	00:55:30	763	Casa Benfica Algueirão Mem Martins	V65	7

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
741	1522	Rui Carreiro	00:28:09	00:55:42	00:54:27	713		Senior	154
742	1115	Scarlato Vincenzo	00:28:02	00:55:42	00:55:12	751		V45	97
743	1312	João Ferreira	00:26:44	00:55:44	00:55:33	771		V35	150
744	1070	Maria Silva	00:27:30	00:55:44	00:54:57	739		V45	14
745	25	Nuno Almeida	00:28:50	00:55:46	00:54:51	735	Sportings de Almeida	V40	128
746	601	Joel Silva	00:27:22	00:55:46	00:55:20	758	ASAS NOS PÉS	Senior	155
747	379	Mário Ferro	00:27:42	00:55:48	00:55:33	770	Clube Ferroviario de Portugal	V60	36
748	1772	António Guerreiro	00:27:44	00:55:49	00:54:59	741		V55	39
749	818	José Patinha	00:28:24	00:55:51	00:54:44	732	DANTAS & PATINHA BEST	V45	98
750	1303	Filipe Martins	00:26:16	00:55:53	00:55:38	778		V35	151
751	1226	Antonio Soares	00:28:10	00:55:54	00:55:07	745	Team Soares	V50	56
752	842	Helena Moreira	00:28:06	00:55:55	00:55:24	760		V40	18
753	402	José Sousa	00:28:13	00:55:56	00:55:09	749		Senior	156
754	227	David Jorge	00:27:00	00:55:57	00:55:51	790	CLUBE MILLENNIUM BCP	Senior	157
755	476	Virginia Delgado	00:28:36	00:55:57	00:55:16	754	SS CGD	V40	19
756	438	Francisco Farinha	00:26:58	00:56:00	00:55:40	780	Pump Runners	Senior	158
757	459	Jorge Guerreiro	00:27:44	00:56:01	00:55:36	776		V45	99
758	680	Carla Lopes	00:28:11	00:56:03	00:55:22	759	G. D. I. N. E.	V40	20
759	214	Beatriz Matias	00:28:12	00:56:03	00:55:34	774		V40	21
760	1354	Joao Pires	00:27:38	00:56:04	00:55:48	786	Clube ANA Lisboa	V35	152

# CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
761	1611	Eugénia Teixeira	00:27:25	00:56:05	00:55:30	764		Senior	17
762	836	Filomena Santos	00:28:02	00:56:08	00:55:58	793		V40	22
763	399	Paula Gomes	00:28:37	00:56:08	00:55:33	768		V40	23
764	1516	Bruno Silva	00:28:37	00:56:08	00:55:34	773		Senior	159
765	1365	Joao Martins	00:27:29	00:56:09	00:55:45	784	Clube ANA Lisboa	Senior	160
766	890	Joaquim Pinto	00:29:42	00:56:11	00:55:16	755		V55	40
767	364	Rafael Santos	00:29:43	00:56:11	00:55:17	756	CCDTMetroLisboa	V45	100
768	1165	Joao Fardilha	00:28:55	00:56:13	00:55:32	765	E-CLUB	V45	101
769	1166	Jose Subtil	00:28:55	00:56:13	00:55:33	772	E-CLUB	V40	129
770	1149	Sónia Nobre	00:28:55	00:56:13	00:55:33	767	E-CLUB	V35	17
771	61	Diogo Silva	00:30:59	00:56:14	00:55:53	791		Senior	161
772	692	Jose Vermelhudo	00:28:05	00:56:14	00:55:39	779	NAV RUNNERS	V55	41
773	985	Aires Ildefonso	00:28:31	00:56:16	00:55:07	747		V60	37
774	738	Luísa Mourão	00:28:12	00:56:17	00:56:01	794	CCD Crédito Agrícola Mútuo	V35	18
775	1292	Rúben Marques	00:27:12	00:56:21	00:55:45	785	Mr.Optic,Lda	Junior	9
776	1382	Luis Ferreira	00:28:56	00:56:21	00:55:35	775	Benamora Team	V35	153
777	897	Paulo Dias	00:27:44	00:56:21	00:55:37	777		V35	154
778	286	Paulo Amorim	00:28:41	00:56:23	00:55:45	783		Senior	162
779	119	Nuno Jerónimo	00:30:01	00:56:23	00:55:12	752		V35	155
780	120	João Silva	00:30:03	00:56:24	00:55:11	750		V45	102

# CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
781	1780	Nuno Marques	00:27:46	00:56:27	00:56:05	795		V45	103
782	84	Tiago Almeida	00:27:51	00:56:29	00:55:33	766		V35	156
783	115	Luis Tonicher	00:27:51	00:56:30	00:55:33	769		V35	157
784	1094	Carlos Dias	00:28:29	00:56:30	00:55:49	787	Corrida Noturna do Parque das Nações	V60	38
785	230	Pedro Fernandes	00:28:47	00:56:33	00:55:50	789	CLUBE MILLENNIUM BCP	V40	130
786	139	Luis Vicente	00:28:04	00:56:33	00:56:16	800		V55	42
787	1103	David Faria	00:28:13	00:56:34	00:55:27	762		Senior	163
788	390	Carlos Fernandes	00:28:12	00:56:35	00:55:49	788	1st Flying Runners	V50	57
789	939	Teresa Cardoso	00:28:41	00:56:36	00:55:58	792	Serviços Sociais Montepio Geral	V35	19
790	1509	Fernando Teixeira	00:27:35	00:56:38	00:56:29	806		V55	43
791	325	Carla Oliveira	00:28:28	00:56:42	00:56:36	817		V40	24
792	335	Sérgio Ramalho	00:29:40	00:56:45	00:53:00	623		V35	158
793	473	Rui Oliveira	00:27:08	00:56:46	00:56:36	815	SS CGD	V40	131
794	1014	Luís Silva	00:28:43	00:56:46	00:55:40	781		V60	39
795	1474	Andre Morgado	00:26:59	00:56:46	00:56:41	824	Clube ANA Lisboa	Senior	164
796	87	Henrique Horta	00:27:15	00:56:48	00:56:30	807		V50	58
797	1194	Luís Ribeiro	00:30:59	00:56:49	00:55:44	782		Senior	165
798	1685	Victor Silva	00:27:53	00:56:50	00:56:27	803		V55	44
799	1247	Olga Severyanova	00:28:08	00:56:51	00:56:11	797		Senior	18
800	936	Paulo Rainho	00:29:52	00:56:51	00:56:11	798	Serviços Sociais Montepio Geral	V50	59



# CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
801	1653	José Tomé	00:27:55	00:56:52	00:56:21	801	Clube Accenture	V40	132
802	1317	Hélio Godinho	00:28:32	00:56:55	00:56:37	818		V65	8
803	30	Filipe Junot	00:28:12	00:56:56	00:56:41	825		Senior	166
804	776	Samuel Santos	00:26:27	00:56:58	00:56:52	842		Senior	167
805	340	Samuel Ferreira	00:27:55	00:57:00	00:56:55	846	Aldeia Velha Dá-te Asas	V35	159
806	529	José Leitão	00:28:19	00:57:01	00:56:33	812	ASAS NOS PÉS	V45	104
807	449	Luiz Rosa	00:28:42	00:57:01	00:56:32	809	Clube Atletismo Amigos de Belém	V60	40
808	1720	Manuel Rocha	00:28:14	00:57:01	00:56:42	828	Rocha	V60	41
809	228	Nuno Mendes	00:27:21	00:57:01	00:56:50	834	CLUBE MILLENNIUM BCP	Senior	168
810	899	Jorge Pêgo	00:29:55	00:57:02	00:56:13	799		V35	160
811	574	António Amaral	00:27:10	00:57:04	00:56:51	839	CATERINGPOR	V50	60
812	235	Joaquim Fulgencio	00:28:19	00:57:08	00:56:56	847	CLUBE MILLENNIUM BCP	V55	45
813	1152	Rui Figueiredo	00:28:28	00:57:08	00:56:50	835	E-CLUB	V40	133
814	1188	João Sousa	00:28:50	00:57:09	00:56:28	805		Senior	169
815	564	Filipe Cunha	00:29:01	00:57:11	00:56:47	830	Indra I-Tec Runners	V35	161
816	101	Antonio Pombinho	00:27:14	00:57:12	00:57:02	857		V55	46
817	696	José Filho	00:28:12	00:57:14	00:56:43	829		V45	105
818	682	Inês Carvalho	00:28:01	00:57:15	00:57:00	853	Carvalho Confraria	V35	20
819	853	Ana Proença	00:28:51	00:57:15	00:56:09	796		Senior	19
820	215	Ricardo Lampreia	00:28:33	00:57:17	00:56:49	833		V35	162

# CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
821	383	Judite Baixinho	00:29:38	00:57:18	00:56:34	813		Senior	20
822	382	Jose Baixinho	00:29:38	00:57:18	00:56:35	814		V55	47
823	761	Antonio Tavares	00:28:22	00:57:19	00:56:50	837	CCD PM CASCAIS	V50	61
824	1277	Pedro Namora	00:28:23	00:57:20	00:56:33	811	Run As We Speak	Senior	170
825	1276	André Carvalho	00:28:23	00:57:20	00:56:33	810	Run As We Speak	Senior	171
826	219	Dulce Ramos	00:28:19	00:57:21	00:57:11	872	CLUBE MILLENNIUM BCP	V45	15
827	653	João Frade	00:29:20	00:57:21	00:56:47	831	CLUBE COLABORADORES AGEAS	V40	134
828	223	Carlos Santo	00:28:19	00:57:21	00:57:08	867	CLUBE MILLENNIUM BCP	V55	48
829	14	José Agapito	00:30:01	00:57:22	00:56:26	802		V35	163
830	630	Hugo Sales	00:28:45	00:57:26	00:56:32	808		V35	164
831	552	Raúl Costa	00:29:10	00:57:26	00:56:27	804	Clube Robbialac	V55	49
832	1261	Jorge Lemos	00:28:31	00:57:28	00:56:47	832		V45	106
833	1360	Jose Almeida	00:29:03	00:57:28	00:57:17	877	Clube ANA Lisboa	V45	107
834	948	Luís Valente	00:27:50	00:57:28	00:56:56	848		V45	108
835	1724	Paulo Moniz	00:29:26	00:57:29	00:56:36	816		V40	135
836	279	David Charrinho	00:27:30	00:57:30	00:57:06	864	Sporting Clube de Casainhos	Senior	172
837	430	Ana Melo	00:28:17	00:57:31	00:57:20	881	Pump Runners	Senior	21
838	1054	António Bogas	00:27:33	00:57:31	00:57:21	883	Casa Benfica Algueirão Mem Martins	V50	62
839	1768	César Viegas	00:28:18	00:57:32	00:57:26	888		V55	50
840	1138	Aurélio Fernandes	00:32:10	00:57:34	00:57:07	865		V60	42

# CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
841	955	Gabriel Antonio	00:29:38	00:57:34	00:56:51	840	u.r.d.arranhò	V50	63
842	1241	Tiago Nunes	00:28:10	00:57:35	00:57:13	873		V35	165
843	1686	Diane Detollenaere	00:28:37	00:57:36	00:57:14	875		V50	5
844	186	Luis Costa	00:29:17	00:57:37	00:56:52	841		V40	136
845	1157	Gonçalo Lopes	00:29:29	00:57:37	00:56:57	849	E-CLUB	V40	137
846	918	Jose Castro	00:27:59	00:57:39	00:57:30	894		V55	51
847	1596	Marta Berneaud	00:28:19	00:57:39	00:57:29	893	Ortobest Running Team	Senior	22
848	1023	Luis Armindo	00:30:09	00:57:40	00:56:41	823		V45	109
849	1024	Sérgio Frade	00:30:09	00:57:40	00:56:41	821		V40	138
850	1254	João Deus	00:29:44	00:57:41	00:57:10	870	CTT Aeroporto	Senior	173
851	249	Pedro Murca	00:28:55	00:57:41	00:57:32	896	CLUBE MILLENNIUM BCP	V45	110
852	1580	Paulo Godinho	00:29:01	00:57:41	00:57:27	889		V40	139
853	860	Luis Bilro	00:29:05	00:57:41	00:56:50	838		Senior	174
854	847	Bruno Abrantes	00:28:11	00:57:41	00:57:09	869		V40	140
855	967	José Sebastião	00:29:37	00:57:42	00:56:42	826		V45	111
856	517	Antonio Pais	00:28:08	00:57:45	00:57:40	909	CCD O ALVITEJO/O FORNO	V65	9
857	363	Carlos Moreira	00:29:32	00:57:45	00:56:54	845	CCDTMetroLisboa	V60	43
858	471	Paulo Correia	00:30:00	00:57:50	00:56:53	844	SS CGD	V45	112
859	1638	Isabel Rodrigues	00:30:00	00:57:50	00:56:53	843	COO	V45	16
860	429	Ana Jorge	00:28:29	00:57:50	00:57:02	856	Pump Runners	Senior	23

# CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
861	934	Manuel Narciso	00:28:14	00:57:51	00:57:20	880	Serviços Sociais Montepio Geral	V50	64
862	1614	Paulo Padrão	00:28:14	00:57:51	00:57:28	890		V45	113
863	1137	Jorge Morgado	00:28:18	00:57:52	00:57:14	874		V35	166
864	681	Nuno Almeida	00:30:05	00:57:52	00:57:11	871	COALA	V35	167
865	789	João Gaspar	00:28:49	00:57:54	00:56:59	852		V50	65
866	1150	Luis Simões	00:28:49	00:57:54	00:56:59	851		V40	141
867	1467	Diogo Soares	00:30:08	00:57:55	00:57:03	859	Clube ANA Lisboa	Senior	175
868	1764	Rodrigo Reis	00:30:08	00:57:55	00:56:42	827		V40	142
869	658	Vitor Ramos	00:29:16	00:57:55	00:57:23	885	CLUBE COLABORADORES AGEAS	V45	114
870	549	Francisco Cabral	00:29:59	00:57:56	00:56:50	836	Clube Robbialac	Junior	10
871	586	José Pereira	00:29:55	00:57:56	00:57:01	854	Amigos Vale Silencio	V65	10
872	1671	Nuno Macedo	00:31:25	00:57:56	00:57:04	861		V35	168
873	1613	Fernanda Manso	00:32:34	00:57:57	00:56:41	822	Clube ANA Lisboa	V35	169
874	100	Joao Cruz	00:28:32	00:57:58	00:57:20	882		V40	143
875	496	Antonio Negrinho	00:30:00	00:57:59	00:57:01	855	SS CGD	V50	66
876	1003	Carlos Paiva	00:30:10	00:58:01	00:57:02	858	Clube do Stress	V55	52
877	1220	Rodrigo Miguel	00:29:29	00:58:02	00:57:18	878	Megasis - SAP	Senior	176
878	699	Carlos Miguel	00:29:10	00:58:02	00:57:34	900		V45	115
879	600	Cátia Nobre	00:29:30	00:58:02	00:57:29	892	ASAS NOS PÉS	V35	21
880	727	Pedro Gomes	00:29:13	00:58:02	00:57:09	868	SS CGD	V35	170

# CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
881	807	Vasco Justino	00:29:49	00:58:03	00:57:04	862		V35	171
882	533	Martins Barata	00:28:13	00:58:04	00:57:41	910	Clube Ferroviario de Portugal	V70	4
883	708	Carlota Silva	00:48:08	00:58:06	00:57:36	904	NAV RUNNERS	V55	2
884	912	Egidia Martins	00:48:09	00:58:06	00:57:34	901	NAV RUNNERS	V60	2
885	1000	Pedro Franco	00:28:37	00:58:06	00:56:58	850	Acru Brilho	Senior	177
886	1602	Paulo Duarte	00:30:21	00:58:06	00:56:38	820	GDCT Unicre	V50	67
887	1603	Vitor Cid	00:30:21	00:58:06	00:56:38	819	GDCT Unicre	V40	144
888	428	Paula Jorge	00:28:29	00:58:07	00:57:04	860	Pump Runners	V35	22
889	1637	António Bila	00:31:04	00:58:08	00:57:08	866	COO	V60	44
890	1075	Frederico Ferreira	00:30:53	00:58:11	00:57:41	911		V35	172
891	896	José Eugénio	00:29:20	00:58:12	00:57:22	884		V55	53
892	857	João Malha	00:29:47	00:58:14	00:57:06	863		V35	173
893	862	Pedro Ferreira	00:30:02	00:58:14	00:57:25	886		V40	145
894	562	Ricardo Rodrigues	00:29:49	00:58:16	00:57:17	876		V35	174
895	1376	Ricardo Araújo	00:30:27	00:58:17	00:57:28	891	Fly Me To The Moon	Senior	178
896	1740	Cátia Martins	00:29:05	00:58:17	00:57:19	879		V35	23
897	1670	Tomás Pipa	00:27:36	00:58:18	00:57:44	912	Clube Accenture	Senior	179
898	11	Mário Sobral	00:30:16	00:58:18	00:57:36	903		V40	146
899	1059	Paulo Antunes	00:28:05	00:58:19	00:58:10	931	LESMA ALOPRADAS	V45	116
900	1730	Hugo Gaspar	00:29:23	00:58:21	00:57:32	898		V35	175

# CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
901	539	Álvaro Furtado	00:30:43	00:58:22	00:57:26	887	SS CGD	V55	54
902	810	Fernando Carrilho	00:28:06	00:58:23	00:58:15	935		V55	55
903	156	Cristina Cunha	00:30:13	00:58:23	00:57:45	913		V45	17
904	1697	José Moga	00:30:15	00:58:24	00:57:37	905		V55	56
905	584	Sandra Batista	00:30:15	00:58:24	00:57:37	906	Amigos Vale Silencio	V40	25
906	849	Sónia Capitão-Mor	00:29:33	00:58:27	00:57:49	915		V35	24
907	693	Sandro Prates	00:27:42	00:58:28	00:58:02	922		V35	176
908	1731	Sandra Gaspar	00:29:23	00:58:29	00:57:39	908		V35	25
909	1492	Edgar Serrano	00:27:29	00:58:29	00:58:10	932		V35	177
910	1563	José Santos	00:29:29	00:58:30	00:58:21	941		V55	57
911	791	Diogo Paisana	00:28:34	00:58:31	00:58:17	937		Senior	180
912	98	Dmitry Sorokin	00:29:23	00:58:32	00:58:02	923		V40	147
913	1521	Tânia Saraiva	00:29:48	00:58:32	00:57:31	895		V35	26
914	488	Nuno Oliveira	00:30:01	00:58:32	00:57:37	907	SS CGD	V50	68
915	1612	António Vieira	00:28:05	00:58:33	00:57:36	902	CASA DO PESSOAL DA RTP	V50	69
916	1484	Patricia Fernandes	00:28:05	00:58:33	00:58:19	938	Clube ANA Lisboa	V40	26
917	839	Nuno Silva	00:29:24	00:58:35	00:58:01	921		V40	148
918	1098	Samuel Martins	00:28:42	00:58:35	00:57:48	914	Solera Runners	V40	149
919	695	Joanna Paraizo	00:29:33	00:58:36	00:57:57	920		Senior	24
920	1745	Rui Silva	00:29:54	00:58:37	00:57:53	918		Senior	181

# CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
921	118	Ricardo Silva	00:29:54	00:58:37	00:57:53	917		Senior	182
922	1609	Afonso Belo	00:28:11	00:58:37	00:58:22	942	Alverca Urban Runners	V45	117
923	768	Teresa Simoes	00:29:36	00:58:38	00:58:07	926	CCD PM CASCAIS	V40	27
924	1250	Paulo Estopa	00:29:10	00:58:39	00:58:09	929	NAV RUNNERS	V45	118
925	1282	Carlos Marinho	00:29:44	00:58:40	00:58:08	928	CTT Aeroporto	V35	178
926	863	Milton Pereira	00:30:42	00:58:40	00:57:34	899		Senior	183
927	500	Fernando Alves	00:29:41	00:58:45	00:57:50	916	SS CGD	V50	70
928	1423	João Ribeiro	00:29:48	00:58:48	00:57:56	919		Senior	184
929	1383	Nuno Sousa	00:28:40	00:58:52	00:58:07	927	Benamora Team	Senior	185
930	650	Rui Lopes	00:29:28	00:58:52	00:58:13	934	"Os Matrecos"	V50	71
931	29	Joaquim Feijoo	00:28:58	00:58:52	00:58:28	944		V65	11
932	1046	Joaquim Hermenegildo	00:28:37	00:58:54	00:58:39	951	Casa Benfica Algueirão Mem Martins	V50	72
933	707	Paulo Oliveira	00:29:30	00:58:54	00:58:10	930		V50	73
934	112	Fernando Pina	00:29:57	00:58:55	00:58:20	939		V40	150
935	255	Delfina Alexandre	00:28:57	00:58:56	00:58:31	946	CLUBE MILLENNIUM BCP	V45	18
936	276	Nuno Pereira	00:28:18	00:58:58	00:58:52	962	Sporting Clube de Casainhos	V45	119
937	1106	Alice Sousa	00:28:57	00:59:01	00:58:34	948		Junior	1
938	1263	Antonio Ribeiro	00:29:03	00:59:01	00:58:05	924	Clube TAP PORTUGAL	V50	74
939	870	Sergio Pereira	00:30:23	00:59:01	00:58:27	943		V40	151
940	1428	Margarida Morais	00:30:01	00:59:03	00:58:05	925	Casal Moderno	Senior	25

# CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
941	1118	Miguel Estêvão	00:29:10	00:59:08	00:58:38	950	NAV RUNNERS	V40	152
942	773	Pedro Ferreira	00:29:10	00:59:09	00:58:42	957	NAV RUNNERS	V40	153
943	423	Nuno Dias	00:28:25	00:59:10	00:58:56	970		V35	179
944	495	Antonio Carpinteiro	00:29:16	00:59:10	00:58:58	972	SS CGD	V70	5
945	1322	Luis Coito	00:29:51	00:59:13	00:58:56	969		V45	120
946	1184	Acácio Gamboa	00:30:19	00:59:14	00:58:12	933		V45	121
947	1616	Adelaide Portela	00:30:08	00:59:19	00:58:21	940	Casal Moderno	Senior	26
948	989	Maria Inês	00:29:48	00:59:20	00:58:55	968	Balhelhas	Senior	27
949	329	Rui Domingues	00:29:39	00:59:20	00:58:41	956		V50	75
950	966	Rui Eiras	00:28:25	00:59:21	00:59:02	974		Senior	186
951	609	Marco Sousa	00:28:18	00:59:21	00:58:34	949		V40	154
952	1584	Sandra Silva	00:30:14	00:59:22	00:58:17	936		V35	27
953	1496	Paulo Souto	00:32:18	00:59:23	00:58:31	945		V50	76
954	1497	Pedro Vilela	00:32:18	00:59:23	00:58:32	947		V35	180
955	311	Mateus Sossai	00:28:54	00:59:23	00:59:14	989		Senior	187
956	330	Ana Domingues	00:29:39	00:59:24	00:58:45	958		V50	6
957	342	Fernando Nunes	00:29:45	00:59:24	00:58:46	959		V55	58
958	964	Nuno Ferreira	00:30:59	00:59:27	00:58:40	954		V35	181
959	846	Paulo Gonçalves	00:30:58	00:59:27	00:58:40	953		V50	77
960	704	Francisco Linhol	00:30:44	00:59:31	00:58:41	955		V60	45



# CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
961	1781	António Donato	00:28:28	00:59:32	00:59:08	983		V50	78
962	1656	Valter Lima	00:29:15	00:59:33	00:59:05	977	Clube Accenture	V40	155
963	673	Emanuel Ebrero	00:27:43	00:59:36	00:59:05	975		V40	156
964	256	Carlos Tome	00:29:51	00:59:38	00:58:52	963	CLUBE MILLENNIUM BCP	V65	12
965	257	Fernando Almeida	00:29:51	00:59:38	00:59:06	980	CLUBE MILLENNIUM BCP	V45	122
966	914	Carla Morgado	00:30:44	00:59:39	00:58:49	961		V40	28
967	1034	João Vaz	00:28:13	00:59:40	00:59:26	997		V35	182
968	1289	Nuno Loureiro	00:29:50	00:59:41	00:59:06	981	Falcões Selvagens	V50	79
969	427	Hugo Pereira	00:30:02	00:59:43	00:58:40	952	Pump Runners	V40	157
970	793	Gonçalo João	00:30:38	00:59:44	00:59:30	1001		Senior	188
971	1461	Rodolfo Aniceto	00:27:51	00:59:45	00:59:32	1003	Clube ANA Lisboa	V35	183
972	1651	Ana Moraes	00:28:58	00:59:45	00:59:14	988	Clube Accenture	V45	19
973	431	Carla Vitorino	00:30:02	00:59:47	00:58:58	971	Pump Runners	V40	29
974	425	Tânia Sales	00:30:01	00:59:47	00:58:53	965	Pump Runners	V35	28
975	444	Nuno Bastos	00:30:01	00:59:47	00:58:52	964	Pump Runners	V45	123
976	886	Nuno Serrano	00:29:39	00:59:50	00:59:35	1007	Cansados	V35	184
977	885	Joel Mósca	00:29:39	00:59:50	00:59:35	1008	Cansados	V45	124
978	1442	Paula Campos	00:29:42	00:59:51	00:59:35	1009	Clube ANA Lisboa	V40	30
979	126	Nuno Fragoso	00:30:55	00:59:54	00:58:53	967		V40	158
980	1375	Lourenço Nogueira	00:30:38	00:59:54	00:59:06	978	Salvaterra Night Runners	V40	159

# CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
981	1373	Alexandre Fernandes	00:30:38	00:59:54	00:59:06	979	Salvaterra Night Runners	V40	160
982	281	Custódio Quibina	00:28:43	00:59:54	00:59:32	1002	Sporting Clube de Casainhos	Senior	189
983	273	Ana Baptista	00:28:44	00:59:55	00:59:34	1006	Sporting Clube de Casainhos	Senior	28
984	275	Carlos Baptista	00:28:40	00:59:55	00:59:34	1005	Sporting Clube de Casainhos	V55	59
985	854	Miguel Alves	00:31:18	00:59:56	00:58:53	966		Senior	190
986	55	Ricardo Freitas	00:29:31	00:59:57	00:59:13	987		V35	185
987	1759	Pedro Silveira	00:30:16	00:59:57	00:58:48	960		V40	161
988	940	Jorge Ferreira	00:29:30	00:59:57	00:59:23	994	running of d <sup>a</sup> maria	V50	80
989	582	Ricardo Santos	00:30:14	00:59:57	00:59:24	995		V40	162
990	1344	Sara Gonçalves	00:29:31	00:59:58	00:59:46	1015	Outsystems	Senior	29
991	351	Nuno Molero	00:29:32	00:59:58	00:59:07	982		Senior	191
992	881	Vítor Rodrigues	00:32:17	00:59:59	00:59:02	973	G.A. Monsanto/Gascan	V60	46
993	1065	Paula Ferreira	00:28:53	01:00:00	00:59:49	1018		V40	31
994	472	Pedro Medeiros	00:30:06	01:00:01	00:59:09	986	SS CGD	V40	163
995	1536	Arménio Pinheiro	00:30:19	01:00:03	00:59:18	990		V45	125
996	568	Manuel Rodrigues	00:30:09	01:00:06	00:59:32	1004	CATERINGPOR	V55	60
997	1016	Ana Siqueira	00:31:03	01:00:07	00:59:08	985		Senior	30
998	1284	Ole Brandmeyer	00:31:02	01:00:08	00:59:08	984		Senior	192
999	1779	Laura Kroet	00:29:47	01:00:09	00:59:29	999		Senior	31
1000	233	Sergio Anjos	00:29:58	01:00:10	00:59:57	1021	CLUBE MILLENNIUM BCP	V65	13

# CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
1001	834	David Feijão	00:29:28	01:00:11	00:59:59	1024		V35	186
1002	835	Dina Silva	00:29:28	01:00:11	00:59:59	1023		Senior	32
1003	1701	Filipe Coquim	00:30:09	01:00:14	00:59:36	1010		Senior	193
1004	39	Antonio Faria	00:30:06	01:00:15	00:59:20	992		V60	47
1005	443	Mariana Miurim	00:30:06	01:00:15	00:59:20	991	Pump Runners	Senior	33
1006	1436	Rute Fernandes	00:31:30	01:00:16	00:59:48	1017	Clube ANA Lisboa	V45	20
1007	1393	Nuno Leitão	00:30:55	01:00:17	00:59:05	976		V35	187
1008	1406	Hirondina Simões	00:30:06	01:00:17	00:59:40	1014		V50	7
1009	1193	Rita Romero	00:30:36	01:00:18	00:59:58	1022		V40	32
1010	260	Luis Silva	00:30:04	01:00:20	00:59:47	1016	CLUBE MILLENNIUM BCP	V45	126
1011	1564	Ricardo Verissimo	00:29:55	01:00:21	00:59:25	996		Senior	194
1012	44	Carina Condeço	00:28:13	01:00:21	01:00:19	1039		Senior	34
1013	550	José Vilela	00:30:14	01:00:22	00:59:23	993	Clube Robbialac	V50	81
1014	1154	Bruno Dias	00:29:25	01:00:27	01:00:12	1032	E-CLUB	V40	164
1015	386	Marta Lima	00:31:33	01:00:30	00:59:28	998	1st Flying Runners	Senior	35
1016	387	Nuno Lima	00:31:33	01:00:30	00:59:29	1000	1st Flying Runners	Senior	195
1017	953	Lurdes António	00:30:14	01:00:31	01:00:22	1040	Link	V45	21
1018	360	Carla Manteigas	00:30:03	01:00:32	00:59:39	1013	CCDTMetroLisboa	V35	29
1019	361	José Tavares	00:30:03	01:00:32	00:59:38	1012	CCDTMetroLisboa	V45	127
1020	1553	Patrícia Pereira	00:29:52	01:00:32	01:00:05	1029		V35	30

# CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
1021	507	Veloso Maria	00:30:16	01:00:33	01:00:08	1031		V65	1
1022	410	Ana Chorincas	00:29:22	01:00:38	01:00:19	1037	Indra I-Tec Runners	Senior	36
1023	411	Ricardo Caldas	00:29:22	01:00:38	01:00:19	1038	Indra I-Tec Runners	V35	188
1024	880	Luís Antunes	00:30:06	01:00:45	00:59:57	1020	G.A. Monsanto/Gascan	V50	82
1025	1338	Susana Santos	00:30:32	01:00:49	00:59:56	1019	Clube ANA Lisboa	V40	33
1026	1319	Jose Coelho	00:30:33	01:00:52	00:59:59	1025		V50	83
1027	715	Fernando Lemos	00:28:27	01:00:53	01:00:46	1051		V45	128
1028	437	Eva Caetano	00:30:27	01:00:54	01:00:00	1026	Pump Runners	Senior	37
1029	781	Miguel Silva	00:30:49	01:00:55	00:59:36	1011		V35	189
1030	1754	Marcelo Nobrega	00:29:27	01:00:56	01:00:00	1027		Senior	196
1031	125	Miguel Ventura	00:29:21	01:00:58	01:00:55	1054		V35	190
1032	809	Sofia Guilhoto	00:30:00	01:00:59	01:00:31	1042		V40	34
1033	24	Ana Almeida	00:30:58	01:01:03	01:00:07	1030	Sportings de Almeida	V35	31
1034	815	Sergio Amaral	00:30:03	01:01:03	01:00:36	1045		V40	165
1035	757	Antonio Carvalho	00:29:55	01:01:04	01:00:39	1046	Antonio Manuel Soares Carvalho, Unipessoal Lda	V40	166
1036	1097	Miguel Rijo	00:30:35	01:01:04	01:00:15	1035	Solera Runners	V40	167
1037	1101	Nuno Silva	00:30:36	01:01:04	01:00:14	1034	Solera Runners	Senior	197
1038	1327	Bruno Palma	00:30:24	01:01:07	01:00:40	1049	ASAS NOS PÉS	Senior	198
1039	1105	Lara Martins	00:30:46	01:01:08	01:00:41	1050		Junior	2
1040	1036	Luis Bikmann	00:33:29	01:01:08	01:00:04	1028		V35	191

# CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
1041	983	Tatiana Ildefonso	00:30:31	01:01:09	01:00:27	1041		Senior	38
1042	1555	Rafael Martins	00:30:46	01:01:09	01:00:35	1044		Senior	199
1043	799	Bruno Gonçalves	00:35:56	01:01:12	01:00:18	1036		Senior	200
1044	840	Mariana Teixeira	00:30:00	01:01:18	01:01:09	1058		Senior	39
1045	1384	Jorge Oliveira	00:29:22	01:01:19	01:01:14	1061	Clube Ferroviario de Portugal	V65	14
1046	905	Rita Baltazar	00:31:06	01:01:19	01:01:16	1065		V35	32
1047	805	António Oliveira	00:31:53	01:01:22	01:00:14	1033		V40	168
1048	1174	Paulo Barros	00:30:37	01:01:22	01:01:04	1056		V45	129
1049	1175	Paulo Paredes	00:30:37	01:01:22	01:01:04	1057		V40	169
1050	1585	Patrícia Fidalgo	00:30:18	01:01:34	01:01:19	1066	pace.makers	V35	33
1051	293	Miguel Fraga	00:38:27	01:01:37	01:00:54	1052	GDCTIN Casa da Moeda	V45	130
1052	1086	João Castro	00:30:42	01:01:42	01:01:30	1074	CLUBE ANACOM	V55	61
1053	1170	Ana Lopes	00:31:16	01:01:43	01:00:40	1048	E-CLUB	V45	22
1054	1418	Helena Costa	00:30:32	01:01:43	01:01:40	1081		V55	3
1055	949	Tiago Martins	00:30:41	01:01:43	01:00:32	1043	Bagaço e Shisha Trail Team	Senior	201
1056	168	Fernando Faria	00:30:56	01:01:45	01:01:25	1070	Link	V50	84
1057	1722	Maria Sebastião	00:30:56	01:01:45	01:01:09	1059	NAV RUNNERS	V50	8
1058	1769	Maria Viegas	00:29:25	01:01:49	01:01:43	1083		V50	9
1059	802	Bruno Ramos	00:30:58	01:01:50	01:00:40	1047		V40	170
1060	750	Nuno Gomes	00:30:53	01:01:51	01:01:22	1068	Clube EDP Lisboa	V45	131

# CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
1061	167	João Mateus	00:30:26	01:01:52	01:01:15	1064	Link	Senior	40
1062	1345	Manuel Ferreira	00:29:18	01:01:52	01:01:44	1084	Outsystems	V45	132
1063	635	Nuno Gonçalves	00:30:46	01:01:53	01:00:55	1053	Keep Running	V60	48
1064	1400	Sónia Chambel	00:30:19	01:01:54	01:01:40	1080		V40	35
1065	1744	Merçedes Fonseca	00:31:58	01:01:56	01:01:26	1072		V60	3
1066	245	Nelson Guimaraes	00:31:22	01:01:57	01:01:35	1076	CLUBE MILLENNIUM BCP	V65	15
1067	198	Carla Matos	00:30:13	01:01:57	01:01:52	1087		Senior	202
1068	1221	Carlos Garcia	00:34:28	01:01:59	01:01:15	1063	Megasis - SAP	Senior	203
1069	1032	Tabrez Hanif	00:32:06	01:02:01	01:01:33	1075	NAV RUNNERS	Senior	204
1070	1605	Rita Palma	00:31:50	01:02:01	01:01:14	1062	GDCT Unicre	Senior	41
1071	1490	Fernando Martins	00:30:51	01:02:04	01:01:03	1055	CTT Aeroporto	V50	85
1072	703	Lara Valente	00:30:50	01:02:05	01:01:25	1071		V35	34
1073	460	Tetyana Vyhovska	00:31:50	01:02:07	01:01:21	1067		Senior	42
1074	1782	António Mendes	00:31:08	01:02:07	01:01:13	1060		V35	192
1075	297	Paulo Sousa	00:31:42	01:02:10	01:01:29	1073	GDCTIN Casa da Moeda	V40	171
1076	239	Vasco Ourelo	00:30:12	01:02:11	01:01:41	1082	CLUBE MILLENNIUM BCP	V40	172
1077	1433	Luis Fiuza	00:39:31	01:02:12	01:02:08	1099	Clube ANA Lisboa	V50	86
1078	1340	Joao Santos	00:30:13	01:02:14	01:02:02	1095	Outsystems	V40	173
1079	1053	Mário Lameirão	00:31:13	01:02:15	01:02:00	1094	Casa Benfica Algueirão Mem Martins	V65	16
1080	1565	Ana Pereira	00:31:09	01:02:22	01:01:38	1078		V35	35

# CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
1081	1705	Guilherme Folhadela	00:30:37	01:02:23	01:01:58	1092		V35	193
1082	915	Bruno Arcanjo	00:31:25	01:02:29	01:01:37	1077		Senior	205
1083	321	Jose Bandeira	00:31:53	01:02:30	01:01:23	1069	GDCTIN Casa da Moeda	V55	62
1084	343	Duarte Loreto	00:31:26	01:02:31	01:01:55	1088		V40	174
1085	1658	Sílvia Soares	00:31:26	01:02:31	01:01:55	1089	Clube Accenture	V35	36
1086	1153	Margarida Leal	00:31:25	01:02:31	01:02:07	1098	E-CLUB	V40	36
1087	359	Susana Mendes	00:30:35	01:02:33	01:02:10	1100	CCDTMetroLisboa	V40	37
1088	576	Alberto Santos	00:30:14	01:02:33	01:01:59	1093	CATERINGPOR	V55	63
1089	571	Alfredo Piedade	00:30:10	01:02:34	01:02:26	1106	CATERINGPOR	V50	87
1090	901	Inês Martins	00:31:37	01:02:39	01:01:56	1090	NAV RUNNERS	Senior	43
1091	1695	Vera Lopes	00:31:37	01:02:39	01:01:57	1091		Senior	44
1092	258	Virgilio Ferreira	00:32:01	01:02:41	01:01:48	1086	CLUBE MILLENNIUM BCP	V60	49
1093	900	Ricardo Duarte	00:31:45	01:02:42	01:02:26	1105		Senior	206
1094	457	Aurélío Calado	00:31:58	01:02:43	01:01:48	1085	4 ao Km	V65	17
1095	1581	Margarida Benevides	00:32:00	01:02:45	01:01:39	1079		V35	37
1096	292	Filipe Guerra	00:32:01	01:02:45	01:02:04	1096	GDCTIN Casa da Moeda	V35	194
1097	779	João Rodrigues	00:32:24	01:02:52	01:02:06	1097	NAV RUNNERS	V55	64
1098	1064	Joao Palma	00:30:26	01:02:52	01:02:12	1101		V35	195
1099	598	António Martins	00:30:33	01:02:54	01:02:25	1104	ASAS NOS PÉS	V50	88
1100	177	Lúisa Santos	00:30:47	01:02:55	01:02:28	1107		V45	23

# CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
1101	1405	Nuno Cachão	00:31:13	01:02:58	01:02:16	1102		Senior	207
1102	1332	António Silvestre	00:30:19	01:02:59	01:02:44	1112		V40	175
1103	532	Jesuina Correia	00:31:40	01:03:19	01:02:45	1113	ASAS NOS PÉS	V55	4
1104	525	Conceição Cunha	00:31:41	01:03:20	01:02:46	1115	ASAS NOS PÉS	V50	10
1105	726	Mafalda Barão	00:32:11	01:03:24	01:02:58	1122	SS CGD	V40	38
1106	742	Paula Neto	00:32:03	01:03:25	01:03:03	1124	CCD Crédito Agrícola Mútuo	V50	11
1107	618	António Guedes	00:31:06	01:03:26	01:02:45	1114	AÇOREANA	V45	133
1108	1528	José Vale	00:29:48	01:03:28	01:03:27	1139		V55	65
1109	210	Maria Simoes	00:30:46	01:03:28	01:03:05	1125		V45	24
1110	1124	Armando Pinho	00:34:35	01:03:30	01:02:24	1103		V40	176
1111	267	Joao Cunha	00:31:57	01:03:35	01:02:29	1108	CLUBE MILLENNIUM BCP	V55	66
1112	80	Julio Verde	00:32:25	01:03:35	01:02:38	1109		V50	89
1113	1333	Alberto Lixa	00:30:33	01:03:36	01:03:23	1136		V50	90
1114	657	Vanda Sequeira	00:31:21	01:03:36	01:03:03	1123	CLUBE COLABORADORES AGEAS	V40	39
1115	451	Mayer Raposo	00:33:02	01:03:42	01:02:40	1110	Associação de Atletismo lebres do Sado	V65	18
1116	1577	Tânia Carvalho	00:31:30	01:03:43	01:02:48	1116	Pump Runners	Senior	45
1117	1632	1632	00:30:34	01:03:44	01:03:12	1128		Senior	208
1118	990	António Abrantes	00:29:53	01:03:45	01:03:19	1134	Balhelhas	V60	50
1119	893	Adélia Ferreira	00:32:07	01:03:47	01:02:52	1121		V40	40
1120	877	António Reyes	00:32:20	01:03:49	01:02:51	1120	G.A. Monsanto/Gascan	V60	51



# CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
1121	1295	Fernando Ferreira	00:32:03	01:03:49	01:03:19	1135		V35	196
1122	452	Eduardo Pestana	00:32:31	01:03:50	01:02:49	1118	kaninos	V35	197
1123	998	Tiago Castro	00:29:14	01:03:51	01:02:42	1111	Acru Brilho	Senior	209
1124	1248	Diogo Barata	00:29:03	01:03:52	01:03:29	1142	Outfit	Senior	210
1125	1146	Manuel Cardim	00:32:29	01:03:53	01:02:48	1117	C.A.D.T.Portucel Setubal	V60	52
1126	1147	José Galveia	00:32:29	01:03:53	01:02:49	1119	C.A.D.T.Portucel Setubal	V60	53
1127	1182	Edmundo Costa	00:30:31	01:04:01	01:03:40	1150		V55	67
1128	436	Dora Esteves	00:31:15	01:04:03	01:03:13	1130	Pump Runners	Senior	46
1129	1552	Tiago Ramos	00:32:40	01:04:05	01:03:25	1137		V35	198
1130	1664	Nuno Franco	00:30:47	01:04:06	01:03:39	1149		V35	199
1131	445	Nuno Henrique	00:30:24	01:04:08	01:03:13	1129	Pump Runners	V40	177
1132	305	Ana Pereira	00:31:43	01:04:09	01:03:28	1141	GDCTIN Casa da Moeda	V35	38
1133	1008	Bruno Santos	00:31:45	01:04:12	01:03:55	1157		Senior	211
1134	687	Nuno Fernandes	00:31:51	01:04:21	01:03:18	1131	Nuno's Running Team	V35	200
1135	688	Nuno Martins	00:31:51	01:04:22	01:03:18	1132	Nuno's Running Team	V35	201
1136	102	David Penedo	00:32:01	01:04:22	01:04:17	1170	Aldeia Velha Dá-te Asas	V35	202
1137	113	Jorge Epifanio	00:32:01	01:04:23	01:04:17	1171	Aldeia Velha Dá-te Asas	V40	178
1138	352	Miguel Ribeiro	00:30:49	01:04:23	01:03:25	1138		V40	179
1139	974	Hugo Oliveira	00:33:39	01:04:24	01:03:11	1126		V40	180
1140	1049	Ricardo Sousa	00:33:39	01:04:24	01:03:11	1127	Casa Benfica Algueirão Mem Martins	V45	134

# CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
1141	591	Patricia Santos	00:31:42	01:04:25	01:03:49	1153	ASAS NOS PÉS	Senior	47
1142	617	Claudia Tam	00:32:27	01:04:26	01:03:35	1146	AÇOREANA	Senior	48
1143	356	José Pires	00:32:40	01:04:27	01:03:33	1144	CCDTMetroLisboa	V80	1
1144	374	Gilberto Gonçalves	00:32:41	01:04:27	01:03:32	1143		V65	19
1145	467	Helder Alexandre	00:32:52	01:04:27	01:03:27	1140	Starfish	V40	181
1146	271	Olivia Lucas	00:31:36	01:04:28	01:04:04	1166	Breakaway	V50	12
1147	270	Vítor Lucas	00:30:22	01:04:28	01:04:04	1164	Breakaway	V50	91
1148	851	João Martins	00:32:35	01:04:29	01:03:19	1133		V35	203
1149	1206	Ricardo Pinheiro	00:36:02	01:04:29	00:53:29	656	NEWREST	Senior	212
1150	242	Vasco Aniceto	00:30:48	01:04:35	01:04:23	1174	CLUBE MILLENNIUM BCP	V40	182
1151	1002	António Paulino	00:34:33	01:04:36	01:03:34	1145	Clube do Stress	V60	54
1152	1004	Maria Paiva	00:32:55	01:04:36	01:03:37	1148	Clube do Stress	V50	13
1153	731	Cândida Esteves	00:30:52	01:04:37	01:04:21	1173	CCD Crédito Agrícola Mútuo	V40	41
1154	1625	Adriana Pais	00:32:14	01:04:38	01:03:59	1161		Senior	49
1155	1321	Andreia Clemente	00:31:56	01:04:40	01:04:36	1193		Senior	50
1156	1389	Manuel Cardoso	00:32:22	01:04:40	01:03:35	1147		V45	135
1157	56	Paula Almeida	00:33:14	01:04:42	01:03:49	1155		V45	25
1158	57	Gabriel Marcondes	00:33:14	01:04:42	01:03:49	1154		Senior	213
1159	1666	Clara Mina	00:30:56	01:04:46	01:04:27	1180	Clube de Atletismo Vale Figueira	V55	5
1160	1096	João Centeno	00:32:26	01:04:46	01:04:03	1162	Corrida Noturna do Parque das Nações	Junior	11

# CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
1161	1665	António Mina	00:30:55	01:04:46	01:04:28	1182	Clube de Atletismo Vale Figueira	V50	92
1162	908	João Sousa	00:32:09	01:04:46	01:04:05	1167		V45	136
1163	1095	Ines Barroso	00:32:26	01:04:46	01:04:03	1163	Corrida Noturna do Parque das Nações	V40	42
1164	797	Luís Abreu	00:31:54	01:04:48	01:03:44	1151	Indra I-Tec Runners	V50	93
1165	1572	Nuno Simão	00:30:32	01:04:48	01:03:57	1158		V45	137
1166	1710	Luis Almeida	00:31:49	01:04:50	01:04:34	1190		V45	138
1167	1341	Arlindo Lima	00:30:14	01:04:50	01:04:37	1194	Outsystems	Senior	214
1168	855	Paula Calisto	00:33:00	01:04:51	01:04:48	1198		V35	39
1169	154	Rui Carvalho	00:32:14	01:04:51	01:04:06	1168		V50	94
1170	1043	Rita Dinis	00:33:32	01:04:51	01:03:46	1152		Senior	51
1171	845	Ana Ramos	00:31:47	01:04:56	01:04:25	1176	NAV RUNNERS	V55	6
1172	185	Lucia Cortinhal	00:32:03	01:04:58	01:04:29	1183		V40	43
1173	1524	Cátia Pinto	00:33:42	01:04:58	01:04:34	1189		Senior	52
1174	1525	Gonçalo Loureiro	00:33:29	01:04:59	01:04:34	1191		V35	204
1175	1647	Carlos Rodrigues	00:32:06	01:05:00	01:04:29	1184	Clube Accenture	Senior	215
1176	1429	Pilar Monteiro	00:32:23	01:05:01	01:04:04	1165	Casal Moderno	Senior	53
1177	1435	Deolinda Santos	00:34:15	01:05:01	01:03:59	1159	Clube ANA Lisboa	V45	26
1178	697	Gonçalo Delca	00:34:15	01:05:01	01:03:59	1160		V40	183
1179	1657	Catarina Dias	00:32:28	01:05:03	01:04:30	1185	Clube Accenture	Senior	54
1180	891	Luis Martins	00:32:25	01:05:03	01:04:19	1172		V60	55

# CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
1181	165	Rui Franco	00:32:54	01:05:04	01:04:28	1181		V35	205
1182	1128	Jorge Santos	00:33:04	01:05:04	01:04:09	1169		V45	139
1183	164	Basílio Paixão	00:30:33	01:05:04	01:04:31	1186		V45	140
1184	749	Isabel Filipe	00:32:13	01:05:11	01:04:25	1178	Clube EDP Lisboa	V55	7
1185	259	Leonel Ferreirinha	00:32:42	01:05:17	01:04:57	1203	CLUBE MILLENNIUM BCP	V65	20
1186	53	Teresa Rodrigues	00:45:28	01:05:23	01:04:47	1196	CTJ	V55	8
1187	52	Cesar Guerra	00:32:11	01:05:23	01:04:47	1197	CTJ	V45	141
1188	1246	Carlos Cagica	00:29:46	01:05:24	01:05:18	1221		V50	95
1189	1630	Rui Pinto	00:33:41	01:05:28	01:04:42	1195		V50	96
1190	1060	Carla Machado	00:32:01	01:05:29	01:05:12	1215		V45	27
1191	844	Helena Leitão	00:32:25	01:05:29	01:05:02	1208	NAV RUNNERS	V55	9
1192	711	Luís Góis	00:32:46	01:05:29	01:05:02	1207	NAV RUNNERS	V45	142
1193	1040	Telmo Oliveira	00:33:21	01:05:30	01:04:25	1177		Senior	216
1194	1610	Fátima Belo	00:32:29	01:05:30	01:05:15	1218	Alverca Urban Runners	V40	44
1195	1104	Joao Fonseca	00:33:39	01:05:34	01:04:33	1187		V45	143
1196	129	João Domingues	00:32:23	01:05:35	01:04:26	1179		V40	184
1197	22	Ricardo Figueira	00:32:32	01:05:36	01:04:54	1199	Corremos Como Um	V35	206
1198	289	Antonio Nascimento	00:32:58	01:05:37	01:04:58	1204	GDCTIN Casa da Moeda	V75	2
1199	291	Jose Abreu	00:32:21	01:05:37	01:04:56	1201	GDCTIN Casa da Moeda	V65	21
1200	1395	Tiago Alves	00:32:31	01:05:38	01:05:13	1216		Senior	217

# CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
1201	1463	Rute Casimiro	00:32:47	01:05:39	01:04:35	1192	Clube ANA Lisboa	V35	40
1202	560	Nélia Cabaço	00:33:57	01:05:39	01:04:56	1200		Senior	55
1203	561	Pedro Prazeres	00:33:57	01:05:39	01:04:56	1202		Senior	218
1204	240	Rui Rodrigues	00:33:31	01:05:41	01:04:34	1188	CLUBE MILLENNIUM BCP	V45	144
1205	468	Artur Dinis	00:32:37	01:05:42	01:05:07	1211	ALGYMNS	V55	68
1206	144	Ivar Clemens	00:32:31	01:05:42	01:04:24	1175		Senior	219
1207	1020	Daniel Serro	00:38:08	01:05:43	00:54:43	731		V35	207
1208	1650	Manuela Gomes	00:31:57	01:05:47	01:05:14	1217	Clube Accenture	V55	10
1209	302	Ana Santos	00:32:06	01:05:49	01:05:23	1225	GDCTIN Casa da Moeda	V40	45
1210	515	Célia Francisco	00:32:35	01:05:49	01:05:26	1226		V40	46
1211	1011	Pedro Reis	00:32:56	01:05:52	01:05:01	1205		V40	185
1212	439	Isabel Aguiar	00:32:22	01:05:56	01:05:07	1210	Pump Runners	V35	41
1213	309	Carlos Bandeijas	00:32:42	01:06:00	01:05:30	1233	VILA FRIA/JG SEGUROS	V55	69
1214	308	Joao Gomes	00:32:41	01:06:02	01:05:27	1227	VILA FRIA/JG SEGUROS	V65	22
1215	1006	Cláudia Rodrigues	00:32:53	01:06:02	01:05:01	1206	Starfish	V35	42
1216	176	Luis Miranda	00:31:52	01:06:03	01:05:34	1234		V40	186
1217	1063	Rute Pinho	00:32:19	01:06:03	01:05:19	1223		V40	47
1218	491	Albertino Semedo	00:31:53	01:06:03	01:05:21	1224	SS CGD	V55	70
1219	1741	Ricardo Lopes	00:32:32	01:06:06	01:05:10	1213		Senior	220
1220	454	Beatriz Couto	00:33:41	01:06:07	01:05:18	1219		Senior	56

# CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
1221	1374	Patrícia Fernandes	00:33:42	01:06:07	01:05:18	1220	Salvaterra Night Runners	V35	43
1222	1001	Ana Paulino	00:33:24	01:06:08	01:05:08	1212	Clube do Stress	V60	4
1223	1506	Hugo Ferreira	00:32:01	01:06:09	01:05:05	1209		V35	208
1224	1773	Ana Pinto	00:33:12	01:06:11	01:05:11	1214		Senior	57
1225	1669	Andre Coelho	00:31:38	01:06:12	01:05:19	1222		Senior	221
1226	133	Pedro Henriques	00:30:56	01:06:14	01:05:28	1228		V40	187
1227	694	João Carvalho	00:32:19	01:06:18	01:06:03	1246		V45	145
1228	522	Alexandra Pires	00:32:04	01:06:29	01:05:53	1243		V45	28
1229	1636	Jorge Pinto	00:33:39	01:06:30	01:05:29	1230		V35	209
1230	209	Gonçalo Mendes	00:32:22	01:06:33	01:05:29	1231		Senior	222
1231	640	Tânia Dimas	00:32:59	01:06:35	01:05:34	1235		V45	29
1232	540	Cristiana Reis	00:32:46	01:06:36	01:05:45	1240	SS CGD	V35	44
1233	1155	André Fung	00:34:03	01:06:38	01:05:29	1229	E-CLUB	V45	146
1234	1156	Ana Caldas	00:34:04	01:06:39	01:05:30	1232	E-CLUB	V40	48
1235	432	Catarina Gil	00:32:52	01:06:40	01:05:51	1242	Pump Runners	V40	49
1236	1403	Márcia Gaspar	00:31:55	01:06:41	01:06:31	1259		V40	50
1237	365	Orlando Sousa	00:32:45	01:06:41	01:05:46	1241	CCDTMetroLisboa	V50	97
1238	1444	Susana Cortez	00:31:38	01:06:42	01:06:14	1254	Clube ANA Lisboa	V35	45
1239	301	Vitor Cardoso	00:33:03	01:06:44	01:05:37	1236	GDCTIN Casa da Moeda	V35	210
1240	1510	Pedro Monteiro	00:31:38	01:06:48	01:05:44	1239		Senior	223

# CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
1241	1320	Ana Vieira	00:33:54	01:06:48	01:05:39	1237		V35	46
1242	1294	Catarina Bastos	00:33:55	01:06:48	01:05:39	1238		Senior	58
1243	89	Marta Campos	00:33:22	01:06:49	01:06:07	1252		Senior	59
1244	747	Victor Lobo	00:32:13	01:06:49	01:06:10	1253	CCD Crédito Agrícola Mútuo	V40	188
1245	1606	Nuno Duarte	00:32:59	01:06:52	01:06:04	1249	GDCT Unicre	V40	189
1246	1604	Marcelo Cardoso	00:32:59	01:06:52	01:06:04	1248	GDCT Unicre	V45	147
1247	1214	Julieta Caldarella	00:32:59	01:06:52	01:06:00	1245		V40	51
1248	1224	Paula Soares	00:32:23	01:06:53	01:06:05	1251	Team Soares	V45	30
1249	639	Célia Catarino	00:33:48	01:06:54	01:05:53	1244		V45	31
1250	641	Ricardo Bessa	00:31:47	01:06:55	01:06:43	1264		V40	190
1251	1615	José Magro	00:32:56	01:06:58	01:06:41	1262		V45	148
1252	315	Filipa Martins	00:33:25	01:07:01	01:06:15	1255		V40	52
1253	1314	Fábio Gamito	00:33:11	01:07:03	01:06:36	1261		Senior	224
1254	935	Natália Narciso	00:32:34	01:07:04	01:06:33	1260	Serviços Sociais Montepio Geral	V50	14
1255	1187	João Pereira	00:32:20	01:07:08	01:06:05	1250		V55	71
1256	152	Eberhard Wilhelm	00:32:46	01:07:10	01:06:16	1256		V65	23
1257	17	Joana Simões	00:34:04	01:07:11	01:06:18	1257		Senior	60
1258	280	Elisabeth Loureiro	00:33:19	01:07:17	01:06:43	1263	Sporting Clube de Casainhos	V60	5
1259	605	João Nunes	00:32:36	01:07:18	01:06:03	1247		Senior	225
1260	780	Fábio Catorze	00:32:49	01:07:25	01:06:59	1271	Indra I-Tec Runners	Senior	226

# CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
1261	1438	Claudia Lopes	00:32:29	01:07:28	01:07:23	1284	Clube ANA Lisboa	V40	53
1262	1439	Ricardo Severino	00:32:29	01:07:28	01:07:23	1283	Clube ANA Lisboa	Junior	12
1263	527	Reinaldo Mateus	00:32:25	01:07:29	01:07:03	1273	ASAS NOS PÉS	V50	98
1264	1684	Guilhermino Rodrigues	00:34:34	01:07:30	01:06:28	1258		V65	24
1265	603	Ana Pires	00:31:42	01:07:31	01:06:55	1269	ASAS NOS PÉS	V50	15
1266	1274	António Silva	00:39:17	01:07:32	00:57:32	897	Elite	V45	149
1267	963	Zélia Leite	00:32:44	01:07:38	01:07:07	1275		V35	47
1268	1268	Maria Pina	00:33:11	01:07:39	01:07:13	1280	Clube TAP PORTUGAL	V45	32
1269	1399	Lurdes Santos	00:33:30	01:07:41	01:06:44	1265		Senior	61
1270	1337	Rui Vicente	00:29:54	01:07:44	01:07:07	1276	Clube ANA Lisboa	V40	191
1271	646	Sofia Goulart	00:33:15	01:07:47	01:06:45	1266	Quarteto Fantástico	Senior	62
1272	645	Francisco Cruz	00:33:15	01:07:47	01:06:45	1267	Quarteto Fantástico	Senior	227
1273	284	Ana Gonçalves	00:33:11	01:07:56	01:07:11	1279		V45	150
1274	332	Margarida Martins	00:32:42	01:07:57	01:06:55	1270		Senior	63
1275	1582	Natacha Filipe	00:32:24	01:07:57	01:06:52	1268		V40	54
1276	833	Alexandra Gonçalves	00:33:22	01:07:59	01:07:34	1290	Indra I-Tec Runners	V45	33
1277	450	Alberto Cano	00:34:02	01:08:00	01:07:08	1277	Clube Atletismo Amigos de Belém	V60	56
1278	962	Isabel Magalhães	00:34:02	01:08:00	01:07:08	1278		V60	6
1279	288	Antonio Gaspar	00:33:22	01:08:05	01:07:25	1285	GDCTIN Casa da Moeda	V70	6
1280	469	Maria Quitéria	00:32:53	01:08:06	01:07:31	1289	ALGYMNS	V40	55



# CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
1281	1441	Helena Sardinha	00:33:36	01:08:11	01:07:43	1296	Clube ANA Lisboa	V45	34
1282	243	Antonio Sousa	00:35:02	01:08:12	01:07:03	1272	CLUBE MILLENNIUM BCP	V70	7
1283	1272	Carina Brizida	00:34:32	01:08:13	01:07:15	1281	Momento hb	Senior	64
1284	1271	Rosemary Branco	00:34:32	01:08:13	01:07:15	1282	Momento hb	V40	56
1285	1225	Teresa Soares	00:32:58	01:08:13	01:07:26	1287	Team Soares	V45	35
1286	620	Ana Canaveira	00:33:49	01:08:16	01:07:39	1294	AÇOREANA	V45	36
1287	933	Luis Farinha	00:33:28	01:08:17	01:07:36	1291	Serviços Sociais Montepio Geral	V45	151
1288	68	Isabel Martinez	00:33:29	01:08:18	01:07:58	1300		V40	57
1289	1575	Joana Vítório	00:33:56	01:08:19	01:07:40	1295		Senior	65
1290	218	Acacio Lopes	00:33:17	01:08:27	01:08:11	1307	CLUBE MILLENNIUM BCP	V45	152
1291	142	Adelaide Pôrto	00:33:37	01:08:30	01:08:00	1302		V50	16
1292	1425	Pedro Sousa	00:33:03	01:08:30	01:07:31	1288		V45	153
1293	1639	Nuno Silva	00:33:27	01:08:34	01:08:13	1308	COO	Senior	228
1294	1281	Ricardo Real	00:33:17	01:08:35	01:07:06	1274	Outfit	Senior	229
1295	337	Ana-Alice Pereira	00:34:21	01:08:44	01:08:11	1306		V50	17
1296	719	Inês Carromeu	00:34:25	01:08:49	01:08:16	1309	NAV RUNNERS	Senior	66
1297	398	André Dias	00:33:52	01:08:49	01:07:39	1293	SDC suspeitos do costume	Senior	230
1298	470	Paulo Bailão	00:33:53	01:08:50	01:07:58	1298	SS CGD	V45	154
1299	542	Lidia Bailão	00:33:53	01:08:50	01:07:58	1299	SS CGD	V45	37
1300	519	Isabel Cardoso	00:34:18	01:08:53	01:07:48	1297		V50	18

# CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
1301	700	Jorge Chang	00:34:25	01:09:00	01:08:27	1311	NAV RUNNERS	V55	72
1302	684	Cláudia Lomba	00:35:18	01:09:10	01:07:59	1301		Senior	67
1303	1495	Gonçalo Duarte	00:34:09	01:09:11	01:08:19	1310		V40	192
1304	1205	Tiago Coelho	00:35:58	01:09:13	00:50:03	418	NEWREST	Senior	231
1305	691	Tiago Oliveira	00:34:53	01:09:15	01:08:02	1303	Amadoraconta	Senior	232
1306	690	Ana Paulos	00:34:53	01:09:15	01:08:03	1304	Amadoraconta	Senior	68
1307	689	Telma Correia	00:37:23	01:09:18	01:08:07	1305	Amadoraconta	V40	58
1308	183	Vania Pereira	00:33:52	01:09:20	01:08:55	1321		Senior	69
1309	1099	João Vieira	00:35:21	01:09:22	01:08:33	1315	Solera Runners	V35	211
1310	1100	Joao Canas	00:35:21	01:09:23	01:08:33	1316	Solera Runners	V35	212
1311	1212	Rita Pimenta	00:35:23	01:09:23	01:08:29	1313		V35	48
1312	493	Anabela Esteves	00:35:23	01:09:23	01:08:30	1314	SS CGD	V50	19
1313	1460	Joao Ribeiro	00:32:01	01:09:24	01:09:09	1326	Clube ANA Lisboa	V50	99
1314	60	Joana Dias	00:30:59	01:09:28	01:09:07	1325		Senior	70
1315	1742	Joaquim Fonseca	00:34:27	01:09:30	01:09:00	1324		V60	57
1316	1758	Diana Bitton	00:35:09	01:09:33	01:08:27	1312		Senior	71
1317	903	Hugo Branco	00:33:10	01:09:37	01:08:57	1323		V40	193
1318	155	Jorge Ferro	00:35:16	01:09:37	01:08:51	1320		V45	155
1319	434	Célia Corte	00:35:35	01:09:37	01:09:17	1331	Pump Runners	Senior	72
1320	685	Vasco Pipa	00:33:36	01:09:48	01:09:15	1330		V50	100

# CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
1321	269	Lina Baia	00:34:55	01:09:54	01:09:22	1332		Senior	73
1322	1505	Paulo Martins	00:35:31	01:09:54	01:09:11	1328		V45	156
1323	921	Patricia Bairrada	00:34:12	01:09:56	01:08:56	1322		V40	59
1324	1356	Maria Sobral	00:33:30	01:10:02	01:09:51	1337	Clube ANA Lisboa	V45	38
1325	58	José Almeida	00:34:29	01:10:03	01:09:11	1329		V45	157
1326	1083	Ana Lourenço	00:34:15	01:10:04	01:09:37	1335		V45	39
1327	231	Fernando Ferreira	00:35:15	01:10:07	01:09:45	1336	CLUBE MILLENNIUM BCP	V65	25
1328	1324	Natalia Cabrera	00:35:14	01:10:12	01:08:51	1319		Senior	74
1329	981	Sandra Guerreiro	00:34:31	01:10:13	01:09:27	1333		Senior	75
1330	777	Susana Maruta	00:34:44	01:10:16	01:09:52	1338		Senior	76
1331	548	Carmen Cabral	00:35:13	01:10:34	01:09:29	1334	Clube Robbialac	V40	60
1332	577	Rita Pereira	00:34:30	01:10:38	01:10:03	1341	LFP	V40	61
1333	1108	Sidonio Proença	00:34:30	01:10:38	01:09:57	1340	LFP	V50	101
1334	612	Ana Seabra	00:34:18	01:10:43	01:10:07	1342		V50	20
1335	766	Jose Fialho	00:34:40	01:10:46	01:10:17	1343	CCD PM CASCAIS	V55	73
1336	456	Carlos Sequeira	00:34:19	01:10:49	01:10:32	1351		V35	213
1337	389	Luís Lee	00:34:43	01:10:53	01:09:52	1339	1st Flying Runners	V55	74
1338	62	Antero Martins	00:34:07	01:10:58	01:10:25	1349		V45	158
1339	43	João Ferreira	00:34:07	01:10:58	01:10:26	1350		V50	102
1340	723	Luís Murcho	00:34:41	01:11:00	01:10:23	1346		Senior	233

# CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
1341	678	Jose Correia	00:32:46	01:11:00	01:10:33	1352	NAV RUNNERS	V55	75
1342	717	Sofia Lopes	00:34:41	01:11:00	01:10:23	1347	NAV RUNNERS	V40	62
1343	716	Margarida Correia	00:34:42	01:11:00	01:10:23	1348		Senior	77
1344	978	Maria Braz	00:34:44	01:11:07	01:10:41	1353		V55	11
1345	366	Gualdino Freire	00:35:15	01:11:09	01:10:51	1356	CCDTMetroLisboa	V70	8
1346	92	Cristina Lino	00:34:32	01:11:17	01:10:19	1344	Alverca Urban Runners	V50	21
1347	1587	Rita Merenda	00:34:32	01:11:17	01:10:20	1345	Alverca Urban Runners	V35	49
1348	40	Vanda Martins	00:35:14	01:11:19	01:10:42	1354		V35	50
1349	261	Carlos Conceicao	00:35:32	01:11:37	01:10:45	1355	CLUBE MILLENNIUM BCP	V50	103
1350	916	Francisco Mimoso	00:36:07	01:11:43	01:11:27	1362		V55	76
1351	714	Fátima Maruta	00:35:27	01:11:52	01:11:28	1363	NAV RUNNERS	V55	12
1352	492	Ana Azevedo	00:35:26	01:11:58	01:11:05	1357	SS CGD	V35	51
1353	583	Maria Pereira	00:34:50	01:11:58	01:11:25	1361		V50	22
1354	1550	Izilda Lourenço	00:35:00	01:12:07	01:11:45	1365		V45	40
1355	1531	Carla Sobreda	00:36:06	01:12:08	01:11:51	1367		V45	41
1356	435	Claudia Silva	00:34:18	01:12:08	01:11:15	1360	Pump Runners	V35	52
1357	1117	Andreia Santos	00:34:00	01:12:09	01:11:12	1358	LFP	Senior	78
1358	117	Ana Campos	00:35:11	01:12:12	01:11:29	1364		Senior	79
1359	858	Leonor Xavier	00:33:45	01:12:14	01:12:07	1369		V55	13
1360	622	Idalina Madeira	00:34:51	01:12:20	01:12:06	1368	AÇOREANA	V55	14

# CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
1361	737	Lino Gomes	00:32:53	01:12:33	01:11:14	1359	CCD Crédito Agrícola Mútuo	V55	77
1362	241	Alexandra Aniceto	00:34:40	01:12:37	01:12:25	1371	CLUBE MILLENNIUM BCP	V40	63
1363	1380	João Gomes	00:34:42	01:12:52	01:11:47	1366	CDS SportsTeam	V35	214
1364	1619	Rodrigo Basto	00:37:17	01:12:52	01:08:36	1317		V40	194
1365	1676	Sílvia Castro	00:37:17	01:12:53	01:08:36	1318		V35	53
1366	1139	Paula Antunes	00:36:00	01:13:06	01:12:40	1373		V45	42
1367	1517	Lídia Farinha	00:34:56	01:13:19	01:13:08	1379		Senior	80
1368	1518	Joel Ferreira	00:34:57	01:13:19	01:13:08	1378		Senior	234
1369	415	Carla Ribeiro	00:35:53	01:13:21	01:12:45	1374		V40	64
1370	414	Ângela Fernandes	00:35:54	01:13:21	01:12:45	1375		V40	65
1371	485	Manuel Brás	00:36:47	01:13:24	01:12:29	1372	SS CGD	V45	159
1372	665	João Figueiredo	00:45:15	01:13:30	00:54:13	703		V35	215
1373	1514	João Almeida	00:35:47	01:13:31	01:13:26	1382		V50	104
1374	1620	Inês Nogueira	00:36:24	01:13:41	01:12:57	1376		Senior	81
1375	775	Paula Santos	00:35:58	01:13:50	01:13:30	1384	NAV RUNNERS	V50	23
1376	1716	Pedro Marcelino	00:42:36	01:13:53	01:03:53	1156		V35	216
1377	1629	Cristina Maia	00:40:16	01:13:59	01:13:52	1388		V55	15
1378	1706	Sílvia Rodrigues	00:35:27	01:14:05	01:13:06	1377	Clube Robbialac	Senior	82
1379	1734	Domingos Fernandes	00:37:43	01:14:06	01:13:33	1385		V60	58
1380	616	Rui Oliveira	00:34:33	01:14:11	01:14:09	1394	AÇOREANA	V45	160

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1381	1762	Luis Monteiro	00:36:02	01:14:12	01:14:00	1391		V40	195
1382	1301	Cristiana Levinthal	00:35:31	01:14:12	01:13:21	1380		Senior	83
1383	1503	Carla Nascimento	00:38:06	01:14:22	01:13:47	1386		V35	54
1384	784	Palmira Ribeiro	00:35:13	01:14:24	01:13:53	1389	NAV RUNNERS	V50	24
1385	1618	Marco Correia	00:35:32	01:14:24	01:13:51	1387		V40	196
1386	499	Cristina Santos	00:36:42	01:14:26	01:13:26	1381	SS CGD	V50	25
1387	1534	Lurdes Pereira	00:37:25	01:14:35	01:14:18	1396		V45	43
1388	396	Sandra Paulos	00:35:20	01:14:37	01:13:27	1383	SDC suspeitos do costume	V35	55
1389	266	Arinda Braga	00:37:36	01:14:39	01:14:02	1393	CLUBE MILLENNIUM BCP	V50	26
1390	224	Ana Goncalves	00:37:37	01:14:39	01:14:02	1392	CLUBE MILLENNIUM BCP	V40	66
1391	1543	Sandra Campos	00:37:26	01:14:39	01:14:22	1397		V40	67
1392	1372	Maria Peres	00:34:27	01:14:47	01:14:18	1395	Clube ANA Lisboa	V60	7
1393	1475	Pedro Morgado	00:35:52	01:15:06	01:15:01	1406	Clube ANA Lisboa	Senior	235
1394	1451	Sandra Araujo	00:35:18	01:15:07	01:14:56	1402	Clube ANA Lisboa	V35	56
1395	1476	Maria Morgado	00:35:52	01:15:08	01:13:53	1390	Clube ANA Lisboa	V60	8
1396	1477	Mário Lobo	00:35:19	01:15:08	01:14:56	1401	Clube ANA Lisboa	V55	78
1397	371	Ana Vaz	00:37:49	01:15:17	01:14:57	1403	GD Pernas Para Que Te Quero	Senior	84
1398	1378	Márcia Pereira	00:34:42	01:15:21	01:15:10	1409	CDS SportsTeam	Senior	85
1399	832	Ma Hung	00:37:30	01:15:23	01:14:34	1399	AÇOREANA	V65	2
1400	1491	Joana Bastos	00:37:16	01:15:37	01:14:35	1400		V35	57

# CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
1401	1489	Mário Romero	00:37:16	01:15:37	01:14:34	1398		V40	197
1402	1203	Alexis Monplanet	00:42:33	01:15:43	01:15:38	1415	NEWREST	Senior	236
1403	909	Adelina Basilio	00:34:57	01:15:54	01:15:30	1413		V40	68
1404	1167	Flavio Basilio	00:34:57	01:15:54	01:15:35	1414	E-CLUB	V40	198
1405	843	Walter Coutinho	00:35:32	01:15:54	01:15:23	1412	NAV RUNNERS	V40	199
1406	138	Catarina Ameixial	00:37:17	01:16:08	01:15:10	1408		V40	69
1407	137	Nuno Ameixial	00:37:16	01:16:08	01:15:10	1407		V40	200
1408	894	Olivier Coelho	00:29:33	01:16:14	01:14:59	1405		Senior	237
1409	1694	Francisco Mouchinho	00:38:59	01:16:29	01:15:42	1416	Academia do Lumiar	V65	26
1410	1623	Luis Almeida	00:37:38	01:16:30	01:16:22	1422		V45	161
1411	977	Vitoriano Braz	00:38:59	01:16:34	01:16:06	1420		V60	59
1412	1342	Ricardo Neto	00:24:04	01:16:42	01:16:30	1425		V35	217
1413	910	Jorge Lourenço	00:38:06	01:16:51	01:15:49	1419		V35	218
1414	1351	Nuno Beijinha	00:37:32	01:17:01	01:16:07	1421		V35	219
1415	1245	Miguel Guerreiro	00:35:34	01:17:04	01:15:13	1410	Outfit	Senior	238
1416	1257	Tiago Peres	00:35:35	01:17:05	01:15:13	1411	Outfit	V35	220
1417	1385	Deolinda Oliveira	00:37:09	01:17:09	01:16:42	1428	Clube Ferroviario de Portugal	V60	9
1418	1414	João Figueira	00:37:10	01:17:09	01:16:29	1424		Senior	239
1419	1601	Ambrus Liviu	00:39:02	01:17:11	01:16:27	1423		V50	105
1420	558	Hugo Canotilho	00:36:46	01:17:12	01:16:33	1427		V35	221

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1421	1258	Nuno Lopes	00:39:25	01:17:22	01:16:32	1426	Outfit	V40	201
1422	1061	Pedro Santos	00:42:00	01:17:37	01:17:32	1430		Senior	240
1423	662	António Marques	00:38:01	01:17:57	01:17:55	1433		V70	9
1424	516	Inês Governo	00:38:50	01:18:30	01:17:43	1431		Senior	86
1425	1200	Paulo Leite	00:38:49	01:18:37	01:07:37	1292	NEWREST	V50	106
1426	1209	Diogo Leite	00:38:51	01:18:41	01:18:36	1436	NEWREST	Senior	241
1427	1207	Lia Marques	00:39:00	01:18:43	01:18:38	1437	NEWREST	Senior	242
1428	1201	Luís Cardoso	00:38:49	01:18:43	01:18:38	1438	NEWREST	V40	202
1429	195	Claudia Colaço	00:38:49	01:18:45	01:18:32	1435		V35	58
1430	1129	Ana Martins	00:38:16	01:18:54	01:17:49	1432		V35	59
1431	1407	Fernando Brito	00:42:37	01:19:10	01:09:10	1327		V50	107
1432	1052	João Correia	00:36:25	01:19:19	01:19:09	1445	Casa Benfica Algueirão Mem Martins	V60	60
1433	841	Anabela Gregorio	00:39:20	01:19:26	01:18:23	1434		V40	70
1434	1256	Mário Clemente	00:36:35	01:19:28	01:18:57	1443	CTT Aeroporto	V40	203
1435	859	António Raimundo	00:39:06	01:19:45	01:19:36	1448		V35	222
1436	1141	Isabel Borges	00:39:01	01:19:47	01:19:42	1449	garehotelruning	V45	44
1437	394	Maria Nunes	00:37:48	01:19:50	01:18:49	1439	1st Flying Runners	V50	27
1438	393	Luís Almeida	00:37:50	01:19:50	01:18:51	1440	1st Flying Runners	Senior	243
1439	73	Sara Sousa	00:39:01	01:19:55	01:19:51	1450	Tartarugas Solidarias	V35	60
1440	644	Inês Goulart	00:39:48	01:19:57	01:18:55	1441	Quarteto Fantástico	Senior	87



# CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
1441	765	Joao Pereira	00:38:46	01:19:58	01:19:07	1444	CCD PM CASCAIS	Senior	244
1442	643	Pedro Carrigo	00:39:48	01:19:58	01:18:55	1442	Quarteto Fantástico	Senior	245
1443	47	Carlos Vieira	00:38:48	01:20:12	01:19:28	1447		V45	162
1444	712	Sonia Coutinho	00:39:42	01:20:26	01:19:54	1451	NAV RUNNERS	V35	61
1445	1244	Cátia Dias	00:39:50	01:20:27	01:20:05	1452	Outfit	Senior	88
1446	887	Daniela Monteiro	00:40:02	01:20:40	01:20:19	1453	Aldeia Velha Dá-te Asas	V40	71
1447	114	Sofia Duarte	00:40:02	01:20:41	01:20:19	1454	Aldeia Velha Dá-te Asas	V35	62
1448	1237	Madalena Felício	00:40:25	01:20:46	01:19:11	1446		Senior	89
1449	1211	Maria Anjos	00:40:38	01:21:18	01:20:57	1455	MARIA CARMO ANJOS	V70	1
1450	1672	Lina Garrucho	00:40:12	01:21:51	01:21:35	1459		V50	28
1451	1757	Milena Kepler	00:40:07	01:21:59	01:21:09	1457		V40	72
1452	1628	Francisco Morgado	00:40:52	01:22:02	01:21:53	1462		V60	61
1453	1398	Angelo Ribeiro	00:41:20	01:22:04	01:21:18	1458		Senior	246
1454	388	Diana Lee	00:42:37	01:22:04	01:21:04	1456	1st Flying Runners	V50	29
1455	917	Elisabete Santos	00:47:16	01:22:15	01:12:15	1370		V40	73
1456	988	Milene Fernandes	00:41:09	01:22:16	01:21:58	1463	ACD BOCAL	V35	63
1457	1458	Zelia Falcao	00:40:04	01:22:35	01:21:45	1460	Clube ANA Lisboa	V40	74
1458	1459	Pedro Falcao	00:40:03	01:22:36	01:21:45	1461	Clube ANA Lisboa	V35	223
1459	1729	Fabia Lopes	00:40:19	01:22:47	01:22:45	1465		Junior	3
1460	1648	Rui Guedes	00:42:45	01:22:51	01:17:13	1429	Clube Accenture	V45	163

# CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1461	121	Pedro Oliveira	00:49:41	01:23:15	01:07:26	1286	ESTRATEGICO DISTRIBUTION LDA	V45	164
1462	50	Renata Correia	00:40:47	01:23:23	01:22:43	1464		V35	64
1463	369	Tiago Figueira	00:41:45	01:23:26	01:23:05	1466	GD Pernas Para Que Te Quero	Senior	247
1464	1558	Joana Alves	00:37:53	01:24:31	01:23:34	1467		Senior	90
1465	1559	Inês Lopes	00:37:53	01:24:32	01:23:34	1468		Senior	91
1466	798	Inês Guerreiro	00:41:39	01:24:45	01:23:51	1469		Senior	92
1467	1204	Rafael Garrido	00:39:00	01:24:51	01:24:46	1470	NEWREST	V40	204
1468	968	Catarina Espadinha	00:47:21	01:24:58	01:14:58	1404		Senior	93
1469	236	Jose Arruda	00:42:58	01:25:39	01:25:01	1471	CLUBE MILLENNIUM BCP	V65	27
1470	268	Fock Wan	00:42:58	01:25:39	01:25:01	1472	CLUBE MILLENNIUM BCP	V65	3
1471	458	Conceição Rodrigues	00:49:03	01:26:32	01:25:39	1473	4 ao Km	V55	16
1472	566	Americo Costa	00:49:03	01:26:37	01:26:06	1474		V55	79
1473	861	Ana Raimundo	00:42:48	01:26:47	01:26:39	1475		Senior	94
1474	984	Maria Pinto	00:42:39	01:27:58	01:27:00	1476		V50	30
1475	987	Susana Santos	00:48:19	01:28:05	01:27:47	1477	ACD BOCAL	V35	65
1476	1125	Filipe Rodrigues	00:44:04	01:29:14	01:28:16	1478		V40	205
1477	1123	Sandra Correia	00:44:04	01:29:15	01:28:20	1479		V40	75
1478	1278	João Ferreira	00:45:33	01:29:26	01:28:37	1480	Outfit	V35	224
1479	1279	Neuza Arraia	00:45:34	01:29:26	01:28:37	1481	Outfit	Senior	95
1480	1197	Rita Ventura	00:45:05	01:29:37	01:28:39	1482		Senior	96

# CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
1481	1196	André Freire	00:45:04	01:29:37	01:28:39	1483		Senior	248
1482	795	Clara Abreu	00:48:06	01:33:59	01:33:10	1485	Indra I-Tec Runners	V50	31
1483	771	Marisa Gonçalves	00:48:06	01:33:59	01:33:10	1484	Indra I-Tec Runners	Senior	97
1484	1448	Ana Carapinha	00:46:27	01:35:13	01:34:31	1486	Clube ANA Lisboa	Junior	4
1485	1446	Antonio Carapinha	00:46:27	01:35:13	01:34:31	1487	Clube ANA Lisboa	V50	108
1486	1366	Luis Leal	00:49:36	01:36:20	01:35:33	1488	Clube ANA Lisboa	V50	109
1487	1368	Orlando Leal	00:49:36	01:36:21	01:35:33	1489	Clube ANA Lisboa	Senior	249
1488	391	Talita Souza	00:49:07	01:36:47	01:35:50	1490	1st Flying Runners	Senior	98
1489	1121	Susana Coutinho	00:48:02	01:36:48	01:35:54	1492		V45	45
1490	1122	Joana Costa	00:48:02	01:36:49	01:35:53	1491		Senior	99
1491	1455	Sandra Silvestre	00:57:49	01:36:54	01:15:48	1418	Clube ANA Lisboa	V35	66
1492	1454	Pedro Simões	00:57:53	01:36:54	01:15:48	1417	Clube ANA Lisboa	V45	165
1493	1659	Inês Nunes	00:41:17	01:37:41	01:36:39	1493	Clube Accenture	Senior	100